

Hawaii Association for Play Therapy Fall Workshop & Membership Meeting

Friday, November 15 8:30am to 2:00pm

Registration 8:30 am, Workshop 9:00 am – 12:00 pm, Lunch/Meeting 12:00 pm to 1:00 pm, Workshop 1:00 pm – 2:00 pm

\$30 fee for HAPT members, \$45 for non-members -- includes lunch and book

1259 A'ala St, Honolulu, Hawaii

4 APT CEU's included, sponsored by HAPT j

(APT Approved Provider 99-053)



Integrating the Nurtured Heart Approach with Play Therapy: Igniting Greatness and Optimism in Children

Description of Presentation:

The Nurtured Heart Approach is a transformative set of emotional-social strategies to support behavioral change in children. This methodology was developed out of the work of Howard Glasser, family therapist, for children with intense and challenging behaviors and personalities. Howard Glasser mainly worked with children with ADHD and found traditional behavioral approaches were often not successful. The Nurtured Heart Approach helps children channel their intensity in successful ways and has been found to be helpful with all children. The Nurtured Heart Approach is now used world-wide by hundreds of thousands of therapists, parents, educators and child-advocacy agencies with great results. In this training, you will learn the core methodology to use with clients and teach parents in order to enhance the inner wealth of children and awaken them to their own greatness. You can begin using this approach immediately with your clients and a copy of Howard Glasser's best-selling book, "Transforming the Intense Child," will be included in registration.

Presenter:

Gina Eustaquio, LMHC, is a play therapist and our current HAPT President. She is the owner of the Play Therapy and Counseling Center, LLC, in Kailua and is a Certified Nurtured Heart Approach Trainer. Gina has over 25 years of experience working with children and families and has found much success in incorporating the Nurtured Heart Approach when working with parents of children with challenging behaviors in her play therapy practice, as well as in educational settings.

Learning Objectives:

1. The attendees will learn the core methodology of the "three stands" of the Nurtured Heart approach and be able to incorporate it into their play therapy practice.
2. The attendees will learn how to incorporate the Nurtured Heart approach into their treatment plans when working with parents.
3. The attendees will learn how the approach can be successfully applied to intense children who may be diagnosed with ADHD or ODD to channel their intensities and not energize negative behaviors, and why traditional approaches to working with intense children is often not successful.
4. The attendees will be able to learn play therapy interventions that facilitate the Nurtured Heart Approach in working with children and families to build inner wealth and optimism.