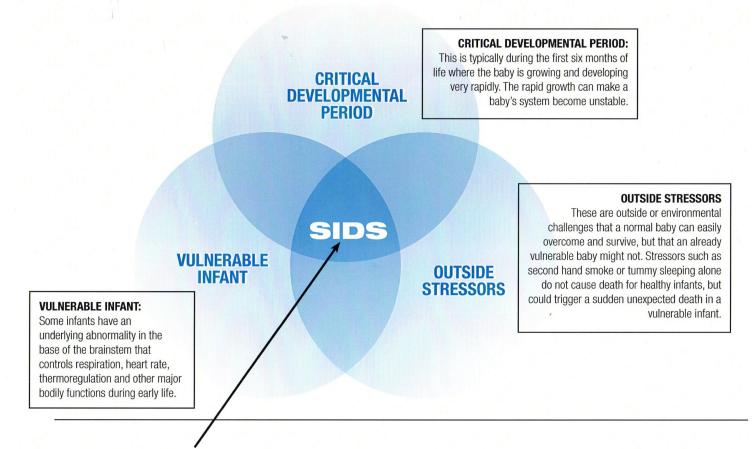


Because of Cody... believes that the Triple Risk Model will help you understand how and why SIDS occurs. The Triple Risk Model describes the series of events that take place when a baby dies of SIDS.

## **TRIPLE RISK MODEL**



According to this model, **ALL 3 ELEMENTS** must come together for SIDS to result. Unfortunately at this time there is no way to identify which babies are at an increased risk as a result of this brain stem abnormality. (Filiano and Kinney, 1994)

## It is important that you understand that the ONLY element you can control is the Outside Stressors. By following all of the Safe Sleep Steps, the risk of a baby dying from SIDS can be significantly reduced.

Since there is no way to identify which babies are "vulnerable", it is important that all babies be cared for by following all the Safe Sleep Steps.