



Sounds for living

A deeply relaxing

Inner Stillness

Sound Meditation

A weekly new theme, providing a new personal experience

DATE **Tuesday 15 January 2019**

TIME 7:00pm - 8:30pm

VENUE Basic Essence (next to Botanic Garden MRT Station)
501 Bukit Timah Road #04-04 Cluny Court,
S 259760

SESSION FEE \$35.-

Limited to 10 people.

Please reserve your space by replying to:

wil@souloasis-rhythm.com



Sound therapist Wil Kolen will guide you gently through a deeply relaxing and powerful meditative Sound Journey to energize you for the week. The soothing sound of singing bowls and a variation of instruments will lead you into a melodic soundscape of harmonics and rhythms, allowing your body to relax, release, restore and to feel rejuvenated.

Wil Kolen is a certified Sound Therapist (Globe Sound and Consciousness Institute, San Francisco), Reiki master, Musician, Creative and Educator.