



The Palestine Press

August 2019

Volume XXXIII Number 8
Monthly newsletter of
Palestine Lutheran Church
Evangelical Lutheran Church in America
God's work. Our hands.

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Reaching Out in Christian Love to All

Our Vision:

Palestine Lutheran Church will be a haven for all generations, a people worshipping and growing continually in relationship with Jesus, inspired by God's Word; a living example of stewardship, a loving and caring fellowship that reaches out in Christ-centered faith and love to the world.

Mission Statement:

"Palestine Lutheran Church exists to proclaim and live God's Holy Word, to nurture and support our membership, and to enable us to live our faith in our daily lives. As we are nourished, we are called to reach out to our communities, our spheres of influence, and to the wider world through the church-at-large."

Living in Prayer, Presence, and Oneness with God --- -- With Pastor Eric

John 17:20-24 - ²⁰I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, ²¹that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. ²²The glory that you have given me I have given them, so that they may be one, as we are one, ²³I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. ²⁴Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world. (*Jesus praying at Gethsemane*)

In his wonderful book Everything Belongs (Crossroads Publishing Company/New York, 1999), the New Mexican monastic Fr. Richard Rohr talks about the value of what he calls both personal and social prayer. He writes: "*When we learn to enjoy and trust the presence of God, we will naturally turn to that presence in prayer. When the church is no longer teaching the people how to pray, we could almost say it will have lost its reason for existence. Prayer is the ultimate empowerment of the people of God, and may be why we clerics prefer laws and guilt, though they often disempower us and make us live in insufficiency and doubt. Prayer, however, gives us a sense of abundance and connectedness.*" (147)

John 17 is one where Jesus, by example, teaches all of us what the essence of prayer is: oneness with God. When we understand that it is in God that we "move and breathe and have our being," we begin to embody the oneness that Jesus lifts up in this prayer (Acts 17:28).

When we pray, we are opening ourselves to radical oneness with God, and eventually it is "without ceasing," as Paul writes in 1 Thessalonians 5:17. That phrase "without ceasing" in that passage doesn't

necessarily mean it never stops; it means that it just keeps occurring, like breath.

What would it mean to actually take seriously the idea that God is always with you? Beside you? Around you? Within you, even? Every word, then, becomes a word of prayer. The most honest prayer I've ever uttered, or heard uttered, is "My God!" as I witnessed the second tower fall on 9/11. It's a prayer I've uttered more than once. To some it might sound like taking God's name in vain, but I've come to see that utterance as the opposite: only God, the God within, around, surrounding me and all breathing things, can make life come out of such tragedy.

Likewise, when we take seriously the pervasive presence of God, as Jesus notes in John 17, every act is an act of grace. We hold the door, we wash our hands, we clear the table, we smile, we cry, and we console, and we do so in the presence and through the presence of the Divine.

Radical oneness is truly radical. Don't let the word "radical" get in the way of what this article seeks to say. No matter what situation you find yourself facing the promise is that God is present and embodied in people in every way to give life – give strength – give hope – give relief. We see it boldly in the Garden of Gethsemane on the very night that Jesus is betrayed, suffers and dies...and **then in three days! Amen!**

Listening in Love Project - Up-coming period of intentional listening within our community to help discern what God is calling us into as a church now. Over the past several years Palestine Lutheran has worked together with the Spirit to accomplish many things from getting a new pastor, to renovating the kitchen, to making media alterations in the sanctuary along with other ministry and community projects. The congregation council got together in April for a leadership retreat in which we decided that it is time to prayerfully listen for some renewed direction for ministry as a congregation. We are preparing for this fall to begin this process and ask our church family to pray for God's direction as we prepare. More to Follow :)



Palestine Lutheran Church

Worship & Study Opportunities- August 2019

The "dial in" number for the worship service is no longer available.

Saturday, August 3

7 a.m. Tri County Men's Bible study @ Ballard Creek

7-8 p.m. Dinner Worship in North Hall w/ Holy

Communion

Sunday, August 4 8th Sunday after Pentecost

9:30 a.m. Worship: Holy Communion

Wednesday, August 7

7:00 a.m. Men's Bible Study

Saturday, August 10

7 a.m. Tri County Men's Bible study @ Ballard Creek

Sunday, August 11 9th Sunday after Pentecost

9:30 a.m. Worship

Wednesday, August 14

7:00 a.m. Men's Bible Study

Saturday, August 17

7 a.m. Tri County Men's Bible study @ Ballard Creek

Sunday, August 18 10th Sunday after Pentecost

9:30 a.m. Worship: Holy Communion; Blessing of the Backpacks and Lunchboxes

Wednesday, August 21

7:00 a.m. Men's Bible Study

Saturday, August 24

7 a.m. Tri County Men's Bible study @ Ballard Creek

Sunday, August 25 11th Sunday after Pentecost

8:00 a.m. Worship @ Palestine

9 a.m. Huxley Prairie Festival Community Worship @ Nord Kalsem Park, Huxley (rain or shine)

Wednesday, August 28

7:00 a.m. Men's Bible Study

6:00 p.m. Confirmation Orientation and Parent's Meeting

Saturday, August 31

7 a.m. Tri County Men's Bible study @ Ballard Creek



Huxley Prairie Festival Community Worship - Sunday, August 25 @ 9am at Nord Kalsem Park, Huxley (***rain or shine***) ***Palestine Worship on August 25th @ 8am***

Daily Discipleship themes which will be used for Wednesday morning Men's Bible study (uses the text for the following Sunday). They are available on the ELCA website—

www.elca.org → Resources → Downloadable Resources → Bible Studies

August 4 8th Sunday after Pentecost —

Primary Text: Luke 12:13-21

Stories of Discipleship: *A Rich Fool's Story*

August 11 9th Sunday after Pentecost —

Primary Text: Luke 12: 32-40

Stories of Discipleship: *A Prepared Person's Story*

August 18 10th Sunday after Pentecost —

Primary Text: Luke 12:49-56

Stories of Discipleship: *A Judge's Story*

August 25 11th Sunday after Pentecost —

Primary Text: Luke 13:10-17

Stories of Discipleship: *A Freed Woman's Story*

Sept 1 12th Sunday after Pentecost —

Primary Text: Luke 14:1, 7-14

Discipleship: *A New Hospitality*

God's Work, Our Hands Sunday – September 8, 2019 (Rally Day) - Installation of Children Church Teachers and Confirmation Class for 2019-20



"God's work. Our hands." Sunday is an opportunity to celebrate who we are as the

Evangelical Lutheran Church in America - one church, freed in Christ to serve and love our neighbor. The 2019 dedicated day of service is Sunday, Sept. 8. Mark your calendars today! Watch and listen for ways you can be involved.

Service activities offer an opportunity for us to explore one of our most basic convictions as Lutherans: that all of life in Jesus Christ - every act of service, in every daily calling, in every corner of life - flows freely from a living, daring confidence in God's grace.

You work every day to make your community a better place. Let us continue doing this work together in 2019!



Enjoy an evening at the Blackmer farm on Tuesday, August 6th starting at around 5pm. All are welcome to pick vegetables, fish in the pond, sit under the shade trees or by the fire roasting s'mores. We'll have roasted hot dogs,

a couples sides and bottled water. 2191 340th St, Madrid www.iowagardeningforgood.com

Hosted by Evangelism/Fellowship Committee

Palestine Dinner Church Event

Rescheduled for Saturday, August 3

@ 7pm in the North Hall.

Palestine will host a worship service centered around a dinner meal together.

We will model the worship service after the original community worship of the early church which combines a "potluck" along with a Sunday liturgy with Holy Communion.

The Main Meal consists of pasta and sauce and a simple green salad with parmesan cheese, Italian and Ranch Dressing. Drink will be coffee, iced tea (unsweetened), water (grape juice for communion)

Gluten Free options will be made available for Pasta and Bread.

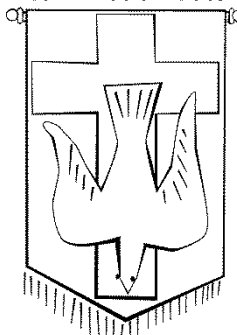
Each participant will bring a side or dessert to share with everyone to compliment the main meal.

This worship experience is a part of our modern Lutheran worship as well and has been cited in Living Lutheran Magazine, February, 2019.

The Worship Committee would like to give it a try during the summer season when it's light out longer and people are more flexible in their worship routines.

To help make this a success we need to have as many as possible sign up for a seating time with either an email to the church office (plc@huxcomm.net) , or sign up in the Fellowship Hall by Wed, July 31st for the August service.

Confirmation Class



Confirmation Orientation and Parent's Meeting for the 2019-20 academic year will be Wednesday, August 28 @ 6pm in the North Hall (All parents and confirmands desired)

Church Office: 515/597-2620
 Fax number: 515/597-2621
 Website: www.plchuxley.com
 Secretary's Office: 515/597-2624
 Church e-mail is: PLC@huxcomm.net
 Pastor Eric Klimpel's email: ericklimpel@gmail.com
 cell: 936/444-3895

Treasurer's Report

Balance on hand July 21, 2019	
Checking Account	\$ 16,904.89
General Fund	\$ 3,327.07
Designated Funds	\$ 13,577.82
Benevolence	640.00
Building Improvement	2,221.89
Technology	3,384.00
Kitchen	703.17
Parsonage	2,149.69
Confirmation	1,672.92
Evangelism/Fellowship	936.68
Piano Fund	992.14
Maland Fund	827.33
ROCK	50.00

Principal balance for building improvement loan \$ 3,584.64
 Principal balance for general fund operating loan \$5,200.00
 (as of July 21, 2019)

Next Council Meeting – Sunday, August 4th, 2019 at 8 a.m.

Church Council 2019	Pastor Eric Klimpel
President: Kristin Shelton	Council: Nels Dovre
Vice President: Tim Wilson	David Eisenmann
Secretary: Ellen Longnecker	Brent Emerson
Treasurer: Deidre Qual	Candi Engler
Financial Sec'y: Dick Kepler	Cynthia Johnson
	Brad Lewis
	Jen Pote
	Jean Saveraid



Oriett's summer work schedule (from Memorial Day to Labor Day) is Monday, Wednesday, and Friday mornings from 8 a.m. to 12 noon. The phone number in her office is 597-2624.



It's lawn-mowing season! We need volunteers to mow church and parsonage lawns. This is a good way for students to earn service hours. Please sign up for a week or a month to help out. You may use Palestine mowers or your own. The church has a riding lawn mower if you would like to use it – indicate this on the signup sheet in Fellowship hall. Thank you!

Palestine Lutheran Church Council Meeting

[not yet approved]

Sunday, July 14th, 2019 @ 8:00 AM

Kristin Shelton, Tim Wilson, Pastor Eric, Deidre Qual, Dick Kepler, Jean Saveraid, Candice Engler, Jen Pote, Brent Emerson

A quorum was established.

Devotions – Jean Saveraid gave a devotion regarding the relation of freedom, the love of 4th of July and our freedom in Christ.

Read Vision and Mission Statements

Goals and Reflections – Costa Rica was a successful trip after a few bumps in the road and hearts were forever changed. Dinner worship was a success in June. 20 people attended.

Minutes of the previous meeting – Minutes of the previous meeting were approved. Jen Pote motioned to approve the minutes and Tim Wilson seconded the motion. Motion passed unanimously.

Treasurer's Report – Tim Wilson motioned to approve the Treasurer's Report. Jen Pote seconded the motion. Motion passed unanimously.

Deidre shared that there is \$5,766.50 in general fund. Discussion was held regarding the piano fund and kitchen fund as line items in the budget since these have both been completed. More information will be gathered to make a decision.

Pastor's Report - Pastor Klimpel-

Pastor had a busy month. He shared information from his month. He filled in for Pastor Swanson for a committal service for Bonny Erickson from Fjeldberg, officiated Karina Snider's wedding and baptized Wyatt Sandquist. He shared that there will be a joint Cantata with Fjeldberg and Palestine choirs at Christmas. (12/1 at Palestine, 12/8 at Fjeldberg). He also shared that Prairie Fest community worship has been moved to 9 AM. Palestine will have an abbreviated service at 8:00 AM at church.

New business:

1. Church Mutual Sensory Installation
 - a. Information was shared about this. It is a free program through the church's insurance.
 - b. <https://www.churchmutual.com/sensors/index.cfm>

2. Listening Team

a. Update

Pastor received some materials from Erika from Synod but is anxiously awaiting contact from a DSM area Pastor to get started and receive more training for the team.

3. Cleaning Company Update

- a. We have signed the contract. They have been cleaning for 2 weeks. They have done a good job and have offered some other services that were discussed such as carpet cleaning, pew cover cleaning, and changing light bulbs.

Unfinished Business:

1. The Loan was renewed for another year. We currently owe \$8828.43.
2. Air Conditioning is 32 years old in Parsonage and will need replaced at some point.
3. VBS-A meeting was held after VBS. Numbers were low this year due to a scheduling conflict for some kids at the STEM camp at West Elementary. We have an upcoming meeting with Fjeldberg to begin planning for next year. There are some new potential changes to hopefully increase attendance and volunteers.

Adjourn with Lord's Prayer

Next Meeting : August 4th, 2019 @ 8:00 AM

Treats- Kristin

Devotions- Kristin

Synod Survey for 2020 Bishop Election

In 2020 the Southeastern Iowa Synod will elect a new bishop. The Synod Ministry Profile Committee, appointed by the Synod Council, is conducting a survey to better understand the ministry setting of this synod. The results of this survey will be used in the formation of the synod's ministry site profile which will be made available to everyone in the synod. This profile will be used in the call process and the election of a new bishop at the 2020 Synod Assembly.

15 minute survey online

www.surveymonkey.com/r/SynodProfile

Survey will be open for responses from July 8 until August 9.



Volunteer Opportunities

Not only is there a place for you in this church, there is a great need for your time and skills for doing God's work in the world. Everywhere you look, there are opportunities to share God's love and serve our neighbor. This is work we do together in the name of Jesus Christ here and throughout the world through the ELCA and its partners.



The body of Christ is made up of many members. We are blessed with many members who care for the functioning of the body of Christ at Palestine Lutheran Church. They give of their time and talents.

We thank God for you!

Help Us Create School Kits for Lutheran World Relief



The best time to buy supplies for the school kits is in late summer or the fall when school supplies are on sale. You can help by donating one or all of the items on the list available in the choir room. In July bags with a list will be available in the choir room for you to

fill if you want. ?s talk to Oriett.

Guidelines: Please give new items only. Do not donate items with any religious symbols; decorated with a U.S. flag, patriotic military symbols, or references to the armed forces, including camouflage.

Lists of items needed for personal care kits, baby care kits and Fabric Kits are available near the collection boxes for the school kits. The next shipment for LWR quilts and kits is in October.

I had the opportunity to be a part of YouthWorks mission trips in the past as a high school student and I knew how impactful the experiences were for me, so I was excited for our group to work with YouthWorks & Rice and Beans Ministries this summer in Costa Rica. This time around, I had the privilege to be one of our youth leaders. It was just as meaningful, if not more, to be involved with the group from this different perspective.



We began each day with a 6:30 am bus ride to Fred's house (the leader of Rice and Beans Ministries) for a hearty breakfast and then headed out to our service sites by 8 am. Half of our group spent the morning doing construction at the Rice and Beans site, and the other half held a VBS program for the local children. After lunch and devotion time, we packed 150 food bags with rice, beans, cornmeal, and powdered milk and loaded them onto the buses for delivery. We drove to nearby communities and hand delivered the bags in groups with a translator until all the bags were gone. Then we returned to Fred's for dinner and worship. Each day was packed full of memorable moments and signs of God's presence. Some things that stick out in my mind are:

- The staff's established and compassionate relationship with members of the community
- While delivering the food bags on a rainy day, one woman insisted that we come into her house even though our muddy shoes were going to trash the place
- A man who was blind, partially deaf, and had an amputated leg could have requested to pray for healing but instead only wanted to pray for his country and fellow neighbors
- Praying at the same time in different languages

- Little kids who had only known us a total of two minutes coming up and giving us hugs and playing games/singing songs with us. Then asking us if we were coming back the next day
- Planting an orange tree and placing our written prayers and memories in the hole it was planted in as a representation of the seeds we had planted that week throughout the community
- Seeing our youth step out of their comfort zones and get their hands dirty in the work of God

I am so proud of our youth! In spite of all of our travel complications,

sickness, and tiredness, they managed to keep positive attitudes and jump right into the partial week of service without hesitation. I witnessed them making new friends and heard them expressing their feelings and thoughts throughout the week. Multiple people took the time to let us know that they were impressed by our youth and how they handled themselves.

On Thursday, Fred asked us to reflect on two questions: "Why did I come?" and "What will I do when I return?" For me, I wanted to go to Costa Rica because I knew that the youth had their hearts set on it and I was determined to help make it a reality for them. I also felt like it would be a perfect opportunity to grow personally and as a leader. As for when I return, I want to keep the fire and excitement we felt this week alive and bring it back to Iowa with us. I hope to find ways to continue to spread God's love and hope in our own community and inspire our youth to do the same.

I want to take a moment to acknowledge all of the congregation's dedication of time, money, and prayers towards making this trip a success. Thank you all so much for making this possible and giving our youth (and me) an unforgettable experience!

McKenzie



Volunteer schedule

Greeters

8/4 Mark & Jen Pote
Lynae & Josh Kruse
8/11 Julie & Tim Huxford
Greg & Christa Hartsook
8/18 Matt & Erika Williams
Wade & Holly Twedt
8/25 Donna & Dennis Millang
Joyce Carlson

Acolytes –

8/4

8/11

8/18

8/25

Lectors -

8/4

8/11

8/18

8/25

Ushers

Robert Snider, captain

Dick Cast

Chris Richter

Andrew Larson

Sunday Fellowship

Families who greet also serve beverages for fellowship.

Communion Assistants

8/4...Del & Vivian Lundgren

8/18.. Henry and Jan Rumbaugh

Offering Counters

Brent Emerson, Jeannie Williams

Altar Guild

Helen Kepler and Teri Klimpel

Mowing volunteers

July 29-Aug 4 ...

Aug 5-11

Aug 12- 18

Aug 19-25

Aug 26- Sept 1.

Deliver Food Pantry donations for August

Year of Sharing & Caring - for donations for the Huxley area Food Pantry. "August is **Baby, You're Mine** month at the food pantry - please donate baby items- wipes, diapers, talcum powder, toiletries, baby food, formula."

Sponsored by Palestine Mission Outreach Committee.

Looking Ahead

God's Work, Our Hands Sunday – September 8, 2019

Fall programming resumes in September

1. Children's church begins 9/8
2. Palestine Piecemakers
3. Choir begins 9/8



The Evangelism committee would like to have **Palestine represented in this year's Prairie Fest parade** (Saturday, August 24 @ 10 am in Huxley), but we need more people involved to make it happen. If you have interest in planning, constructing, or being in the parade, please contact Robin Doty, Teri Klimpel or Roger Moore.

Ice Cream Social – Palestine Lutheran Church

5:30-8:00 p.m. Railroad Park, Saturday, August 24th

Palestine will be hosting a Pie, Brownie and Ice Cream Social. Donations of pies and brownies are needed, as well as volunteers to serve. Please sign up in fellowship hall. Thank you!



Community Worship Service

Huxley Prairie Festival Community Worship - Sunday, August 25 @ 9am at Nord Kalsem Park, Huxley **(rain or shine)**

Palestine Worship on August 25th @ 8am

The People of Memorial Lutheran Church celebrate over 22 years of ministry together and the retirement of Pastor Myron Herzberg on Sunday, August 18 – Worship @ 9 am at Memorial Lutheran Church. Community Open House from 12:30 pm to 2 pm @ Gates Memorial Hall.

August

- 5 - Tracy Blackmer
Tony Ness
6 - Amy Larson
London Roelfs
7 - Vallery Eisenmann
Laura Kepler
8 - Arlyce Engles
10 - Taylor Larson
12 - Alyssa Johnson
Drake Klingbeil
16 - Garry Wirtz
17 - Tyler Roelfs
18 - Chris Richter
19 - Denise Elliott
Sarah Jensen
Allan Kopaska
Megan Rowedder
21 - Mary Kate Russell
Dominic Kopaska
24 - Robby Keltner
26 - Brinley Dykstra
Jan Rumbaugh
27 - Leonard Larson
Del Lundgren
Jacob Williams
28 - Greyson Johnson
Karina Kelso
Chloe Shelton
29 - Noelle Hartsook
Charles Sheldahl
30 - Ian Minnihan



If your birthday or anniversary was not included or is listed incorrectly, please contact the church office so we can update our records.

Celebrating Their ANNIVERSARY

AUGUST WEDDING ANNIVERSARIES

- 2 - Russ & Mindy DeVries
4 - Ken & Louise Larson
Roy & Elaine Paradise
6 - Kevin & Jeannie Williams
13 - Jim & Nina Gotta
14 - David & Vallery Eisenmann
Adam & Molly Wuebker
15 - Tim & Shannon Wilson (10th)
16 - Bob & Oriett Snider
18 - Justin & Jodie Sample
21 - Allan & Deb Kopaska
22 - Penn & Laurie Hill
26 - Chris & Amanda Richter
27 - Brad & Lesa Lewis (25th)
29 - Andrew & Cally Larson
Charles & Evy Sheldahl
Dan & Kirsten VanSoelen (10th)

Remember in Prayer

The following were included in the Prayers of the Church during July: Anita Brendeland; Valerie Brendeland; Joan Carson; Alisha Cox; Marvin Edwards; Lowell Elliott; Tim Elliott; Jackie Greene; Wanda Halverson; Warren Johnson; Ralph Kalsem; Kevin Klingbeil; Rob Larson; Merlin Lyon; Elias Moore; Loree Ness; Chuck Ostermeier; Oriett Snider; Shannon Tope; Marissa Vermeer; Nova Lynn Walte; Arlene Wee; Sarah JoAnn Young; Phil Zeller
Famiy & friends of Lowell Brendeland; Ardith "Elaine" Schwartz; Mary DeBerg; Arthur Saveraid; Dorothy Ogden; Bonny Erickson

- Our Compassion International child a 8 yr old boy Roberto Junior Perez Barreto in Columbia.
- Those impacted by hurricanes, flooding, earthquakes, tsunamis, storms, tornadoes, drought & wild fires.
- Those impacted by terrorist attacks around the world & also here at home.
- Syrian refugees.

We extend our prayers and best wishes...

...to **Paris Doty** and **Cody Hitchcock**. who were married at Palestine on Saturday, June 15

...to **Karina Snider** and **Derrek Kelso** who were married at Palestine on Saturday, June 29.

May God be with them as they begin their married life together.

Book Lovers Bash



Sundays, September 8th and 15th – You can donate books you've read OR books that have been "hanging" around that you haven't read for the **BOOK LOVERS**

BASH here at Palestine church Sundays, September 22nd and 29th.

Great way to get some winter reading! "Bring some, take some."

Any genre – religious, romance, history, scifi, western, etc. Children and adult books can be donated. We will continue to collect puzzles as well. On September 22nd & 29th at fellowship time after church you can take home some "new" reading material.

So bring books to put in our donation boxes Sundays September 8th and 15th then plan to pick out books you haven't read September 22nd & 29th.

August 3 – Riverside 5K and Quilt Auction

September 20 – Riverside Fall Golf Classic (registration due August 23)

September 28-29 - [Women's Retreat](#)

The **Quilt Auction** is Riverside's largest annual fund raiser and the donations are great gifts to the general ministry of Riverside! We thank the Lord and all of you who give so generously!

We are very thankful to be able to welcome ALL campers to Riverside regardless of their financial situations. The result is a great reminder of how gracious our God is and how faithful are His followers!

Please come and support the ministry of Riverside by purchasing a quilt! You take home a beautifully handmade quilt AND you will have given to God's work! We are so thankful to those of you who make quilts that abundantly bless Riverside and the campers!

The Quilt Auction is Saturday, August 3, 2019!

- 8:30 am – [Riverside 5K](#)
- 9:30 - 11:30 - Riverside Pool will be open for swimming!
- 10:00 – 12:30 – Quilt Previewing in air-conditioned chapel
- 10:00 – 12:15 – Silent Auction bidding (baby quilts/small items) Results will be known before 1:00.
- 10:30 – Brief outdoor worship
- 11:30 – 12:30 – Lunch served in the Dining Hall (free will offering)
- 1:00 – Quilt Auction in air-conditioned chapel



Sixteenth annual Riverside Fall Golf Classic! This year's event will again be held at Ames Golf & Country Club on September 20th.

Check in will begin at 9:30 AM, with play beginning at 10:30 AM. You will be able to

enjoy lunch while you play. Registrations are due by August 23 to ensure the correct shirt size.

Join us for a great day of golf with friends that will be helping Riverside build for the future. Lunch will be provided as you play, with ice cream sundaes after the round. As always, there will be awards and prizes at the conclusion of the day.

Registration

The registration fee of \$100 per person includes lunch, golf, cart, and prizes. Registration form available thru Riverside website. This event is just one of the ways Riverside works to accomplish its mission of making Christ known to all. Thank you so much for your support with this event!

School is right around the corner! This time of year is exciting and stressful for many of us, but imagine what it would be like to be a child or teen with an emotional or behavioral disorder. You might be afraid of not being able to concentrate or fit in at your school. You might worry about adjusting to a new classroom routine or making new friends. You might feel alone, like no one can relate to you.

Lutheran Services in Iowa (LSI) provides mental health services to children and families across the state. It's our job to relate to children who might feel alone or misunderstood. Our therapists work one-on-one with children while our Behavioral Health Intervention Services team collaborates with families in their own homes to help them develop skills like anger management and healthy decision-making. LSI also provides 24-hour mental health care at the Bremwood and Beloit Residential Treatment Centers in Waverly and Ames to empower Iowa's most vulnerable children and teens.

We thank you for your support of LSI's mission as we respond together to the love of Jesus Christ through compassionate service! We know there are more Iowa children in need of this critical care. If you would like to learn more about how you can give a gift to support these crucial services, please contact Deb Whitford, LSI director of philanthropy and church relations, at 563-676-2065 or Deborah.Whitford@LSIowa.org.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and [Facebook.com/LSI.Iowa](https://www.facebook.com/LSI.Iowa).

Back to His Usual Self

Sixteen-year-old Loki was struggling in school. He'd once been ambitious and conscientious about schoolwork, but now, his grades were slipping. He was becoming detached and disconnected from his family and his friends. He bottled up his emotions and refused to open up. His dad, Troy, felt like his son was slipping away.

Troy thought he'd exhausted all his options until he learned about LSI's Mental Health Services.

Loki began meeting with his LSI therapist, Renae, regularly. For the first time, Loki had a neutral, unbiased person to share his feelings and frustrations with. But Renae did more than just listen. She helped Loki practice coping skills and learn ways to feel more comfortable opening up and trusting other people with his feelings.

Slowly but surely, Troy started noticing Loki being more talkative after his sessions with Renae. Loki told more stories about his friends at school, and Troy saw his son spending more time with his classmates at the end of the day instead of being eager to get home. With Renae in his corner and practical skills to fall back on, Loki feels more confident. He is thriving at school again. His grades are back up. He is more outgoing, and he has a stronger relationship at home with Troy.

"I'm a lot happier and Loki is a lot happier. Everything is going in a positive direction," Troy says. "Renae and LSI have been excellent working with my son, and his therapy has gone better than I imagined."