



# Awakened Transitive Yoga Class Schedule

\$ 15 drop in      \$ 10 drop in\*  
 \$ 50 5-Pass      \$ 100 10-Pass  
 \$ 90 1-month unlimited  
 \$ 70 1-month unlimited\*  
 \*for people who have been  
 relocated from the Paradise area

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.30 - 10.30			Hatha Flow <i>Kristy Nall</i>				
11.00-12.15	Gentle Yoga <i>Shanda</i>		Gentle Yoga <i>Shanda</i>				
11.30-12.45					Gentle Yoga <i>Shanda</i>		
4:30 - 5:45	Vinyasa Flow Level 1-2 <i>Sabrina</i>		Vinyasa Flow Level 1-2 <i>Sabrina</i>				
6.00 - 7.00		Gentle Beginners <i>Ellen</i>	Power Yoga <i>Julia</i>	Gentle Beginners <i>Ellen</i>			Restorative Yoga with props <i>Skyler</i>

you will find the schedule on our website  
[awakenedyogainchico.com](http://awakenedyogainchico.com)

Please contact for any question & further information:  
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