



PEP TALK



PULMONARY EDUCATION PROGRAM – LITTLE COMPANY OF MARY HOSPITAL
MARCH 2009

Table Runner for six.



I have had this table runner for a while and I mean *a while*. The only problem is, I never had a long family table for six. One day I asked Maria Mendoza, who has become a dear friend, and is just like a family member, if she would like to see some of my sewing items I had locked inside. She looked and looked at the many different items I have crocheted, like hats, scarves, and table items, big and small. Then she saw this table runner, and just raved about it. She just loved it. So I said to her, if she picks the colors, just for her. This felt just like the right thing to do. A couple of weeks later, we went shopping for the colors. She picked purple. We decided on high, low, and medium shades of purple. I started on me table runner. I took it to the gym. I would do my exercises and then visit with my friends, while I was working on the table runner.

You'd be surprised how it became a conversation piece. I will miss this table runner. Two years have passed, and I have finished the table runner. Maria has two daughters, and I know they table runner will be passed on to the next generation, and the next generation after.

Rita Martinez

PARKING AT THE EXERCISE FACILITY

By Mary Lee Coe

We know that some of you may experience problems in finding parking in the designated disabled spots. Mary Lee meets regularly with the Beach Cities Health District, who own the complex and is responsible for the parking for employees and construction workers. They are expected to park in Employee Designated areas. Gym members are not to park in the Disabled spots unless they are physically unable to walk to the building door. We will be addressing problems with people attending meetings and patients without disabilities parking in disabled designated spots. If you see unauthorized people parking in disabled designated spots, please try to determine what category they are in. Employee, construction, gym, meetings, or patients without disabilities, get their License Number if possible. Please bring the parking problems and information to the attention of Mary Lee Coe, Bill Williams, June Robinson or Rubye Richey. If we can work together we can and will improve the parking situation.

Coming events

LUNCHEONS

Mar19 Noelle Budrovich, P.T.
Balance, Dizziness, & Core Health

Apr 16 to be announced

EVENTS & TRIPS

Apr11 Pageant of Our Lord
Rolling Hills Covenant Church
(Reservation requires advance payment.

Contact Bunny Marsh at 310-325-2106)

Jul 16 Annual PEP Picnic

Aug 6 Horse Reces
Del Mar Race Track

TELL ME...

Do you enjoy receiving & reading this PEP Newsletter?

Have you any suggestions or comments regarding it?

Do you have items of interest you'd like to have published here?

If so, how about a quick e-mail to per27@prodigy.nett to let your "editor" know? I'd sure appreciate it!!

Tom Melton's Argentine Trip

Part III - Recoleta, It's Cemetery, A Church, & the Hippie Fair

Like Belgrano (see December's PEP Talk), Recoleta is a neighborhood (barrio) in the northern part of Buenos Aires. This barrio became a part of Buenos Aires in 1871 when a yellow fever epidemic drove the people from the central city. Now it is one of the more fashionable and upscale areas of the city. Recoleta is widely known for its cemetery where the graves of many famous Argentineans, including Eva Peron, may be found. It is also recognized for its squares, parks, cafés, galleries, and the beautiful little church (Our Lady of Pilar Basilica) that is just adjacent to the cemetery. The church, which was built by the Jesuits in the 18th century, appears in this picture below, and the entrance to Recoleta cemetery is off to the left.



The cemetery, itself, is most impressive. The walkways are laid out in blocks, like city streets, some of which are tree lined. There are many elaborate mausoleums here; large and ornate structures, they are found in a wide variety of architectural styles, and are decorated with statues. While many of the mausoleums are still well maintained, others are now in disrepair and some are even littered with rubbish.

Some of you are aware of my passion for genealogy, and going along with that, is a natural interest for wandering through graveyards and cemeteries. I have tramped through cemeteries much older than Recoleta, but this one is certainly the most ornate of any I have visited. Since 1822, Recoleta has housed the remains of roughly five thousand of Argentina's elite. Presidents, royalty, writers, actors, generals, explorers, ...

and the list continues . . . even a six day old grandson of Napoleon Bonaparte is buried there.

Guarded by angels and cherubs, the remains of these dignitaries reside in the small town of mausoleums that comprise the cemetery. Feral cats also have taken up residence there and sometimes appear as gatekeepers lying atop the various edifices. Some mausoleums are adorned with doorknockers that suggest their occupants are expecting guests!



The most visited grave, of course is that of "Evita". Eva Peron was interred here in the Duarte family tomb. However, it is understood by many that her body was later removed and she is now buried elsewhere. Although the Duarte tomb is not on a main walkway, it is usually easy to find because of all the flowers that are placed on it by the many tourists, and the steady stream of people going to and from it.



A unique and most beautiful tomb is that of Liliana Crociate de Szaszak. At the age of 26 in 1970, Liliana was killed while on her honeymoon in Innsbruck, Austria, when an avalanche struck the hotel where she was staying. Sculpted to appear as she looked in her wedding dress, the bronze statue of her dog was added later after it had died. Liliana and her dog were sculpted by Wieredovol Viladrich, but her tomb was designed by her mother and is unique in its gothic style for Recoleta.

A park can be seen in the foreground and to the right of the church in the picture of "Our Lady of Pilar Basilica. That park is fairly large, extending to the right and sloping slightly downhill. There, on

weekends is an Art Fair that is affectionately know as "The Hippie Fair". Throngs of people visit to purchase souvenirs, and to snap up deals on a wide variety of handmade, and sometimes unique, items that can be found.

On the first weekend after my arrival to Buenos Aires, Daniela and I headed to the Hippie Fair to find a craftsman that could make a pair of earrings in the design that Susanne had been wanting. Armed with a picture of what we wanted the earrings to look like, and a bar of silver for use to make them, we stopped at several jewelry stands until one of them directed us to a craftsman they believed could help us. This craftsman happened to also be an American originally from Florida who has been living in Buenos Aires since the 1960's. After looking at the picture, and negotiating a fair price, he agreed to make the earrings and that they would be ready in two weeks, which was perfect for me as I would be not be returning home until after the weekend they would be ready. The picture below shows the photo of the earrings desired, the remains of the silver bar he used, and his final product that appears on the lower right.



This concludes Part III of my trip report on Argentina. However, there's still a lot more to write about this trip, including a visit to El Calafate and the nearby Glacier, the polo matches on my return to Buenos Aires, and a couple of short day trips to towns north of Buenos Aires. However, I'm not sure which of these events I will be writing about in "Part IV" that will appear next month. However, be assured that one or more of the above events will be a part of it!

Ann Morris Boles, one of our PEP Graduates of a few years ago, a long time resident of Redondo Beach, has succumbed to her continuing health problems. Ann will be missed.