

KASL

Under 13 Soccer Game Play and Conduct Rules & Guidelines

- The game is broken down into two 28 - minute halves. Teams change ends at halftime.
- There are 9 players plus a Keeper on each side for U13 (10v10).
- Prior to the game the **referee will** call the team over to check their shin guards and cleats. The referee will then call for Captains who will call a coin toss or similar to determine possession preferences or side preferences.
- **Uniforms**-shirts should be tucked into their shorts, socks OVER shin guards and soccer cleats or tennis shoes (soccer cleats are not mandatory). **Also NO hooded shirts to be worn during play.**
- NO jewelry (earrings, necklaces, bracelets...), metal or plastic hair clips are allowed on the playing field. Band-aids or tape to cover earrings is not allowed.
- The **game starts with a kickoff** in the center of the field. Team with possession must kick the ball. Opposing team must stay out of the center circle until the ball is kicked.
- **Out of bounds-**
 - SIDE: The team that did not kick the ball out re-enters the ball with a throw-in (see other side for proper throw-in).
 - END: When the defensive team kicks the ball out of their own end, the offensive team re-enters the ball with a corner kick kicked from one of the corners (where the flag is – if present). If the offensive team kicks it out the opposition's end, the defensive team re-enters the ball with a goal kick that is placed in the goal box (6 yd box). Either a defender or a Keeper may take the kick.
- **When a goal is scored**, the game is re-started with a kick off by the non-scoring team from the center of the field in the same process as the starting kick-off.
- **At half time** ball possession changes teams and teams change sides of the field.
- **After the Keeper has made a save**, from inside the 18 yard box, she/he may re-enter the ball by either punting, drop kicking, throwing or dribbling/passing the ball.
- **Substitutions** may be made on either team's throw-in, goal kick or any re-start kick off (half time or after a goal). Referee must be told if a Keeper is being changed.
- **Throw-ins** – Players are not allowed a second throw in if they violate on the first one. Throw in for the other team.
- **Fouls and misconduct** – Fouls may result in direct, indirect (referee arm raised) or penalty kicks (foul inside penalty box, referee will point to penalty spot). The referee will instruct the players as to the type of kick awarded at the time of the foul. An indirect free kicks means a goal may not be scored until the ball has been played or touched by a second player of either team. Opposing players must stay back 10 yards when a Free Kick is awarded.
- **Slide Tackling** is NOT allowed in rec soccer. Keep players on their feet.
- **In the case of an injury** the child sits, the referee pauses the game and then the coach may enter the field. Each team may sub one player on an injury. The ball is restarted with a drop-ball where the referee drops the ball between two opposing players who then may kick the ball only after it has landed on the ground.
- **Safety** is the number one concern when dealing with this age group. Referees should not be afraid to stop play at anytime if they see a dangerous situation developing.
- Referees should be BLOWING THEIR WHISTLES LOUD. These kids have a great deal of energy and the only way to get them to stop is with a loud, long whistle.

• COACH CONDUCT RULES & GUIDELINES

- The game is to be played for the enjoyment and safety of the PLAYERS. **Rec soccer is recreational and instructional ONLY.**
- It is expected that coaches, parents and players respect every individual at the field.
- It is expected that there be NO yelling at players, referees or coaches. Positive comments only.
- Coaches and parents must stay off the field during the game unless a child is injured, then the COACH may enter the field.
- Teaching the kids sportsmanship at this age will build the foundation for their future soccer experience. Players and coaches should always shake hands at the end of the game. Players and coaches should always thank the referee after the game.
- Please email Referee Director Rich Valvo at lvchichi@aol.com and copy Nick Malvai at iavlam@aol.com and Juan Jeri at juancjeri@gmail.com if you have an issue with the ref, concern about a call or if the ref did a great job.
 - In the case of inclement weather the league will indicate if the game is cancelled on our webpage kaslsoccer.net and our Facebook page <https://www.facebook.com/KingstonSoccer>