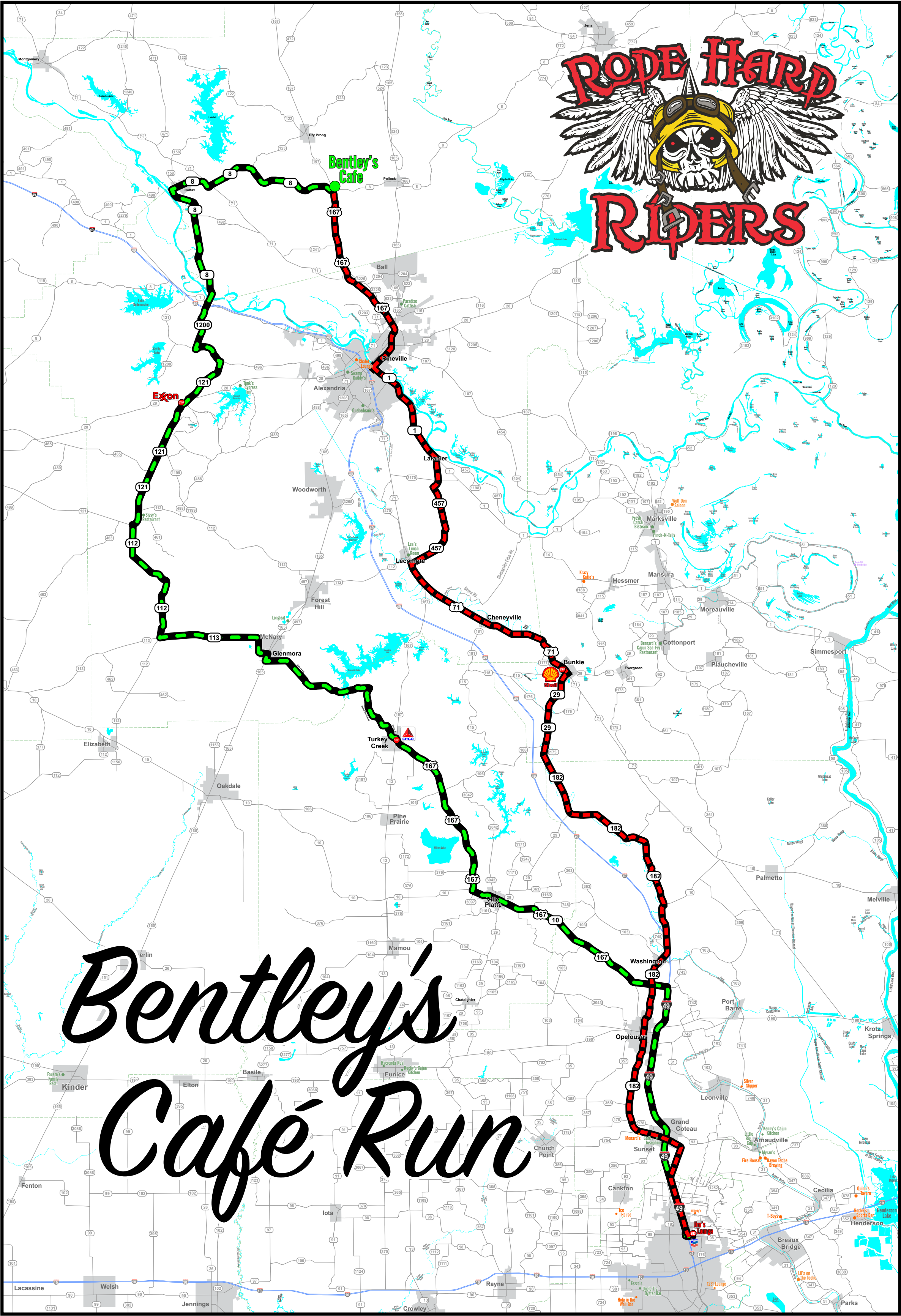




Bentley's Café Run



Bentley's Lunch Run

Dist	Turn	Road	Clock	Total Dist
	Start	at Chevron, 104 E Gloria Switch, Carencro, LA		
	Go North	on I-49 Frontage Road	8:30 AM	0.00 mi.
in 0.40 miles	Keep left	on to I-49 N on ramp	8:32 AM	0.40 mi.
in 4.30 miles	Exit #27 right	on to LA-182 off ramp	8:36 AM	4.70 mi.
in 38.20 miles	Go straight	on to LA-29	9:24 AM	42.90 mi.
in 12.00 miles	Turn left	on to US-71 (Bunkie)	9:38 AM	54.90 mi.
in 0.50 miles	STOP	at Shell	9:40 AM	55.40 mi.
	Continue North	on US-71	10:00 AM	55.40 mi.
in 16.00 miles	Turn right	on to LA-457	10:18 AM	71.40 mi.
in 10.00 miles	Turn left	on to LA-1 (Latanier)	10:31 AM	81.40 mi.
in 9.30 miles	Turn left	on to Winn St. (Alexandria)	10:42 AM	90.70 mi.
in 0.20 miles	Turn left	on to Foisy St.	10:43 AM	90.90 mi.
in 0.10 miles	Turn left	on to Casson St.	10:44 AM	91.00 mi.
in 0.05 miles	Keep left	on to US-167 on ramp	10:45 AM	91.05 mi.
in 17.00 miles	STOP	at Bentley's Café (Bentley)	11:03 AM	108.05 mi.
	Go West	on LA-8	12:48 PM	108.05 mi.
in 11.00 miles	Turn right	on to US-71/LA-8	1:00 PM	119.05 mi.
in 0.80 miles	Turn left	on LA-8	1:01 PM	119.85 mi.
in 2.70 miles	Turn left	on LA-8 (Colfax)	1:06 PM	122.55 mi.
in 11.00 miles	Go straight	on to LA-1200	1:18 PM	133.55 mi.
in 3.60 miles	Turn left	on to LA-121	1:22 PM	137.15 mi.
in 7.00 miles	STOP	at Exxon (Gardner)	1:30 PM	144.15 mi.
	Continue South	on LA-121	1:50 PM	144.15 mi.
in 11.00 miles	Turn left	on to LA-112	2:03 PM	155.15 mi.
in 11.00 miles	Turn left	on to LA-113	2:15 PM	166.15 mi.
in 9.80 miles	Turn right	on to US-165 (Glenmora)	2:27 PM	175.95 mi.
in 0.60 miles	Turn left	on to Turkey Creek Rd.	2:28 PM	176.55 mi.
in 9.40 miles	Turn right	on to Glenmora Turkey Creek Hwy	2:41 PM	185.95 mi.
in 5.40 miles	Turn right	on to US-167 (Turkey Creek)	2:49 PM	191.35 mi.
in 0.01 miles	STOP	at Citgo	2:50 PM	191.36 mi.
	Go East	on US-167	3:10 PM	191.36 mi.
in 15.00 miles	Turn left	on to US-167 / LA-10	3:27 PM	206.36 mi.
in 18.00 miles	Turn right	on to I-49 S on ramp	3:50 PM	224.36 mi.
in 21.00 miles	Exit #2 right	on to LA-98 off ramp	4:08 PM	245.36 mi.
in 0.20 miles	Turn left	on to LA-98 / E Gloria Switch Rd. (Carencro)	4:09 PM	245.56 mi.
in 0.40 miles	STOP	at Jim's Lounge	4:10 PM	245.96 mi.
		TOTAL TIME / DISTANCE	7:40:00	245.96 mi.