

RR Harriers virtual Half Marathon - Mon 15th March to Sun 21st 2021

Congratulations to all that completed this challenge. A tough one for the hard men/women to get stuck into.

This one wasn't age graded in terms of finishing positions, which meant Gordon with a fine solo 1:24:01 came out on top.

Great effort from Paul Spencer to run a pb, finishing just outside 90mins, and grabbing 2nd place. The reliable diesel engine that is JK claimed third on the podium.

Debbie, who should have been chasing Wild Boar on a half marathon in the Forest of Dean, was first lady and bagged 4th spot.

A mention for Gillian for running her fastest half since 2017, and Steve W for having 2 attempts at this challenge (although looks like the legs were weary on the 2nd attempt).

Andy Norman could have been 10minutes quicker but apparently had to make a Paula Radcliffe style pit stop en route.

For interest, Chris Morrison ran the fastest age graded time.

Well done all 😊

RR Harriers Virtual Half Marathon					Age graded time for interest
Mon 15 Mar to Sun 21 Mar 2021					
Position	Name	Time (hh:mm:ss)	Cat	Age	
1	Gordon Kalwak	01:24:01	Mv35	37	01:22:55
2	Paul Spencer	01:31:01	Mv45	49	01:21:55
3	Jon Kinder	01:37:19	Mv50	52	01:25:19
4	Debbie Phelps	01:44:12	Lv35	39	01:41:26
5	Chris Morrison	01:45:00	Mv65	65	01:21:26
6	Ian Page	01:46:44	Mv60	63	01:24:26
7	Martin Perry	01:52:10	Mv40	46	01:43:34
8	Dean Smith	01:56:02	Mv50	50	01:43:31
9	Paul Steele	01:56:14	Mv55	57	01:37:23
10	Mark Fowell	02:00:50	Mv55	58	01:40:18
11	Andy Ward	02:01:56	Mv65	65	01:34:34
12	Gillian Whiteside	02:17:07	Lv50	54	01:55:26
13	Steve Wakefield	02:18:54	Mv55	57	01:56:22
14	Andy Norman	02:20:27	Mv50	52	02:03:08
15	Cliff Cooper	02:21:50	Mv65	68	01:46:41
16	Alan Eccleston	02:23:45	Mv65	68	01:48:08
17	Allan Pollock	03:18:00	Mv70	71	02:24:15
18	Karolina Kucharek	03:33:30	Lv40	41	03:25:21
19	James Ward	03:33:30	Mv55	55	03:02:11