

	Monday	Tuesday	Wednesday	Thursday
<b>BREAKFAST</b> -Fruit/Vegetable/Juice (1/2 cup) -Bread/Cereal (1/2 slice or ¼ cup) -Milk (¾ cup)	Pumpkin O's Cereal Oranges 1% Milk	Apricot Raisin Cinnamon Oatmeal Bananas 1% Milk	Spider Eggs Apples 1% Milk	Pumpkin Bread Melon 1% Milk
<b>LUNCH</b> -Protein Food (1&1/2 oz) -Dairy Food -Vegetable & Fruit (1/2 cup total) -Bread or Alternative (½ slice) -Milk (¾ cup) -Other Foods	Smiley Face Pizza Kits Caesar Salad Watermelon 1% Milk	Turkey Noodle Soup Rustic w/w Bread Peas & Carrots Watermelon 1% Milk	Sunflower Butter/Banana & Jelly Rounds Green Salad Apple Fries 1% Milk	Tortellini Soup w/w Bread Snap Peas & Carrots Oranges/grapes 1% Milk
<b>PM SNACK</b> Choose 2 of 4 -Fruit Juice/Vegetable (1/2 cup) -Bread/Cereal (1/2 slice or ¼ cup) -Protein Food (1/2 oz) -Milk (1/2 cup)	Crunchy Banana Ritz crackers Dippers Water	Apple Car Kits Gold fish crackers Water	Spider Eggs Apples Water	Pumpkin Bread Bananas Water

Parent Input: