

January 2020



Heartland
Lake Sharks
Bytes

MESSAGE FROM YOUR EDITOR

Happy New Year, fellow Parrot Heads! Wishing all of you a happy, healthy and successful 2020. Looking forward to seeing all of you and our returning snow bird members at future Phlockings and Migrations. You'll find more great recipes this month. 2019 was another successful year of "Partying with a Purpose." Thank you all for your generosity and let's continue to do more of the same as we enter the roaring 20's. See the last two pages of the newsletter for a recap of last year and our 2020 month by month list of the charities we will be helping and the items needed. If you have any questions, please don't hesitate to contact John at jhoward7411@gmail.com

Cheers Trisha

Trop Rockin' New Year's Eve Update

Great Party! Thanks to everyone who attended. More details to follow in the February newsletter!



JANUARY PHLOCKING

Join your fellow Parrot Heads as we continue to "Party with a Purpose" on Sunday, January 26th from 3 to 6 pm at **Dock 633**. A special event tent will be set up where one of our favorite musical guests Charlie Imes will be trop rockin us all afternoon. There will be a raffle for "The Ultimate Trop Rock Fan Basket" donated by John McDonald, a member's only drawing, a trivia contest, and lots more Phun! We will be collecting donations for Saint Jude's Children's Hospital. We look forward to seeing you there for another Phun Phlocking!

When singer-songwriter Charlie Imes penned the rhyme "I'm leaving behind a trail of sand, bringing my beach all across this land," he didn't just have the basis for the title track of his forthcoming album. He summed up his approach to life.



Imes comes by his coastal vibe honestly. He honed his craft on the beaches of California from an early age, entertaining friends around the fire pit with his guitar, songs and stories. But dreams of a music career got sidetracked by office work, the launch of a legal services firm and a brief stint in San Diego politics.

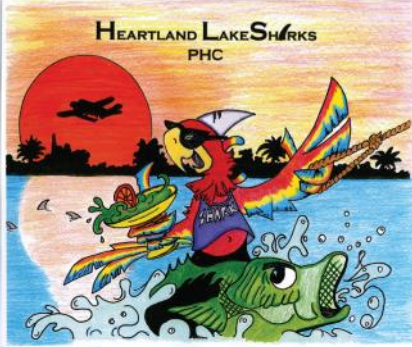
It was surviving stage 3 colon cancer and a serious bout of diverticulitis a little more than 10 years ago that brought Imes back to music. He was in the midst of a painstaking recovery when his doctor advised him to eliminate stress from his life. So he ditched the suit and tie, strapped on his guitar and has never looked back.

This month's background picture is courtesy of Amy Howard.

Fire Dancers Raven and Lauren at the Lakesharks Christmas Phlocking

LakeShark Bytes

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Lake Placid, Florida



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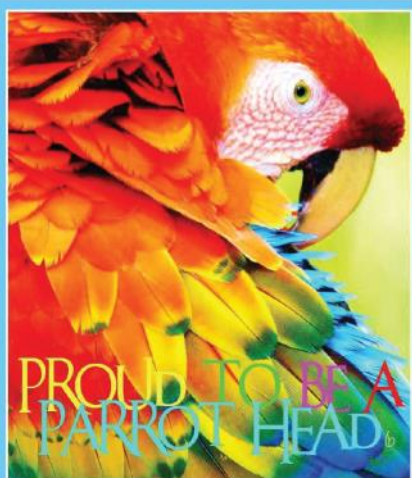
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THANK YOU TO ALL WHO HELPED DECORATE THE CHRISTMAS FLOAT

Our "Jamaica Mistaka" Christmas float could never have turned out so festive without all of you who helped with the decorating. It was a Phun and productive evening. No one went hungry either with Marilyn's delicious Mexican spaghetti (look for the recipe this month) and garlic bread. Amy's meatballs were a huge hit. Jeanne brought a loaded veggie tray, and Trisha, cheese, cheese ball, salami and crackers. Thank you all for everything.



SEBRING AND LAKE PLACID PARADES

Our awesome float was pictured in both the News-Sun and Highlands Sun newspapers. So proud of our Heartland LakeSharks Parrot Head Club! Also thanks to Amy and Linda for supplying the rest of these great pictures.



ALLEN MOODY/STAFF

The Heartland LakeSharks float in the Lake Placid Parade.



PHUN WEBSITE OF THE MONTH

Here is a video of the Lake Placid Parade. Our float shows up at the 2:26 mark.

<https://youtu.be/BzKnnJeAqbM>

IT WAS ONE PHENOMINAL HOLIDAY PHLOCKING

A fabulous time was had by all in the spectacular back yard oasis at Nick and Tonyia's home. Thank you for bringing Key West to Sebring, and for allowing us to celebrate our Holiday Phlocking there with you. Over 50 Parrot Head members enjoyed the paradise setting and listening to John McDonald and his Tropical Christmas Show. Thanks, John! Our club Phunds catered all the pulled pork sandwiches, baked beans, potato salad, coleslaw and banana pudding you could eat. Thank you Greg and Linda for donating 20 pounds of peeled shrimp for the delicious shrimp boil. There were bon fires and Jell-O shots (thanks, Trisha.) Our very own Harley Archer rocked us well into the night. Thanks, Harley! The fire dancers were absolutely amazing. We collected Christmas gifts for our special families, toys for RCMA and food items for the Heartland Food Bank. Yes, we Parrott Heads proved once again, just how much we can "Party with a Purpose." Thanks to one and all.



"Party with a Purpose"

November Toy Drive & December Food Drive

We decided this year we wanted to have a more direct impact on entire families and reached out to the Highlands County School Board Student Services to see if the social workers might have some special families in need. This is also where we donate school supplies. Social workers from Avon Park, Sebring and Lake Placid can all receive help for their students. We received a list of four families which had a total of eight children and five adults. The children ranged in age from 2–12 yrs. Each child had a list of clothing sizes and wishes for Christmas. We sent the list out to members and were initially concerned...what if we didn't have enough people request a child or even a specific item and we come up short? Well the list went out and in three days all the children were sponsored! Each family would also get a Christmas meal. Then we started receiving emails from members (and even non-members) wanting to make cash donations to help out. We now had money for stockings for each child and a special book. We decided to reach out to RCMA (child development center for migrant and low income rural families) and see if they needed some help. They truly did, so we purchased toys for all "88" children ages 5 mos. - 4 yrs. old. Thanks to sales on Cyber Monday we were able to purchase many \$15 toys for only \$5 with these cash donations and even had 25 toys donated for older children that went to siblings of RCMA children.

So how did we do? It was also December, and we had spoken with the food bank which was completely out of peanut butter and jelly. Dare we ask people to bring food if they could? After our phenomenal phlocking in December our cash donations of \$750 paid for the RCMA toys AND we had \$105 left over to buy four more cases of peanut butter & jelly and water, to be added to the 540 lbs., of food we collected at the party. Heartland Food Bank, which serves "36" food banks in Highlands County, received a grand total of 807 lbs. from the Heartland LakeSharks!!

Fins up friends we did outstanding!! Thank you so very much to everyone who stepped up and helped to make this a very Merry Christmas. YOU ROCK!!!

P.S. We received so many favorable comments from all parties that this will continue in 2020.

Barbara & Amy

DELIVERIES FOR SPECIAL FAMILIES



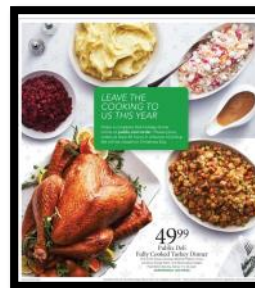
Ready to load up for the trip to Highlands County School Board Student Services.



Highlands County School Board Student Services staff with LakeSharks delivery members



In addition to toys, each child received a book with their Christmas Stocking



Each of our four families also received a Publix gift certificate for a Christmas dinner.

RCMA TOY DELIVERIES



A total of 113 toys were delivered to RCMA



Olga from RCMA along with the LakeSharks delivery crew

BIRD BUSINESS

Want to know what's happening in "your club?" Have suggestions to share? Then come and join us at our next business meeting, 5:30 pm on Tuesday, January 14 at the Mid-Florida Community Center, Stuart Ave., Lake Placid. We always welcome any new ideas to help with our future Parrot Head Club planning. Board members who are unable to attend should contact John at jhoward7411@gmail.com

TRIVIA CONTEST

These questions will be asked at the Phlocking and you'll have the answers ready to win.

Part 1 Q: What was Jimmy Buffet's first record label called?

Part 1 A: Barnaby Records

Part 2 Q: Who was Jimmy Buffet's major partner there?

Part 2 A: Andy Williams

JANUARY PARROT HEAD BIRTHDAYS

Becky	Howard	Jan 9
Kathleen	Fogle	Jan 10
William (Tom)	Shergalis	Jan 11
<i>Ervin</i>	Cliff	Jan 12
Cathy	Coffin	Jan 23
Jeanne	Simpson	Jan 26



BUFFETT SCHEDULE

Want to know where to go to see our favorite entertainer in concert? Just visit Jimmy's official website at :

<https://www.margaritaville.com>

BASKETS AND SPECIALTY ITEMS NEEDED FOR FUTURE RAFFLES, DRAWINGS AND PRIZES

HELP - We have openings in 2020 for baskets, raffles and specialty items to be donated for our member's only drawings. Maybe you received items for the Holiday that aren't quite your style...donate here! The basket raffle proceeds are how we pay for our entertainment. Have something to donate? Please contact Amy at ahoward7411@gmail.com to reserve your month or to donate items! Thanks, everyone.

WE NEED YOU

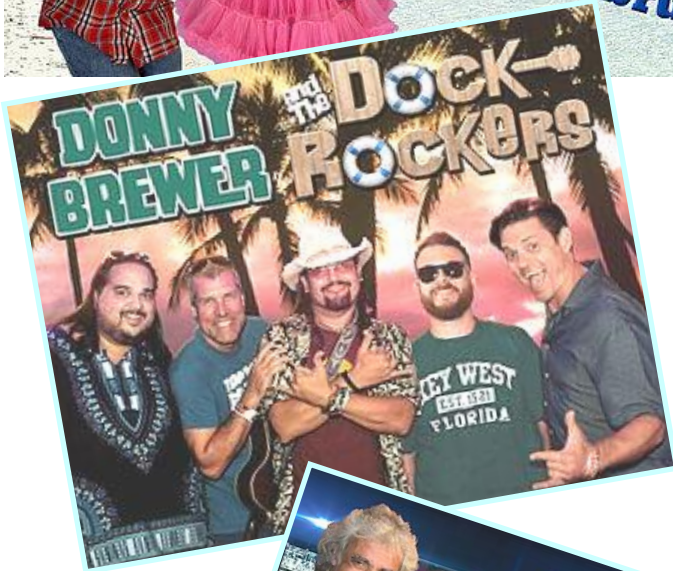
Have a suggestion? It's your club, give us your thoughts in an email or at a Phlocking. Also, we are asking all members to help out by contributing Phlocking or other event pictures; and/or submitting articles for future newsletters and the website. Together, we can only get better! Please email your pictures, articles or any questions and/or suggestions to John at jhoward7411@gmail.com; or at a Phlocking just chase him down.

FIVE O'CLOCK CRUISE III

FEBRUARY 29, 2020

Join your friends on the beautiful Norwegian Cruise Lines Breakaway leaving from Port Canaveral. So far we have twenty-two LakeSharks who have signed up for this exciting cruise. On the last cruise in February, there were 250 Parrot Heads from as far away as Australia. This year the goal is 400!

<https://www.myonlinecruiseagent.com/five-oclock-cruise-3>





MARILYN'S MEXICAN SPAGHETTI

Everyone loves this!

INGREDIENTS:

1 lb. Velveta (Marilyn uses Clancy from Aldi), cut into chunks.
 1 or 2 cans diced tomatoes with green chilies (to taste)
 1 can cream of chicken soup
 1 or 2 cooked and diced chicken breasts (to taste)
 1/2 - 16 oz. box spaghetti

INSTRUCTIONS:

Melt cheese with tomatoes.
 Add soup and chicken.
 Cook spaghetti.
 Combine all ingredients and heat in a slow cooker.
 Serve with hot garlic buttered bread. Yum!



FRUIT DIP

This is so easy; you won't believe how good it is.

INGREDIENTS:

1 - 8 oz. package of cream cheese, softened
 1 - 7 oz. jar marshmallow crème

INSTRUCTIONS:

Using an electric mixer, blend until mixed thoroughly.
 Serve with your choice of fruits for dipping. Enjoy!



SNOW PUNCH

This is one snow we welcome here in Florida!

INGREDIENTS:

1 C. lemon juice
 5 medium ripe bananas
 1 C. Sugar In The Raw
 2 C. half-and-half cream
 1 liter 7up, chilled
 1 C. light rum
 1 pint lemon or pineapple sherbet

INSTRUCTIONS:

In a blender, cover and process the lemon juice, bananas and sugar until smooth. Add cream; blend until smooth. Cover and refrigerate.

Just before serving, pour banana mixture into a punch bowl. Stir in soda and rum. Top with sherbet. Cheers!



2019 DONATIONS

What a phenomenal outcome we have experienced due to your generosity. Here are just a few of your comments during the year.

- **I love food BOGO sales!**
- **Here's \$25, \$100, \$200...use it to make sure they have a Merry Christmas!**
- **I had so much fun shopping for these little ones.**
- **The Veteran's and pet drives are my favorites!**

~Amy & Barbara



Jan	Peace River Women's Shelter	Collected \$950 worth of clothing, toiletries and toys
Feb	Veterans Services Admin Food Drive	Collected 500 pounds of non-perishables
Mar	Easter Baskets for Kids	Collected items and made 30 Easter baskets for Children in Foster Care and RCMA
Apr	RCMA	Collected \$1,200 worth of items
May	Toiletries for Vet's Ditty Bags	Collected \$1,000 worth of items for the Veterans
June	Heartland School Board Student Services	Collected \$1,100- worth of school supplies
July	Heartland Food Bank	Collected 357 pounds of food
Aug	Manna Ministries	Collected 297 pounds of food
Sep	Barktoberfest LP	Collected \$1,300 of pet supplies and cash
Oct	Toiletries for Vet's Ditty Bags	Collected 265# of items for Vets ditty bags
Nov	Special Families	Sponsored Christmas for four families including gifts and Christmas dinners. Collected 113 toys for RCMA.
Dec	Heartland Food Bank	Collected 807 pounds of food for the Heartland Food Bank

2020 Party with a Purpose First Half Donations

Su	Mo	Tu	We	Th	Fr	Sa	JAN "St. Jude Children's Research Hospital" Need: \$\$ donations/commitments.
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

Su	Mo	Tu	We	Th	Fr	Sa	FEB "Veterans Services Admin Food Drive" Need: Non perishable food items.
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	

Su	Mo	Tu	We	Th	Fr	Sa	MAR "Easter Baskets for kids" Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

Su	Mo	Tu	We	Th	Fr	Sa	APR "R.C.M.A." Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

Su	Mo	Tu	We	Th	Fr	Sa	MAY "Toiletries for Vet's Ditty Bags" Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder, small packages of treats, Kleenex, pens/notepads.
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

Su	Mo	Tu	We	Th	Fr	Sa	JUN "Peace River Women's Shelter" Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books.
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

Note: = Phlocking Date