

# JAMMIN' DANCE & FITNESS CENTER SCHEDULE 2020

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FIND US ON FACEBOOK - JAMMIN' DANCE AND FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00 am <b>ZUMBA</b> All Levels - Class Includes Toning By Kay Class held at Town Hall	<b>NEW!!</b> 9:00-10:00 am <b>BUTI Yoga Class</b> All Levels By Angela Garcia	9:00-10:00 am <b>ZUMBA</b> All Levels - Class Includes Toning By Kay Class held at Town Hall		9:00-10:00 am <b>ZUMBA</b> All Levels - Class Includes Toning By Kay Class held at Town Hall	8:30-9:30 <b>ZUMBA</b> Class Includes Toning By Kay
	10:30 - 11:30 pm <b>"All Inclusive"</b> <b>ZUMBA</b> By Kay		9:30 - 10:30 pm <b>"All Inclusive"</b> <b>ZUMBA</b> By Kay		
12:00 - 2:30 pm <b>Reserved for Private Lessons</b>	11:45 - 12:30 pm <b>"Chair" ZUMBA</b> By Kay Lower Impact	10:30am - 11:30 am <b>Reserved for Private Lessons</b>	10:45 - 11:30 am <b>Chair ZUMBA</b> By Kay Lower Impact	10:30am - 12:30 pm <b>Reserved for Private Lessons</b>	<b>NEW!!</b> 9:30-10:30 am <b>BUTI Yoga Class</b> By Angela Garcia
3:30 - 4:30 pm <b>Beg. Lyrical</b> By Joellene Ages: 8 - up		11:30 am - 12:00 pm <b>Baby/Toddler Ballet</b> By Joellene Ages: 3 - 6	4:30 - 5:30 pm <b>Reserved for Private Lessons</b>	3:30 - 4:30 pm <b>Beg. Hip Hop</b> By Joellene Ages: 6 - 10	<b>Creative FUN Day</b> Art•Craft•Dance•Games By Kay  Class is held once a month, on the 4th Saturday of the month 10:00 am-12:00 pm
4:30 - 5:30 pm <b>Inter/Adv Lyrical</b> By Joellene Ages: Teen 13 - up	2:30 - 5:00 pm <b>Scottish Country</b> By The Corrigans Children's Class	2:30 - 3:30 pm <b>Ballet I</b> By Joellene Ages: 6 - 9	5:00 - 5:30 pm <b>Creative Dance I</b> By Kay Ages: 3 - 6	4:30 - 5:30 pm <b>Inter/Adv Hip Hop</b> By Joellene Ages: Teen 10- up	
	5:00 - 5:30 pm <b>Youth Tap II</b> By Kay Ages: 8 - up	3:30 - 4:30 pm <b>Ballet I/II</b> By Joellene Ages: 8 - up	5:30 - 6:00 pm <b>TBA</b> By Kay	5:30 - 6:30 pm <b>Pumps -Jazz</b> By Joellene Teen - Adults	<b>New Studio Parties</b> Coming soon.....  February Cookie Decorating & Dance March Butterflies & Tierras Reserve your spot before they fill!
6:00 - 6:30 pm <b>"Chair" ZUMBA</b> By Kay	5:30 - 6:00 pm <b>"Family" Zumba</b> By Kay All Ages: 2 - Grandparents!	4:30 - 5:30 pm <b>Ballet and Point</b> By Joellene Ages: Teen - Adult	6:00 - 7:00 pm <b>Youth Belly Dance</b> By Vahana Ages: 7 - 15		
6:30 - 7:30 pm <b>Zumba</b> All Levels Class Includes Toning By Kay	6:00 - 6:30 pm <b>Youth Tap II</b> By Kay Ages: 5 - up	5:30 - 6:30 pm <b>ZUMBA</b> All Levels Class Includes Toning By Kay	7:00 - 8:00 pm <b>Adult Belly Dance</b> By Vahana Ages: Teen - Adults	7:00 - 8:00 pm <b>Swing Dance</b> By the Trainors Singles/Couples Welcome!	
6:30 - 7:30 pm <b>Adult Tap - Beg</b> By Kay Ages: Teen - Adult	<b>Coming soon.....</b> <b>Evening Yoga!!!</b>	6:30 - 7:30 pm <b>Adult Tap II</b> By Kay Ages: Teen - Adult	8:00 - 9:00 pm <b>Belly Dance Troupe</b> "Jewels of the North" By Vahana		