

Ultrasound Cavitation

This treatment will cause the fat to dissolve slowly and progressively, starting with the first treatment. The fat will then be discarded through the lymph system, urine, and sweat, eliminating toxins too. With each session more fat will be dissolved, resulting in getting closer to your best possible results. You must have at least 3 inches worth of fat in the area to utilize this procedure.

Radiofrequency

This treatment transmits radiofrequency to treated areas, providing non-invasive body contouring. The body contouring applications of this treatment is based on the stimulating power of thermal heat energy. This procedure promotes the growth of new collagen and causes the skin to contract—smoothing, tightening, and firming the surface of the skin. Used in combination with our other treatments, upon the practitioner's suggestion, RF treatments can also help to reduce the size of stubborn fat pockets. With each session you will get closer to your best possible shape and/or skin results.

Synergic Suction

This treatment uses a mechanical technique that is performed by a compressor that sucks the skin, affecting it and the tissues that lie immediately below it. Synergic Suction works by performing massage from the inside out. This procedure promotes lymphatic drainage, reduces cellulite appearance, helps mold and shape the body, increases the production of collagen and elastin, improving skin elasticity, tone, and texture, and exfoliates, unclogging the sebaceous follicles. With each session you will get closer to your best possible shape and skin results.

CryoLipo

This treatment will give you similar result to lipo without the pain or scarring! Similar to CoolSculpting™, CryoLipo freezes your fat cells allowing for targeted reduction of fat pockets. With each session more fat will be frozen, resulting in getting closer to your best possible results.

Prior to procedure:

- We recommend you eat healthy (fruits, veggies, protein, low carb, low fat) prior to your appointment.
- We also highly recommend you partake in at least 15-20 minutes of cardiovascular activity such as a brisk walk, jumping jacks, swimming, etc. prior to your appointment

- Try to avoid blood thinners such as alcohol, vitamin E, fish oil, caffeine, aspirin, etc.
- Drink at least 1 liter of water, but more is better if possible.
- Please arrive about fifteen minutes before appointment time, as you will be asked to drink at least one bottle of water before the procedure, which will be provided to you when you arrive.

Post procedure:

- More water! Try to drink about 2 more liters of water.
- Get your heartrate up to keep circulation going! Partake in at least 15-20 minutes of cardiovascular activity such as jogging in place, jump rope, following a YouTube workout video, etc. before going to bed the night of your appointment.
- For the absolute best results continue to eat healthy, exercise regularly, and drink plenty of water every day.

This procedure is not recommended for those with the following conditions and a waiver must be signed upon appointment time:

Lupus (or other auto-immune disorders), pregnant or breast, currently menstruating, hepatitis (or any liver conditions), has a pacemaker, HIV positive, is using Coumadin (or any other anti-clotting agents), psoriasis, vitiligo, light sensitive epilepsy, bleeding abnormalities, pulmonary embolisms/blood clots, is on blood thinning medication, diabetes, or has undergone treatment with tetracycline within the last 30 days.

This procedure may be done on the individual affected by these conditions, but the affected area must be avoided:

Treatment with Accutane within 1 year, keloids or thick scarring, cystic acne, any skin injuries, has had any chemical peels or microdermabrasions, laser resurfacing or face lift, polycystic ovarian syndrome, collagen injections or fillers, varicose veins, herpes simplex/cold sores/fever blisters, waxing/plucking/threading/electrolysis within 4 weeks, tattoos or permanent makeup, or any implants.