



Barren River Initiative to Get Healthy Together

Minutes for Meeting 38 August 23rd ♦ 11:30am - 1:00pm

Members Present

Alan Alexander	The Medical Center
Ashli Alford	BRDHD
Joe Dan Beavers	Lifeskills, Inc.
Leyda Becker	City of Bowling Green
Jim Berry	Medical Center EMS
Alexis Bigham	BRDHD
Cara Castleberry	BRDHD
Steve Caven	Hart County Schools
Dennis Chaney	BRDHD
Elisha Delawson	BRDHD
Monica Edwards	Warren Co. Public Library
Jill Ford	Monroe County Health Dept.
Lisa Goldy	Warren County Schools
Joy Graham	Lifeskills Regional Prevention Center
Michael Gregory	Humana CareSource
Leeann Hennion	Hart County Health Dept.
Lisa Houchin	BRDHD
Amanda Howard	The Medical Center Scottsville
Kristi Irvin	Metcalfe County Health Dept.
Chris Keyser	Fairview Community Health Center
Karissa Lemon	BG/WC Metropolitan Planning Organization
John Lillybridge	Fairview Community Health Center
Jason Marshall	Amoeba Leader, LLC
Lana McChesney	BRDHD
Amy Meador	BRDHD
Jeff Moore	KY Transportation Cabinet, District 3
Rita Powell	Barren Co. Schools
Sharli Rogers	WellCare
Annette Runyon	Medican Center Franklin
Srihari Seshadri	BRDHD
Katie Shepard	TJ Sampson
Helen Siewers	Friends of Mammoth Cave
Diane Sprowl	BRDHD

Tiffany Smith	The Medical Center Caverna
Betsy Tracy	Barren County Cooperative Extension Service
Cecelia Watkins	WKU
Elizabeth Westbrook	KY Cancer Program
Grecia Wilson	Warren County Schools
Jacque Woodward	The Medical Center Scottsville
Nicole Young	Center for Behavioral Health
Brittany Young	Passport Health Plan

Staff Facilitators

Ashli Alford
Haley Siler
Srihari Seshadri

Welcome – Jason Marshall

Jason Marshall opened the meeting by welcoming members and introducing newcomers to the group.

Report from BRIGHT Board of Directors

During the Board of Directors meeting, BRIGHT board directors spoke about our progress as a coalition, and noted that we are one step closer to 5013c nonprofit status. By laws were approved last meeting. Another topic of conversation during the Board of Directors meeting was the BRIGHT website and how we can go about finding cost effective ways to approach leveraging the website/adding new content in the future.

Stakeholder Workgroups

Members sat with their stakeholder groups to continue finalizing action plans to be published in the 2016-2018 Community Health Plan and considered next steps for completing the action plans.

Reporting Out

Community Food Access Stakeholders: Diane Sprowl spoke with us about the outcome of the grant application for community gardens funding. The funds were awarded and 27 people were recruited to workshop and opened up a mini grant application for people who came to the workshop. They got 11 applications during the workshop. After reaching out to the state and reorganizing the budget, this effort covered 11 projects in 5 counties, \$200-\$1500 range in prize money. There has been lots of media coverage surrounding this project. Hope harbor got a 1500 prize and developed a community garden, along with many others. We would like to expand and reach out to other counties in the future when funding opportunities come.

Community Physical Activity Stakeholders: Karissa Lemon told us that the West end walk and ride and greenways commission will be applying for a grant through state funds to create a greenway in the west end, from veterans' memorial to Gordon Avenue to provide sufficient transportation for people in that area. Cave county trails- online survey through BRADD soon as well as a PSA to promote safety for cyclists and pedestrians (two videos to be aired on TV and radio announcements).

Education Stakeholders: Lisa Houchin spoke about the recent book drive at BRDHD-. 150-175 books were donated, making the drive a great success. With funds collected by fundraising, Cumberland trace elementary school paid some salaries, and got to add a new educational area to their school. We had a goal of 20,000 and we are at about 87 percent of the goal as of now. Staff and students did a fun run for the fundraiser. If goal is met, this is the only fall fundraiser.

Worksite Stakeholders: Elisha Delawson shared with the group that the 2nd annual worksite wellness summit was held and led to preparation for the 3rd annual summit. In the meantime, the Worksite Stakeholders will be working on a healthiest workplace competition.

Healthcare Stakeholders: Dennis Chaney shared with the group that a recalculation of the HIPSA scores for 10 counties has been requested. Documentation for recalculations was provided and folks volunteered to collect data locally. Information has been assimilated and sent to the office; hopefully by November 1 we will have new, accurate calculations.

Puzzle Activity

Each workgroup had their own puzzle to assemble. Healthcare was finished first, then worksite, community, and education. What went into this activity? Answers included trial and error, determination, teamwork, strategy, patience. The education group mentioned that they didn't take the activity seriously, but they still completed the puzzle. The community group said they were thinking the puzzle was larger than it was in reality. Some groups utilized the picture on the box, others didn't. The groups that used the picture say it made it easier than blindly putting together by guessing. What all this means is If we all work towards a common vision, no matter how we all individually work, we will be a more productive coalition. The puzzle pieces are the plans that make up the vision. Every piece is just as important as the other, just like every BRIGHT member is important to the success of the coalition.

Haley presents an action plan worksheet for each workgroup to fill out. This should help us figure out where we are in our action plans and determine what steps we need to take next. The groups are given time to discuss action plans and fill out the worksheet. After worksheets were complete, each group added what they planned to have accomplished by the next meeting at the bottom of the page.

NEXT MEETING: 11:30-1, November 1st, 2016 at the BRADD office

Lunch Sponsored by: The Barren River District Health Department