

Menus

School: Cypress School District #64

Meal: All

Month: November 2021

Academic Year: 2021-22

November				
M	Tu	W	Th	F
1 Breakfast: Breakfast Pizza Cereal & Toast Fruit & Juice Milk Lunch: Toasted Ravioli w/Sauce String Cheese Fresh Veggies Peaches Milk	2 Breakfast: Yogurt or Cereal Muffin Fruit & Juice Milk Lunch: Nachos w/Cheese Lettuce/Tomato Refried Beans Pears Milk	3 Breakfast: Mini Pancakes & Syrup Cereal & Toast Fruit & Juice Milk Lunch: Country Fried Steak Roll Mashed Potatoes & Gravy Grapes Milk	4 Breakfast: Cereal Toast Fruit & Juice Milk Lunch: Bosco Sticks w/Sauce Sliced Carrots Mandarin Oranges Milk Chef Salad Option 4-8gr	5 Breakfast: Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk Lunch: Chicken Nuggets & Bread Green Beans Mixed Fruit Milk
8 Breakfast: French Toast Sticks Cereal & Toast Fruit & Juice Milk Lunch: Pulled Pork on a Bun Baked Beans Pears Jello Milk	9 Breakfast: Scrambled Eggs or Cereal Toast Fruit & Juice Milk Lunch: Taco Soup Grilled Cheese Sandwich Mandarin Oranges Milk	10 Breakfast: Oatmeal or Cereal Toast Fruit & Juice Milk Lunch: Chicken Alfredo & Roll Garden Salad Mixed Fruit Milk	11	12 Breakfast: Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk Lunch: Corn Dog Carrots & Dip Apple Milk
15 Breakfast: Powdered Sugar Donuts Cereal & Toast Fruit & Juice Milk Lunch: Chicken Alphabet Soup Cheese & Crackers Sliced Carrots Mandarin Oranges Milk	16 Breakfast: Sausage/Egg Biscuit Cereal & Toast Fruit & Juice Milk Lunch: Soft Taco w/Cheese Lettuce/Tomatoes Kickin' Pinto Beans Peaches Milk	17 Breakfast: Yogurt or Cereal Muffin Fruit & Juice Milk Lunch: Spaghetti & Bread Garden Salad Pears Pudding Milk	18 Breakfast: Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk Lunch: Chili w/Beans PNB Sandwich Cheese & Crackers Mixed Fruit Milk	19
22 Breakfast: Cereal Toast Fruit & Juice Milk Lunch: Turkey, Dressing & Roll Mashed Potatoes & Gravy Sweet Potatoes Green Beans Pumpkin Pie Milk	23 Breakfast: Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk Lunch: Ham & Cheese Sandwich Fresh Veggies Fresh Fruit Milk	24	25	26
29 Breakfast: Breakfast Pizza Cereal & Toast Fruit & Juice Milk Lunch: Chicken Tenders & Bread Oven Fries Peaches Fruit Roll Up Milk	30 Breakfast: Oatmeal or Cereal Toast Fruit & Juice Milk Lunch: Cheese Quesadilla Sour Cream/Salsa Black Beans & Corn Pears Milk	1 Breakfast: Scrambled Eggs or Cereal Toast Fruit & Juice Milk Lunch: Macaroni & Cheese Roll Green Beans Mixed Fruit Milk	2 Breakfast: Cereal Toast Fruit & Juice Milk Lunch: Grilled Cheese Sandwich Cup of Soup Sliced Carrots Mandarin Oranges Milk Chef Salad Option 4-8gr	3 Breakfast: Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk Lunch: Pizza Garden Salad Applesauce Milk