

# MCMINN SENIOR ACTIVITY CENTER

## AUGUST 2024

### LIVE ACTIVE | LIVE WELL

205 McMinn Ave | PO Box 1005 | Athens, TN 37303

www.mcminnseniors.com | 423-745-6830

Open 8:30 am-2 pm | Mon-Fri

## August HIGHLIGHTS

Please remember, the calendar is subject to change.



## Happy August Birthday to...

Kathi G, Nellie S, Eva B Grathel B,  
Lara C, Donnie C, David S

Please let us know if we accidentally left you off the list!

## Volunteer Planning Meeting

Thursday, August 8 @ 9am

Do you want to help with events and programs at the Center? Do you have a great idea for an event or program? We have ALOT of great things happening in September and we would love you help Everyone welcome!



## Travel with the Center



## Do you want to travel...see the world?

Learn about two of the exciting trips the Center is planning in 2025!

Everyone is welcome!

## August 15 Trip Preview

Great Trains & Grand Canyonss @ 1pm

Treasures of Ireland @ 2pm

## End of Year Update

We know it's not January : ) Our "fiscal year" begins on July 1 so that is when all the juicy numbers get calculated and we have had a great year! Membership is up by 299%, Participation is up by 84% and volunteerism is up by 56% with our volunteers generating a total of \$122,607 in volunteer hours!

## We can't wait for September!

September is not only National Senior Center Month but our 50th Anniversary! Join us all month long as we celebrate this milestone with events that everyone will enjoy! Save the Date: Sept 9 at 9 am for the Legislative Breakfast...come and meet your elected officials!

## Garden Club



Wednesday, August 7 @ 11am

Open to everyone!

## Town Hall Meeting

Tuesday, August 20 @ 9:30am

Help the Center plan for the future!

## Cardmaking Class

August 21 @ 9am | August 26 @ 6:30pm

Sign up today. Space is limited.

## Book Club

The Alice Network | Kate Quinn

Thursday, August 15 @ 12pm

## Trip Preview & Info Mtg. Grand Canyon & Ireland

Learn about two of the exciting trips the Center is planning in 2025! Great Trains & Grand Canyonss @ 1pm Treasures of Ireland @ 2pm Everyone is welcome!

## Rug Hooking Class

Monday, August 12 @ 9am & 1pm

Sign up today. Space is limited. ★

## Jewelry Class

Wednesday, August 28 at 9am

Sign up today. Space is limited.

## Board Meeting

Thursday August 22 @ 12pm



Thank you to our mission sponsors:



Home Instead.

To us, it's personal

Keylon  
eyecare

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church	9am - Billiards 9am - Snooker 10am - Bingo 11:30am - Lunch 12pm - Chess Club 1:30pm - *Horseshoes	9am - Blood Pressure 10am - Choir 10:30am - Bingo 11:30am - Lunch 12pm - Chess Club 2pm - Card Club	9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11am - Garden Club 11:30am - Lunch	9am - Billiards 9am - Snooker 10am - Bingo 11:30am - Lunch 2pm - Card Club	<b>FREE Video Chair Yoga</b> 8:30am - Friday Flick 9am - Billiards 9am - Snooker 11:30am - Lunch	<b>Call 423-745-6830 today!</b> Did you know you can rent the Center?
4	5	6	7	8	9	10
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11	12	13	14	15	16	17
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18	19	20	21	22	23	24
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8-1-24