

Empowerment 5K

Place	Name	Age	Gender	Chip	Time	Age Group	Overall	Masters	Grand Masters
1	Orinthal Striggles	40	M		00:18:22.945	10	10	10	
2	Shawanna White	36	F		00:18:23.954	10	10		
3	Robert Carter	18	M		00:19:15.662	10	9		
4	Jonathan Calore	39	M		00:19:43.733	10	8		
5	Jacob Hewitt	14	M		00:20:14.142	10	7		
6	Louis Hunter	17	M		00:20:19.083	7	6		
7	Tristen Mullen	15	M		00:21:22.681	5	5		
8	Anthony Archer	33	M		00:21:44.486	10	4		
9	James Sweeney	24	M		00:21:55.057	10	3		
10	Matthew Cregger	31	M		00:23:57.783	7	2		
11	Mark Ellis	30	M		00:23:57.953	5	1		
12	Jon Robb	46	M		00:24:08.815	10		9	
13	Danny Vowles	9	M		00:24:20.929	10			
14	Joyce Welch	46	F		00:24:22.825	10	9	10	
15	Jordan Young	17	M		00:24:24.256	3			
16	Janeen Wood	40	F		00:24:29.136	10	8	9	
17	Steven Wood	47	M		00:24:35.885	7		8	
18	William Reid	17	M		00:24:56.881	1			
19	Sarah Johnston	25	F		00:25:27.932	10	7		
20	Scott Compton	47	M		00:25:30.010	5		7	
21	John Gasque	56	M		00:25:48.042	10		6	10
22	Holly Frederick	40	F		00:26:04.952	7	6	8	
23	SHENEQUA COLES	44	F		00:26:08.442	5	5	7	
24	Travis Cooper	27	M		00:26:18.738	10			
25	Pete Muehl	48	M		00:26:22.831	3		5	
26	Davey Davenport	26	M		00:26:25.111	7			
27	Lance Jensen	10	M		00:26:30.772	7			
28	Kristen Werdunn	26	F		00:26:32.355	7	4		
29	Danny Fregosi	29	M		00:26:33.142	5			
30	Seigo Maeda	9	M		00:26:35.818	5			
31	Frank Holley	38	M		00:26:42.383	7			

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Place	Name	Age	Gender	Chip	Time	Age Group	Overall	Masters	Grand Masters
32	Selah Davenport	28	F		00:26:55.146	5	3		
33	Alex Ponomarev	66	M		00:27:06.939	10		4	9
34	Holly Beckham	36	F		00:27:18.230	7	2		
35	Ryan Carlson	34	M		00:27:22.007	3			
36	Craig Young	49	M		00:27:25.184	1		3	
37	Jake odom	12	M		00:27:46.269	7			
38	Sue Porter	60	F		00:27:48.349	10	1	6	10
39	Sakyo Maeda	10	M		00:28:11.629	3			
40	Kara Stevens	28	F		00:28:11.672	3			
41	Debra Werdann	57	F		00:28:20.178	10		5	9
42	Jack MacIlwinen	9	M		00:28:23.048	1			
43	Scott Farmer	39	M		00:28:42.355	5			
44	Ronda Sanders	35	F		00:28:55.050	5			
45	Cody Harris	42	M		00:29:03.897	7		2	
46	Lydia Johnson	15	F		00:29:04.927	10			
47	Kenneth Walker	52	M		00:29:09.210	10		1	8
48	Jennifer Walker	51	F		00:29:09.808	10		4	8
49	Lance Cooper	40	M		00:29:32.179	5			
50	Micah Hunter	14	M		00:29:51.190	5			
51	David Morris	56	M		00:30:14.307	7			7
52	sandy crowell	40	F		00:30:23.352	3		3	
53	Rocky Soderberg	73	M		00:30:29.685	10			6
54	Ashleigh Near	34	F		00:30:32.485	10			
55	Herb Wilson	33	M		00:30:46.131	1			
56	Nicole Bell	34	F		00:30:47.617	7			
57	Pete Poore	63	m		00:30:49.310	10			5
58	Scott De Groot	30	M		00:31:02.629				
59	Susan Brantley	42	F		00:31:09.194	1		2	
60	Amanda Sadler	33	F		00:31:14.147	5			
61	Lee MacIlwinen	57	M		00:31:18.101	5			4

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62	Cheryl Outlaw	60	F		00:31:33.792	7		1	7
63	Stephanie De Groot	30	F		00:31:34.287	3			
64	Glenn Adams	52	M		00:31:41.780	7			3
65	Nicole Perricelli	38	F		00:31:53.894	3			
66	Marlo Meredith	42	F		00:32:24.752				
67	Barry Russell	33	M		00:32:30.699				
68	Elliot Ortinski	7	M		00:32:31.938				
69	Leanne Northcutt	31	F		00:32:32.332	1			
70	Laura Pate	24	F		00:33:04.043	10			
71	Martha Eline	60	F		00:33:10.159	5			6
72	Fred Eline	58	M		00:33:12.709	3			2
73	Anna Fregosi	29	F		00:33:57.155	1			
74	Peggy Benefield	52	F		00:33:57.386	7			5
75	Abram Dorsey	38	M		00:34:11.176	3			
76	Cooper Norris	11	M		00:34:16.142	3			
77	Emerson Compton	11	F		00:34:28.082	10			
78	Meredith Norris	45	F		00:34:28.246	7			
79	Heather Magann	40	F		00:35:30.597				
80	Carolyn Davis	49	F		00:35:37.105	5			
81	Rico Harrison	35	M		00:35:39.998	1			
82	Lee Porter	62	M		00:35:40.626	7			1
83	Dianne Odom	47	F		00:36:08.387	3			
84	Gabe Lowe	29	M		00:36:34.432	3			
85	Casey Lowe	31	F		00:36:35.042				
86	Suzanne Kinard	51	F		00:37:12.001	5			4
87	Trinity Ford	41	M		00:37:12.430	3			
88	Wyatt Ford	8	M		00:37:12.505				
89	Amber Compton	43	F		00:37:54.501				
90	Sheryl Bingham	70	F		00:38:12.467	10			3
91	Barbara Rice	63	F		00:39:10.020	3			2

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92	Paul Bates	60	M		00:39:19.355	5			
93	Connie Jackson	46	F		00:39:26.642	1			
94	Kimberly Scott	41	F		00:39:51.267				
95	Jonathan Faust	30	M		00:39:53.061				
96	Courtney Baber	31	F		00:40:20.975				
97	Cheryl Matheny	56	F		00:41:10.421	7			1
98	David Riester	73	M		00:41:26.610	7			
99	Arquette Goidosik	14	F		00:41:44.683	7			
100	Ashlynn Donelson	16	F		00:41:44.770	7			
101	Annie Blevins	15	F		00:41:45.264	5			
102	Katie Hamilton	26	F		00:41:45.362				
103	Elisheva Hinkle	15	F		00:41:46.308	3			
104	Esther Collins	57	F		00:42:10.468	5			
105	Desiree Allen	55	F		00:43:24.765	3			
106	Dina Mauldin	44	F		00:45:01.260				
107	linda riester	67	F		00:45:03.080	10			
108	Joshua Dean	11	M		00:45:42.823	1			
109	K'Nasia Jones	18	F		00:45:44.917	1			
110	Sarah Coe	19	F		00:45:45.519				
111	Jocelyn Pettigrew	39	F		00:46:01.432	1			
112	michael tran	39	M		00:46:01.569				
113	Amber Conger	36	F		00:46:03.127				
114	Crystal Johnson	32	F		00:46:03.732				
115	Brooke Guard	15	F		00:46:16.661				
116	JoNell Peebles	52	F		00:46:19.036	3			
117	JANIE GUARD	61	F		00:46:19.314	1			
118	Robyn Crough	32	F		00:47:17.094				
119	Marge Dorey	53	F		00:47:18.329	1			
120	sydney meredith	7	F		00:48:43.891	10			
121	Betty ann Craft	63	F		00:49:16.491				

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Place	Name	Age	Gender	Chip	Time	Age Group	Overall	Masters	Grand Masters
122	Sara Green	38	F		00:49:39.560				
123	Hunter Meredith	14	M		00:50:03.078				
124	Joanna Derrick	39	F		00:50:24.816				
125	Lori Mack	40	F		00:50:24.932				
126	Tommy Meredith	51	M		00:50:29.686	5			
127	Jasmine Jones	9	F		00:50:47.313	7			
128	Iman Watson	10	F		00:50:48.749	5			
129	Lisa Brooks	48	F		00:51:19.855				
130	Tena Gentry	55	F		00:51:20.379	1			
131	Cecelia Baskett	40	F		00:51:49.230				
132	Rhonda Mellon	45	F		00:52:06.853				
133	Melissa Adams	41	F		00:54:03.597				
134	Lillian Adams	17	F		00:54:04.715				
135	Stacy Jackson	57	M		00:55:04.072	1			
136	MICHELLE JACKSON	48	F		00:55:06.040				
137	Lee/Erin Bolton/McChessney	21	F		00:55:50.725	7			
138	Christy Williams	45	F		00:56:06.787				
139	Jennifer Hair	45	F		00:56:06.871				
140	Tyriana Washington	11	F		00:56:34.915	5			
141	Abby Dreher	32	F		00:56:37.256				
142	Ruthanne Robbins	54	F		00:56:47.648				
143	Kinsley Mickle	34	M		00:59:23.980				
144	Ellen Reddick	46	F		00:59:51.787				
145	DAVID GUARD	61	M		01:01:07.827	3			