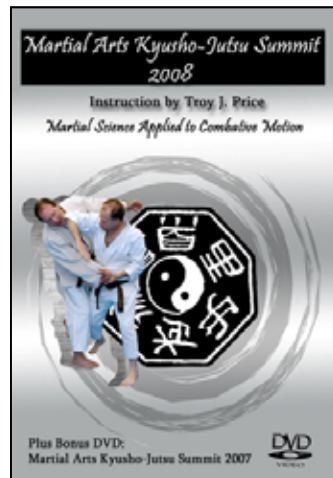
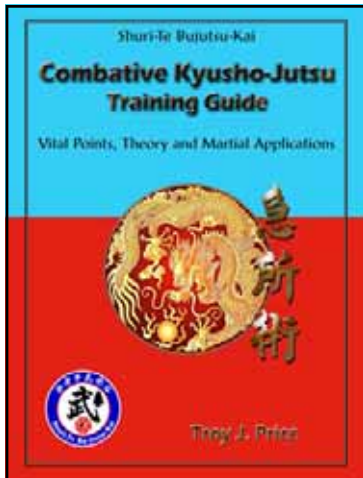


# Kyusho-Jutsu Combo Set - DVDs & Training Manual

## Martial Arts Kyusho-Jutsu Summit 2008 & 2007 DVDs & Combative Kyusho-Jutsu Training Guide - Vital Points, Theory & Martial Applications



**Special Combo Price: \$69.00**  
(regular price \$80.00 you save \$11.00)

### DVDs:

**Two DVD Disc set; 210-Minutes Total**  
Instruction by Troy J. Price

### Disc-One, (120-Minutes) 2008 Martial Arts Kyusho-Jutsu Summit:

Coiling drills to develop explosive whipping power; entering methods into attacking vital points; analyzes of vital points on the center line and attacking the vital points on the center line. **Disc-Two, Bonus DVD (90-Minutes) 2007 Martial Arts Kyusho-Jutsu Summit**

### Manual Printed Manual Spiral-Bound - 216 Pages

- Principles & Theory of Yin & Yang and Aspects of the Human Body and of Traditional Martial Art Systems
- 9-Moving Forces (Undo Chikara) of External Martial Training
- Internal Striking Power & Formula for Fa-Jin Internal Energy Manifested Externally
- The Six Unifications/Coordination's of Internal Martial Arts
- Proper Posture and Overcoming & Resisting Force
- Five Elements/Phases Theory & Cycles and Interaction of the Five Elements/ Phases
- The Meridians (Jing-Luo) Twelve Main/Regular Meridians and Extraordinary Channels/Vessels
- Qi/Chi Circulation In The Twelve Main Meridians and Command Points of the Twelve Main Meridians
- 108 Vital Points of the Conception & Governing Vessels, Lung, Large, Spleen, Stomach, Heart, Small Intestine, Kidney, Bladder, Pericardium, Triple Heater, Liver, Gall Bladder Channel Points
- Alarm Points of the 12-Organs & Angle/Direction of Attack and Hand Formations Used in Organ Striking
- Major Set-Up Points
- Release Points for Musculo-Skeletal/Joint, Body Fluids & Fighting Spirit and How to Activate Release Points
- Sealing the Blood/Qi and Major Arteries & Veins of the Body and Potential Targets
- Diurnal Cycle of the Twelve Meridians
- Thirty-Six Forbidden Vital Points Listed in the Bubushi
- Seven Pairs of Corresponding Qi/Chi Gates
- Commonly Used Kyusho-Jitsu Vital Striking Points and Six Meridians of the Arms
- Some Characteristics/Principles Used When Applying Martial Art Techniques
- Strategy of Goshin-Jutsu-Waza (Self-Defense Techniques)
- Simple Knock-Out Techniques , Releases (Hazushi) Into Vital Point Striking, Choking/Sealing the Blood Techniques
- Entering & Blocking with Vital Point Striking Methods, Striking Drills to Develop Fluid & Continuous Motion
- Yin & Yang Continuous Multiple Point Striking Techniques, Palm-Elbow-Fist-Knee-Elbow-Palm Striking Combination
- Stop-Shock-Strike-Takedown, Enter-Strike-Takedown and Enter-Strike into Neck Locks
- Kansetsu-Waza - Joint Bending & Locking Techniques, Arm Bars and Wrist Locks
- Chin-Na/Te-Waza Joint Locking Techniques and Leg Trapping Chin-Na Takedown with Ankle Locks
- Principles of Motion within Takedowns/Throwing Techniques Parts of the Wave
- Takedown Techniques (Otoshi-Waza), Kicking Defenses Using Low-Line Kicks & Leg Destructions and Handgun Defense
- Eight Palms Sequence Training For Internal Striking Power and Ten Knee Sticks (Hiza-Geri)
- Attacking Mu/Alarm & Shu/Associated Points and Combative Applications Using Vital Points
- Combative Chin-Na Applications Using Vital Points and Arm Bar Takedowns with Vital Points
- Leg/Ankle Destructions with Vital Points and Leg/Ankle Trapping Takedown with Vital Points
- Shoulder Joint Locking with Vital Points and Neck/Cervical Spine Locking with Vital Points
- 36 Elbows Flow Series: Combative Elbow Applications with Vital Points, Joint Locks Using Elbows with Vital Points and Cervical Spine Locks & Takedowns Using Elbows with Vital Points
- 36 Joint Bending/Locking Flow Series
- Leg Flow Series Techniques 1-48
- Five Elements Striking Theory using Shuri-Ryu Karate Ippon-Kumite-Kata #6
- What is Qigong & how does it relate to my Martial Art?
- Chinese Herbal Formulas for Martial Artist
- Shurite Bujutsu-Kai Kyusho-Jutsu Program Phase-One Study Guide