

Booting Up Phase 1

DNA is a code that contains the instructions for creating a human body. Its instructions must be carried out at specific times in specific sequences. Think of this process as being like “booting up” your computer or smartphone. When that code is initiated specific functions come online in a specific sequence. The following exercise will give you an idea of when specific functions of your body came online. Adding specific dates will make it even more interesting and you may want to match up events taking place in your biological mother’s life during those times. Week numbers are the number of weeks after the “Beginning Date.”

Week #	Date	Event
Beginning		Date of birth minus 9 months.
05		Faint heartbeat.
06		Facial features begin to form.
07		First neurons created and synapses formed.
08		Arms, legs, fingers, nose and upper lip begin to form.
09		Eyes lids and toes begin to form.
10		Kidneys, intestines, brain, and liver begin functioning.
11		External genitalia begin forming.
15		Eyes developed and can see light that filters in from outside womb.
16		Gender is now detectable.
18		Ears can hear mother’s heartbeat and sounds from outside her body.
21		Sucking thumb.
25		May be able to respond to familiar sounds, such as mother’s voice with movement.
28		Billions of neurons developing in brain.
40		Full-term and ready for life outside the womb.

At 40 weeks the new body is ready for life outside the womb, but it cannot survive or properly mature without the help of other humans. This is why humans are “social creatures.” Other female mammals give birth and within a few hours or days the new creature can move around, follow the female, and begin eating foods provided by nature in many cases. Their brains are hardwired to do those things by instinct. If a human baby is born and let by itself the chances of its survival are “0.” It will absolutely die. The human brain comes with what we will call “apps,” like those on your phone. They must be activated for the brain to be able to fulfill the functions required to survive and thrive – *and that requires someone else.*