



CAPNOTES

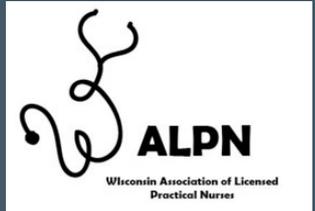
A Publication of The Wisconsin Association of Licensed Practical Nurses

President's Message

BY JOANN SHAW, WALPN PRESIDENT

On behalf of the Wisconsin Association of Licensed Practical Nurses (a Chapter State of NALPN) we hope and pray that YOU and your families are safe, and healthy. During this past year, our lives have been turned upside down. Together, we will continue to give the BEST nursing care to people in need. WALPN has been working many hours to move forward with the 70 th Annual Conference, "W.A.L.P.N. CELEBRATES 70 YEARS" to be held Sept. 12 th -13 th , 2021 @ the Wintergreen/Clarion Hotel in the Wisconsin Dells area. We will start on 9/12, 2021 Sunday evening @ 5pm-7pm with a MEET & GREET in the Hotel lounge/bar area. CEUs will include: LPN Scope of Practice/Delegation, Cutting Edge Updates -Pressure Mapping & Dementia Care, Wound Care-Dressing a Wound to Make it Look Good. Mental Health: How Do We Handle Stress? How Do We Make Choices? Relate to Other? We will have a bazaar table waiting for you to purchase items, Vendor tables for Companies to show what they have to offer, and BEST of all, meeting LPNs from all over the state of Wisconsin. We hope to see you there. More details, agenda and registration will be emailed to you in the June edition of Capnotes. You will also be able to find this information on the WALPN website in April 2021, www.walpn.org .Mark your calendar now, and request your days off of work. I am happy to report, I was voted in as Vice President of the National Association of Licensed Practical/Licensed Vocational Nurses, INC. My duties are to assist the NALPN President, and be Chairperson to the NALPN Annual Conference. I enjoy to share how IMPORTANT it is to be a member of their professional organization. My personal goal would be to have everyone on the over 1.2 million LPNs/LVNs in the Unites States to become members. YOU all can help me meet this goal. Word of mouth goes a long way, and most LPNs/LVNs have not heard of NALPN, so let's spread the good word!!! Thank you for all you do in healthcare, keep safe, and enjoy the upcoming springtime. As always, I am available to you anytime, please contact me if you have questions or concerns.

Sincerely,
JoAnn Shaw WALPN President
1-920-901-0988
Czekala2118@gmail.com



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Calendar of Events

- February 2021 Capnotes sent out to members
- April 25-26
2021 WALPN Board of Directors Meeting
Any member may attend this meeting with voice, but no vote.
- April 2021
NALPN quarterly newsletter "THE PULSE" emailed to members
- May 15
Email Articles for Capnotes
(walpnorg@gmail.com)
- June 2021
WALPN quarterly newsletter
"Capnotes" sent to members
Watch for conference information, registration and nomination forms.
- July 2021
NALPN quarterly newsletter
"THE PULSE" emailed to members
- September 12-13
WALPN 70th Annual Conference
at the Wintergreen/Clarion Hotel, Wisconsin Dells
- October 17-20
NALPN 71 st Annual Conference
at the IP Casino Resort in Biloxi, Mississippi
- October 23
Email Articles for Capnotes
(walpnorg@gmail.com)
- October 2021
WALPN quarterly newsletter
"Capnotes" sent to members
- October 2021
NALPN quarterly newsletter, THE PULSE" emailed to members



Capnotes Educational Corner

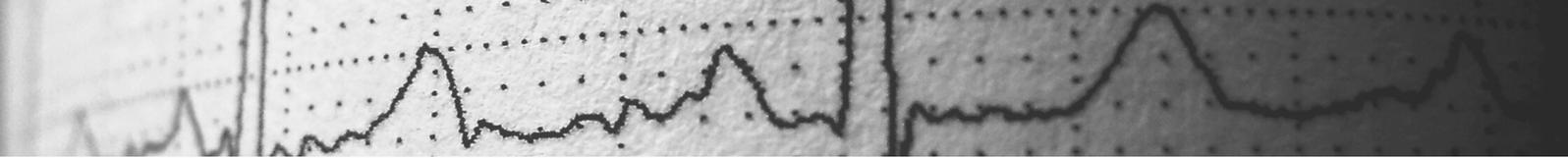
Do you remember when you were in school, learning to be an LPN? I sure do, and when we were taught how to pass medications, they taught "THE 6 Rights". They now have "THE 10 Rights" and they are:

- ✓1. Right person
- ✓2. Right medication
- ✓3. Right dose
- ✓4. Right time
- ✓5. Right route
- ✓6. Right documentation
- ✓7. Right education
- ✓8. Right to refuse
- ✓9. Right assessment
- ✓10. Right evaluation

This is actually true, and I believe most of the LPNs I know do this. However, we need to always remind ourselves, we are responsible for giving these meds correctly.



CHIPPEWA VALLEY TECHNICAL COLLEGE HAS FOUR CAMPUS LOCATIONS. THE MAIN CAMPUS IS LOCATED IN EAU CLAIRE. IN AUGUST OF 2020, THEY RESTARTED THE PRACTICAL NURSING PROGRAM AS A STAND-ALONE PROGRAM. WEST CENTRAL WI IS GLAD TO HAVE MORE LPNS IN THE AREA. CONTACT THE CAMPUS AT THIS TIME TO PREPARE FOR THE AUGUST 2021 SEMESTER!



State News

The Wisconsin Association of Licensed Practical Nurses, will be hosting its 70th Annual Conference September 12-13, 2021 at the Wintergreen/Clarion Hotel. Room rates are \$62 plus tax/night.

CEUs for this event are as follows:

1. LPN Scope of Practice/Delegation
2. Cutting Edge Updates-Pressure Mapping & Dementia Care
3. Wound care-Dressing a Wound to Make it Look Good
4. Mental Health: How Do We Handle Stress? How Do We Make Choices? Relate to Others?

All LPNs, CNAs, RNs, PN Students, and Educators are welcome to attend. WALPN will have this information on their website www.walpn.org, by the end of April. Also, the agenda/registration will be coming out in the June issue of Capnotes. We encourage you to plan ahead and request off work NOW!!! See you all there!

WALPN will continue to ask our members to collect toiletries from hotels you may visit, as you probably bring your own supply when traveling. There are so many people that are less fortunate than we are, and don't have basic supplies. WALPN Member, June Bahr, has been collecting these items and distributes them to Homeless, Domestic Violence Centers, and High Schools. Please bring any of these personal items to the September Conference. Let's be generous to those who are less fortunate. Thank you in advance for helping.

WALPN Executive Board of Directors & Committees

WALPN EXECUTIVE BOARD OF DIRECTORS

- PRESIDENT: JOANN SHAW 4510 ANDREA CT. MANITOWOC, WI. 54220 (920)901-0988 CZEKALA2118@GMAIL.COM
- VICE PRESIDENT: MARCIE NYTES 121 PAIN ST. APT. #2 KIEL, WI. 53042 (920)627-5436 MARCIE.SPENCER37@GMAIL.COM
- SECRETARY: SUE GILLETT 2443 HAYDEN AVE. ALTOONA, WI. 54720 (715)215-0910 GILLETONE@AOL.COM
- TREASURER: CAROLYN KAISER 2964 35TH AVE. ELK MOUND, WI. 54739 (715)874-5156
- DIRECTOR: MARY JO BRIXIUS 1840 CITY ROAD APT. #9 NEENAH, WI. 54956 (262)797-9558 MJBRIX2003@GMAIL.COM
- DIRECTOR: DEBRA BLAHNIK 9114REIFS MILLS RD. WHITELAW, WI. 54247 (920)901-9877 DBLANIKLPN@OUTLOOK.COM

WALPN COMMITTEES

- CONFERENCE/EDUCATION:
**JOANN SHAW, MARCIE, DEBRA BLAHNIK, MARY JO BRIXIUS
- FINANCE/FUNDRAISING
**CAROLYN KAISER, KAREN KOFKA, RIRA DIETSCH
- LEGISLATIVE/BYLAWS:
**MARCIE NYTES, CAROLYN KAISER, BONNIE SCHINDLER

(**DENOTES CHAIRPERSON)



LPN Viewpoint

Giving Care & Care Giving

The world is in such a whirlwind, how often do we take the time to step back and think about the role of being a caregiver? Do we remember why we became a nurse? Do we go home and wonder if we achieve what we wanted to that day? Have we thought about how we would like to be cared for if we were to be the one in the hospital?

Historically, nursing has been the patient advocate, often the in-between of the Doctor and the patient to assist the patient in understanding the issue. Where are we at with this today? Machines have taken a bigger and bigger role in patient care. Staff's eyes go to the telemetry unit, the IV infusion pump, respirator mask, etc.

But, really do we look at the patient? Did you notice the puffiness at the IV site? Do we see their eyes? Is there more to a conversation than saying, "On a scale from 1 to 10 what is your pain?" What signs of flushed, paleness, shallow breathing, chilling, or teared eyes did you as a nurse note? When you noticed a change or a note of fear or uncertainty did you offer the patient any conversation?

Acute care settings have been focused to delete LPN programs and utilize unlicensed personnel. WALPN has had a long-standing concern about job utilization of such.

Think about the scenarios:

1) Patient has maintenance IV along with special medication running in another needle. Medication bag emptied, alarms go off but no one responds. So the patient puts the call bell on. The unlicensed personal (ulp) 'answers' the light. ULP turns machine off. The patient states "Will you let the nurse know?" She responds with a 'yup.' but she doesn't. Patient needs to put the light on, after about 20 minutes a nurse comes in because she had not been told, the pump had been turned off there is excess work and pain. Now we have a plugged IV, nurse has to take more time to start new IV, money is a factor as more equipment, undue pain felt. Medication that was to be constant was 'missed' for about 30 minutes.

2) Staff states that the patient needs to be on I & O and they place a 'hat' in the toilet. But they don't come back to empty after multiple use, when the patient reminds them, response is that "Oh yeah, I always forget."

3) Patient learns quickly to ask for a glass of ice, as one knows it will be water before they get another.

What if *Nursing started looking face to face at the patient as a person again? What if *It was off-limits to sit at the nurse's desk and surf your cell phone? What if *LPN's were utilized as the WI nurse practice act and respected as LICENSED, accountable nurses? What if *Staff had a communication process for sharing information? Do you find joy in the job setting you are currently in? How do you share your positives of your role? Do you consider yourself professional, therefore working to verbally express yourself in such a manner?

We are individuals, we will not always agree on opinions. We do need to agree on facts. Quality health care is truly a passion for many. What if nurses supported each other, went back to being a team, and made a plan to succeed?

An editorial by Carolyn Kaiser

Vice President's Corner

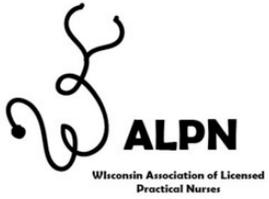
Hello, my name is Marcie Nytes and I am the WALPN Vice President. I am an LPN in Occupational Health at Prevea Health Care. I have been very busy these past few months since the COVID-19 vaccination clinics have been set up. I have been working at our sister hospital vaccination clinics: St. Nicholas Hospital in Sheboygan, WI, St. Vincent Hospital and St. Mary Hospital, both located in Green Bay, WI.

This was a big week for us with the launch of two additional mass COVID-19 vaccination clinics. We opened Jacob's Well Church in Western Wisconsin on Monday; and on Wednesday, we had the soft opening at the UW-Green Bay Sheboygan Campus site in Sheboygan. There was much work and time that went into setting up all of the mass vaccination clinics from logistics of running a clinic to signage to getting employees of both Prevea and HSHS assigned to shifts for drawing up of vaccine syringes, vaccinators, navigators, and PSR's. Prevea's CEO Dr. Rei stated "Creating each of these sites has not been easy and has demanded resources and time from many. And at the same time, our teams continue to deliver and have created each site on a short timeline – all in the best interests of our communities. In addition, Green Bay Metro is partnering to ensure that rides are available to the Kress Events Center at UW-Green Bay, and we are hoping to have more partnerships like this throughout the state to provide transportation to our vaccination clinics. Our work doesn't stop here. We are in the process of making additional enhancements to our website, signage at our vaccine sites and making sure that we have interpreters available for those who are not English speaking. Prevea is committed to caring for all of our populations". We had nothing but praise from members of the community that have come into any one of our clinics to receive their vaccines. I am really enjoying being part of these teams and seeing how thankful every person that I have come into contact with is. Below is a picture of part of our opening day team at UW-Green Bay Sheboygan Campus on Wednesday, January 3rd, 2021.

Respectfully,
Marcie Nytes, LPN



Nominations for WALPN 2021 Elections



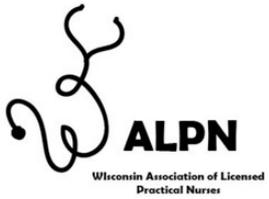
Article XII of the WALPN bylaws state that in the odd years the President, Treasurer, and one director shall be elected on the odd-numbered years for a two-year term.

Three members will be elected to the Nominations Committee. It is these people who will work to find next year's slate of officers.

Speaking up for the LPN voice in the worksite, the community, and the legislative world is vital. It is essential for people who 'walk the walk' to be part of decision-making.

One step is getting actively involved in your professional nursing association. There is LPN representation on WI Center for Nursing and the Board of Nursing. Be part of the action today for a better tomorrow.

Members of WALPN are eligible to hold office, please submit the following information. Written consent MUST BE RECEIVED in order to serve.



NAME: _____

ADDRESS: _____

CITY: _____ STATE: ___ ZIP: _____

Which office would you like to be nominated for?

Background Summary: Positions you have held nursing/ community/volunteer organizations, etc.

Consent to serve if elected: _____ / ____ / _____
Signature -----Date

Send the detached 1/2 sheet to
Bonnie Schindler
508 Macomber St.
Chippewa Falls, WI 54729

DEADLINE is September 21, 2021
Please remit by mail or at the conference.

National News

The NALPN Board of Directors has voted to change management companies from Caphill, to Kalista Consulting, LLC. The official change was made December 15, 2020. A NEW website is being built and is projected to be fully operational by mid-March, 2021. You can still send your message through the current website, www.nalpn.org, which is under construction. NALPN will respond within 72 hours of receiving your message.

Since the change in management companies, NALPN has gotten a huge boost in membership, and 10-30 daily emails for LPNs/LVNs, and students wishing to join NALPN.

IF YOU HAVE ANY CHANGE IN ADDRESS, EMAIL, PHONE NUMBER, IT IS IMPORTANT TO CONTACT THE WALPN OFFICE AT walpnorg@gmail.com and THE NALPN OFFICE AT nalpnoffice@gmail.com. These changes are important to keep you informed of issues on the State and National level. We thank you in advance for your help in this matter.



Please take notice of the contact information for the NALPN office:

NEW changes at the NALPN office, contact changes are:

Address: NALPN P.O. Box 1895

Manitowoc, WI. 54221

Phone: 1-920-663-8450

Email: nalpnoffice@gmail.com contact

Persons: Luke or Jenn Kalista

Website: www.nalpn.org

Facebook: The National Association of Licensed Practical Nurses, INC.

National Convention

The NALPN 71st Conference “LPNs/LVNs EMPOWERED TO SUCCEED” to be held Oct. 17-20, 2021 at the IP Casino Resort in Biloxi, Mississippi.

We have a tentative agenda that will be finalized within the next month.
Hotel rates will be \$79.99 plus tax/night.

Cost for the 4-day event: NALPN/WALPN Members \$399 (includes 3 lunches and 1 banquet, plus all education sessions), NON-members cost is \$499 (includes 3 lunches, and 1 banquet, plus all education sessions).

There will be a Student/Educator Day on Monday, Oct. 18th, cost \$50 for Students/Educators only.

The agenda/registration will be online as soon as the agenda is finalized and will also be emailed out to all NALPN/WALPN members in April 2021. Hope to see you there!

Sincerely,
JoAnn Shaw LPN NALPN Vice President
1-920-901-0988
czekala2118@gmail.com