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An Alternative Seniors Housing Concept

Twenty Questions

*Most Often Asked About Living in an
Abbeyfield House on the Life Occupancy Lease Program*

1. Why would I want to live in an Abbeyfield House

Abbeyfield Houses are residences which provide good food, comfort, security and independence to seniors who, though relatively fit, no longer wish to or are unable to live at home. It could be compared to living like a large family, with a live-in House Mother who takes care of the running of the House.

Abbeyfield Durham is a non-profit charitable organization run by a board of directors who are from the local community. You would have the privacy, dignity and freedom needed to continue a normal life, but you would also be in a more secure environment, with the companionship of others.

2. Who may apply for accommodation?

If you are over 60, reasonably fit, and uncertain about your current housing, you may consider applying. Preference is given to people with local connections. Some applicants may be asked to go on a waiting list if no immediate vacancy is available.

3. Can married couples be accommodated?

Yes Abbeyfield Durham welcomes couples. Some couples will choose to rent a second suite to create a two unit suite if the units are available.

4. a) Is there an upper limit of income? No.

b) Is a capital deposit required? Yes, if you are interested in investing through a Life Lease unit, however it is possible to rent a unit without the investment.

5. What are the monthly charges for room and board? Naturally, costs vary from House to House, but rates are often more favourable than retirement homes. The monthly costs are all inclusive, excluding telephone and television. Please see a board member for details.

6. Do I need to be sponsored? *We ask each applicant to designate a trusted relative, friend or professional advisor who can be contacted and consulted in case of an emergency or other difficulty. No financial involvement is required on the part of the designated person.*

7. Are there rules and regulations? *Yes, there are some rules or regulations, including those of normal household courtesy. You will be totally free to come and go as you would be in your own home. Abbeyfield would be your home.*

8. Is smoking permitted? *No, Abbeyfield and property is a smoke free environment.*

9. What type of personal belongings may I bring?

You will need to furnish your own room. It is also our plan to provide locker space for out of season items. Other extras you may have to store out of your unit.

10. Will I have to share bathroom facilities?

At Abbeyfield Durham each suite has its own private bathroom.

11. What is the role of the House Parent?

Each Abbeyfield House has a live-in House Parent who mainly endeavors to create the home-like atmosphere described above. This person arranges the grocery-shopping, cooks the meals, and acts as caretaker.

12 Will someone clean my room and do my laundry?

No. Each occupant is responsible for his or her own room and laundry. If you need help, you may wish to employ domestic help at your own expense. You may qualify for free home-care.

13 What meals will be provided?

To maximize your flexibility, you are usually responsible for making your own breakfast from a fully stocked breakfast bar. Lunch and dinner are prepared for you daily. If you know you will be away for a meal, please let the House Parent know ahead of time.

14 Can an Abbeyfield House cope with a special diet?

Yes, the House Parent will serve your needs based on the information you provide.

15 May I do some gardening?

If you enjoy gardening you will most likely have the opportunity to be involved in these and other hobbies as well. Just let the House Parent know what interests you.

16 What happens if I become ill?

As in any family household, minor ailments are dealt with at the house. If you are hospitalized, it is then taken for granted that you will return to your room at Abbeyfield – provided it is the wisest thing for you to do in the long run.

17 What if I should need nursing care?

Sometimes your doctor can arrange for visiting nurses to call on you. However, if you can no longer look after yourself in your own room, other arrangements may have to be made by you with the help of your designated relative, friend or advisor.

18 Can I try the life style first?

Yes. Abbeyfield Houses Durham has guest rooms where you can get a free trial stay including meals. This will give you the opportunity to satisfy yourself that it is right for you.

19 Can my friends or family have lunch or stay the night?

Yes, just let the House Parent know in the advance. Often another plate can easily be added to the table. We have a guest rooms that can be rented, including meals, for a reasonable charge.

20 Can I have a full list of addresses of all Abbeyfield Houses of Canada?

Abbeyfield Houses are private addresses of the occupants therefore lists are not available. However, you may enquire about the availability of a House in a specific area. The address of a local society representative could then be made available to you.

*Thank you for considering
Abbeyfield Houses Society of Durham
Please contact us for
Any further questions*

*Abbeyfield Houses Society of Durham is a
Non Profit charitable Organization*

*If you are interested in volunteering or sponsoring us
please contact us for more information*

*Watch our Website or Facebook for
New Information or Events*

WWW.AbbeyfieldDurham.ca



*Facebook: **Abbeyfield Houses Society of Durham***