

## CHARLESTON AREA CHURCHES

### FOOD PANTRY NEWSLETTER

"for I was hungry and you gave Me food; I was thirsty and gave Me drink; I was a stranger and you took Me in." Matthew 25:35  
Hours M-W-F 1:30-4:00 & Th.5:30-7:00



JULY 2018

### PANTRY NEWS

As with previous months, the pantry continues to be very busy, seeing as many as 40-45, or more, families on any given day of operation. This makes for a busy day for the volunteers, and each one of them are so very appreciated. The volunteers all work well together for the greater good of the service to the clients coming for assistance.

There is a new appliance for the pantry use, as well as for any one using the building for that matter. The pantry director, Todd Foster, recently attended the annual Eastern Illinois Food Bank Conference in Urbana. One of the points of interest that was discussed was the cross contamination of food by volunteers. This mainly happens, as with any food processing, when a person may handle one type of food, and then another type without proper hand washing.

This especially can happen with raw produce, and packaged meats, which are foods the pantry has on most days. The only hand washing area at the STUOR building is in the bathroom at the other end of the hall from the pantry, which can be an inconvenience. But, not anymore thanks to Butch Thompson from Habitat For Humanity. Butch obtained and had installed a sink right outside the pantry in the main hallway of the building. This makes hand washing for pantry volunteers, and clients, very easy. THANK YOU BUTCH!

## THANKS

A BIG thanks to Cornerstone Christian Academy for their donation of 74 pounds of food during the month of June. The children attending on Friday June 29<sup>th</sup> delivered their second collection of food in little red wagons, walking from the Academy to the pantry. There was such excitement as they toured the pantry. The walk in freezer was probably the highlight of their experience. It is amazing how many small children will actually fit in a freezer!

The band Motherload made another generous donation from one of their concerts. What a blessing they have become for the pantry. Thank you ladies for sharing.

Also, the pantry is always grateful to the churches in the community that support the pantry with the donations from there members. Thank you!

## JUNE 2018 NUMBERS

Families – 477

Individuals – 1,662

Meals – 14,958

Children Under 18 yr. - 598

## FAST FACTS

It is summer and it is hot! Here are some tips to help you stay safe in the heat:

- Drink lots of water when working or playing outside. Eating fruit helps get more fluid in your body also.
- Wear sunscreen, and be sure to apply it by the directions on the product.
- Wear light colored clothes that are also light weight, wear a hat if in the sun, and sunglasses to protect your eyes.
- Get in a cool place if you start to feel overly thirsty, dizzy, get a head ache or feel very hot, but you are not sweating

*Have a blessed and safe summer!*





