



# The Lillian

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MAY 2023

Lillian, AL 36549  
Volume 27, Number 5

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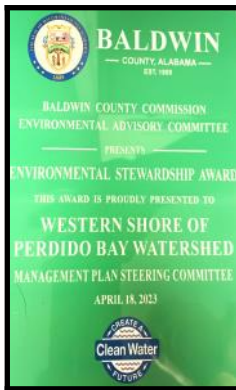
## Environmental Stewards

### Local Steering Committee Members Accept Award as Gatekeepers of Perdido Watershed

The Annual Environmental Stewardship Awards for 2023 were presented at the April 18 Baldwin County Commissioners meeting.

One such Environmental Stewardship group was established right here in Lillian and is working to protect and preserve the western shores and tributaries that lead into the Perdido Bay watershed.

Since the inception of the awards program, the Baldwin County Commis-



Accepting the award for the Western Perdido Bay Watershed Steering Committee are Michael Cleveland, board President for the Lillian Fire Department, Lani Cameron, Lucy Smith and Wade Burcham.

sion has recognized more than 80 individuals or organizations for their environmental leadership and stewardship of Baldwin County's natural resources.

The Mobile Bay National Estuary Program has been working with local stakeholders on a comprehensive Watershed Management Plan in the Western Perdido Bay Watersheds from roughly the Town of Perdido Beach to Lillian. These stakeholders have been meeting, learning, sampling water, and developing their water quality tests to understand the issues and strategize solutions to best preserve, protect, and restore this resource.

As the plan is in its final stages, committee members show no signs of slowing down. Instead, a dynamic organization is spontaneously springing up to continue its support and offering its perspective of informed citizens who work, live, and play in the Western Perdido Bay Watershed.



Could your 501(c)(3) take its mission to the next level with a grant from Impact 100 Baldwin County? Find out how ...

## IMPACT 100 Woos Nonprofits

### County-wide Grant Letter of Intent Due May 12; Funding Application Deadline Sated for May 31

Impact 100 Baldwin County is gearing up this month for letters of intent and grant applications from county-wide nonprofits.

The organization has awarded more than \$5 million in grants to nonprofits since 2008 and will continue to grow that number this year.

Letters of intent from nonprofits applying for grants are due by May 12, with the deadline for completed applications set for May 31.

Last year the Lillian Recreational Park was awarded the Impact 100 Baldwin County 2022 Grant for Arts, Culture and Recreation! The \$109,000 grant is being used to address several park priority projects, including upgrades to the kitchen/concession area, dog run improvements, building dedicated pickleball courts, and adding a shade structure, improved signage, and landscaping. The grant will also allow the park to purchase several needed pieces of equipment. The park has until December 2024 to complete the grant projects.

According to the notice of the letter of intent due date and grant application deadline, nonprofits apply for their grants in the following

five areas: arts, culture, and recreation; education; environment and preservation; family; health and wellness. Our members volunteer to serve on committees to evaluate the grants and select finalists, and the entire membership votes to determine the recipients.

Baldwin County Impact 100 is a

MAY 12 DEADLINE FOR LETTER OF INTENT

MAY 31 DEADLINE FOR GRANT APPLICATION

NOVEMBER 2 GRANTS AWARDED

nonprofit organization comprised of women with a desire to make a difference in the lives of others and to make Baldwin County a better place to live.

Membership is open to all women who embrace these goals.

Send letters of intent and applications to the Impact 100 Baldwin County website at [impact100baldwincounty.org](http://impact100baldwincounty.org).

# Legion Post 48 Announces Standings of Cadet Rifle Team Competition

It is with pride the American Legion Post 48 informs the community about the winning status of Lt Commander Frank Starr of the Robertsdale HS (including Elberta HS ) JROTC Cadets Rifle Team.

There are two groups, the Precision Class team and the Sporter Class team. This year they participated in the American Legion Commander's Cup and the All-Service JROTC National Championship.

Special mention goes to Cadet Wheelles, a sophomore, who finished 9<sup>th</sup> overall nationwide out 539,670 cadets at the All-Service JROTC National Championship.

In addition, at the American Legion Commander's Cup, Cadet Sterling finished second place of 92 Sporter Class shooters. Cadet Wheelles Finished fourth, Cadet Sherrin sixth, and Cadet Adams ninth of 24 Precision Class shooters. They will move on to participate in the national championships games in July in Ohio.

This year we are proud to recognize the following two Cadets at the JROTC Awards Ceremony at Robertsdale HS on April 20, 2023:

General Military Excellence

Award: Cadet Andrew Kinard, Battalion Supply Officer, 72 community service hours, 3.76 GPA, and ranked 22% of the junior class.

Scholastic Award: Cadet Abigail Glass, Battalion Administrative ficer, 30 community service hours, 4.38 GPS, and ranked second in the Junior class.

**MEDICAL CLOSET:** Post 48 would like to remind the Lillian Community that the Medical Closet is for ALL Lillian citizens at absolutely no charge.



## Lillian American Legion Post 48

By Wayne B. Lavallee,  
Adjutant

Many items include hospital beds, toilet items, wheel chairs, and walkers. The only requirement is the return of said items when no longer needed.

The individuals to contact are: Bill Burns at 251-978-3440 and Darrel Ochs at 251 961-1291.

The focus has and always will be on service to the community and support of our veterans.

The four pillars of the American Legion are: fostering a strong national security, taking care of Veterans, mentoring the youth of our Nation, and promoting patriotism and honor.

Every Wednesday morning from 9 a.m.

to 11 a.m. Legion members "drop by" the American Legion Building 48. The building is located next to the Lillian Community Club adjacent to the POW/MIA flag.

Come join us for a free cup of coffee! Meetings are held on the third Monday of the month at 7 p.m. in the Lillian Community Club hall. Join us and become one of the millions of Legionnaires still serving.

## UPDATED CONTACT INFORMATION FOR THE MEDICAL CLOSET: BILL BURNS AND DARYL OCH 251-269-9084

## LILLIAN FELLOWSHIP

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### Perdido Bay Residents,

Your bay is being used as a dump. International Paper is dumping chemicals into our bay. The water is toxic to larvae and is herbicidal. Testing by Friends of Perdido Bay has demonstrated the toxicity. Our government has not only allowed this to happen but has supported it. No longer do we see shrimp boats or crabbers in our beautiful bay. This million dollar fishery is gone. Paper mills are the problem. Restore Perdido Bay to its once prolific past. Join Friends of Perdido Bay with a \$30.00 annual membership. Send your membership (Name, Address and Telephone Number) to: Friends of Perdido Bay, 38 S. Blue Angel Parkway, PMB 350, Pensacola, FL

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## OCPB Offering New Service for Old Glory Placement Service on Holidays

Supposedly there are four seasons of the year, Spring, Summer, Autumn and Winter. I like to add one more, I Am an American Season. Yep, it starts on Memorial Day in May and ends on Veterans Day in November.

During that period we also celebrate Independence Day, Flag Day and Labor Day.

Here, in Lillian, we are reminded of these special days by the Optimist Club of Perdido Bay when the members plant the American Flag in front of businesses and homes in the area. Don't you just love it when you drive down US Highway 98, Perdido Street or your neighborhood street and see the flags lining your way? I don't know about you, but it makes me so proud of my community when the flags shout out,

"This is America and we're proud to be here."

Well, friends, it's time to renew your pledge of allegiance so that you can have a flag in the front of your business or home all during this season. For just \$40 the club members will put a receiver at a location of your choice and then a few days before each holiday someone will place the flag and remove it afterwards.

The club is responsible for replacing any soiled, damaged or stolen flags.

Proceeds are used to support programs for local youth, including Breakfast with Santa, Essay and Oratorical contests, scholarships, Easter Egg Hunt and Fishing Rodeo, to name



### Just a Thought or Two

By Sally McKinney

a few.

"Streets of Red, White and Blue" not only reminds us of our history with the American flag, it also helps to provide programs for the boys and girls of our community to be all that they can be. It is helping the Optimist Club "Bring Out the Best in Kids." You can join this program by contacting Dodd Bouchillon at 256-280-6346 or through an email address at:

\*\*\*

[flagprogram.ocpb@gmail.com](mailto:flagprogram.ocpb@gmail.com).

## Perdido Bay Fitness Celebrates With Ribbon Cutting

Congratulations to **Perdido Bay Fitness**, recently recognized by the South Baldwin Chamber of Commerce with a ribbon cutting celebration. Have you heard about Perdido Bay Fitness & Yoga? Their helpful and energetic staff are ready to help you reach your fitness goals in a nonjudgemental, clean, and fun environment.

"Thank you all for coming today – the South Baldwin Chamber staff and Diplomats, and our [gym] members! Our little gym [Perdido Bay Fitness] was about to go out of business," explained Joy Sullivan, owner. "My wonderful team and I picked it up and made it what it is today. We have some amazing coaches – just powerhouses – it's exciting. They bring a lot of energy. It makes you want to work out."

While gym-goers might want to burn fat, build muscle, and be fit, the larger focus at **Perdido Bay Fitness** is strength, longevity, and the wellness of community. The coaches aim to help you reach – and often exceed – your personal goals.

"We use all types of training modalities and time intervals. We keep it fresh, keep it exciting," said Mary Jo (MJ) Meilstrup, Certified Personal Trainer and Nutrition Coach. "We also offer group strength program classes, building strength and muscle. That, combined with circuit training, is like 'hitting everything at once'. We're a small family-type gym, all-inclusive, with members ranging from their 20s all the way to their 80s. We catered to the individual. Our goal is to have everyone leave out of here with a smile on their face, happier than when they came in."

Located at 12831 6th Street in Lillian, AL, **Perdido Bay Fitness** offers free consultation sessions,

beginner to advanced workouts, large/small group circuit training, open-level yoga, nutritional coaching, and access to a 24-hour gym (separate membership)

"Together with our staff and our members, we create an atmosphere that enables you to create healthy habits and encourages you to live your best life."

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## Special Olympic Lunch Served



The Optimist Club of Perdido Bay participated in the Baldwin County Special Olympics in Fairhope recently by providing 159 fish and 287 hot dog lunches for the participants and staff. From left are John Larson, Melissa Harris, Pete Herndon, Henry Grzyb, Bill Shields, Liz Whitehurst, Dodd Bouchillon, Priscilla Westgate, Betty Erwin, Jeff Keener, Sally McKinney, Greg Whitehurst, Karen Rocque and Tom Rocque. Not pictured is Mel Whitehurst.

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Bible Study 9:30 am  
Morning Worship 10:30 am  
Church Training 5:00 pm  
Evening Worship 6:00 pm

### Tuesday

Men's Breakfast 8:00 am

### Wednesday

Prayer & Bible Study 6:00 pm  
Girls in Action 6:00 pm  
Missions for girls grades 1-6

### Friday

Women's Bible Study 10:00 am

FOLLOW US ON FACEBOOK

[www.baysidebaptistlillian.org](http://www.baysidebaptistlillian.org)

[www.bbcilillian.com](http://www.bbcilillian.com)

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PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

(Applicant MUST have a 36549 zip code on their school records for their senior year of high school to apply)

HIGH SCHOOL: \_\_\_\_\_

(Applicant MUST be a 2022 high school or home school graduate)

UNIVERSITY/COLLEGE/TRADE SCHOOL ATTENDING IN FALL 2023: \_\_\_\_\_

ADDRESS OF ABOVE SCHOOL: \_\_\_\_\_

PLANNED MAJOR/COURSE OF STUDY: \_\_\_\_\_

APPLICANT'S SIGNATURE: \_\_\_\_\_

(Signature authorizes the Lillian Action Committee to verify residency and graduation records with the graduating school.)

## Follow these instructions to apply:

~ Completed application MUST be returned and postmarked to *The Lillian* by June 15, 2022. Applications received after this date will not be considered.

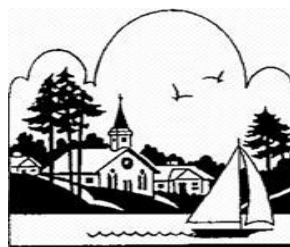
~ Application MUST be submitted by mail to *The Lillian*, PO Box 1088, Lillian, AL 36549.

~ Applicant should submit a clear, current photo headshot by email to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com). We will publish the winner's photo when the award is announced.

~ Questions may be directed by email to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com).

~ All eligible applications will be placed in a drawing to win the grant.

**The \$500 award will be paid directly to the school once the student's enrollment has been verified.**



# The Lillian

PO Box 1088

Lillian, AL 36549

## ADVERTISING INFORMATION

*The Lillian* newspaper is a monthly publication. Advertisements may be dropped off at the Lillian Perdido Bay Library, mailed to *The Lillian* at PO Box 1088, Lillian, AL 36549 or emailed to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com)

Advertisement inquiries can be directed to Julie McManus at 703-217-2874 (cell) during the business hours of 9 a.m. to 5 p.m.

## ADVERTISING SIZES

Full page = 10" wide x 11.5" tall  
1/2 Page (horiz.) = 10" wide x 5.5" tall  
1/2 Page (vertical) = 5" wide x 11" tall  
1/4 Page = 5" wide x 5.5" tall  
1/8 Page = 5" wide x 2.75" tall  
Business Card = 3.5" wide x 2" tall  
Classified = maximum of 40 words

*The Lillian* is not responsible for the factual content of ads or articles submitted to us.

## LETTERS TO THE EDITOR

Letters are welcome but must be signed and include contact information should our staff have any questions.

No letters will be accepted regarding property owner associations' problems. All letters must be legible and limited to 300 words or less.

## ARTICLE OR OBITUARY INFORMATION

We gladly accept news and information from the community. Please submit by:

■ Mail to PO Box 1088, Lillian, AL 36549

■ Email to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com)

■ Drop off at Lillian Perdido Bay Library

## DISCLAIMER

The content of articles and letters to the editor do not necessarily reflect the opinion of the editor, the board of directors for *The Lillian* or the Lillian Action Committee.

We are also not responsible for the business practices of our advertisers.

## POLICY

Thank you for your articles and news items, but due to space limitations, some submissions may not be included in this issue. They will be included in a future edition when possible. The editorial board has the right to deny any articles or ads not suitable for this publication.

## DEADLINES AND CONTACTS

The deadline for the June issue of *The Lillian* will be May 17.

Anyone may send an email to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com) for information on articles and news.

Call Julie McManus at 703-217-2874 or email [chewlatta@yahoo.com](mailto:chewlatta@yahoo.com) for advertising information.

## EDITORIAL BOARD

Executive Editor: Sally McKinney  
Managing Editor: David Monaghan.  
Board Members: Nancy Scott, Gloria Cramp, Jackie Reid, Florence McLendon, Tammy Robinson.

## LILLIAN ACTION COMMITTEE

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# Her Theology Emphasized God as a Loving Parent, Rather Than Distant Judge

"All shall be well, and all shall be well, and all manner of things shall be well." Many of us vaguely recognize that line. It was said by Julian of Norwich (c. 1342 – c.1416) an English mystic and theologian. When she was thirty years old, she became gravely ill and was expected to die. Then, on the seventh day, the medical crisis passed, and she had a series of fifteen visions, or "showings," in which she was led to contemplate the Passion of Christ. These brought her great peace and joy. She became an anchoress in a convent, living in a small hut near to the church in Norwich, where she devoted the rest of her life to prayer and contemplation of the meaning of her visions. The results of her meditations she wrote in a book called Revelations of Divine Love, which is considered one of the most important works of Christian mysticism in the English language. During her lifetime, she became known as a counselor, whose advice combined spiritual insight with common sense, and many people came to speak with her. Since her death, many more have found help in her writings.

She describes seeing God holding a tiny thing in his hand, like a small brown nut, which seemed so fragile and insignificant that she wondered why it did not crumble before her eyes. She understood that the thing was the entire created universe, which is as nothing compared to its Creator, and she was told, "God made it, God loves it, God keeps it."

She was concerned that sometimes when we are faced with a difficult moral decision, it seems that no matter which way we decide, we will have acted from motives that are less than completely pure, so that neither decision is defensible. She finally wrote: "It is enough to be sure of the deed. Our courteous Lord

will deign to redeem the motive."

A matter that greatly troubled her was the fate of those who through no fault of their own had never heard the Gospel. She never received a direct answer to her questions about them, except to be told that whatever God does is done in love, and hence her famous saying, "that all shall be well, and all shall be well, and all manner of thing shall be well."

As we are still in the season of Easter, we might note from Julian regarding Christ's atonement which she believed was not about satisfying God's wrath or appeasing his anger, but rather about demonstrating

God's love for humanity and making it possible for humans to be reunited with God. She believed that Christ's suffering and death were an expression of his love for humanity, and that through his sacrifice, he demonstrated the depth of God's love for all people.

In her teachings, Julian emphasized the importance of trusting in God's love and mercy, and of seeking to imitate Christ's example of selflessness and love. She believed that by embracing God's love and living in accordance with Christ's teachings, people could experience a deep sense of peace and joy, even amid suffering.

She also believed that the Fall of Adam was a necessary part of God's plan, as it allowed humanity to experience the consequences of sin and to understand the extent of God's mercy and love.

She emphasized the importance of experiencing God's love and mercy, rather than focusing on sin and punishment.

Her theology also emphasized the idea of God as a loving parent, rather than a distant judge, which was a radical departure from the prevailing theology of her time.

Her work has also inspired many people to seek a deeper understanding of their faith through contemplative prayer and meditation. Julian would also say that "God is our very peace, and He is our sure Keeper when we are ourselves in un-peace". This day, take your unpeace to God and He will give you peace beyond understanding.



## Moving Forward

By Rev.  
Tina Lockett

## May Fun

LILLIAN RECREATIONAL PARK

### Movie & Music in the Park

May 5 - 5:30 pm

Music by Robert Kirby

Movie - THE MINIONS: Rise of Gru

*It's Taco Night at the Concession Stand!*

### Environmental Camp

May 13 - 9 am to noon

Children ages 6-12, \$10

### Market in the Park

May 20 - 8:00 am to noon

Lillian Recreational Park - 33914 Widell, Lillian  
www.LillianRecreationalPark.org (251) 962-2129

## Community Calendar



May 2, 9, 16, 23, 30 at 7:00 PM - ALANON at Lillian United Methodist Church, located at 12770 S. Perdido Street, Lillian AL 36549.

May 13 at 8:00 AM - Optimist Club of Perdido Bay Community Breakfast at the Lillian Community Club. Come celebrate with us as we recognize this year's Scholarship recipients at Elberta High-school (No Reservation Needed & Guests eat for Free!)

May 20 from 9:00 AM to Noon - Annual Kids Fishing Rodeo at Schaff Pond located at 32695 Bartell Street, Elberta, AL 36530. Sponsored by the Optimist Club of Perdido Bay for children 2 - 12 years of age. Responsible adults must accompany children. Download flyer at OptimistClubPB.org For more information call 251-234-1122.

May 27 at 8:00 AM - Optimist Club of Perdido Bay Community Breakfast at the Lillian Community Club. Come celebrate with us as we recognize this year's Heart of Optimism Award winner, Mary Kathrine Gunn, a senior at Elberta Highschool. (No Reservation Needed & Guests eat for Free!)

Send Items to [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com)



# Still Time to Fine Tune The Numbers for The Income Tax Man

Well folks, we are at the end of the tax season, so this will be my last article for a while. I want to leave you with information that might be useful as you navigate through the rest of the year.

In the April 2023 AARP Bulletin, there was an article about the energy provisions in the Inflation Reduction Act (IRA) passed by Congress in August of 2022. As you may know, most of the provisions of the IRA took effect for Tax Year 2023 and beyond. The AARP article posed the question –“Should you spend to save on home energy costs?” It’s a good question if you are in your late 60’s or older because for some of these energy investments, it may take 10-20 years in energy savings to recoup your initial investment.

Through December 31, 2022, the energy efficient home improvement credit was a \$500 lifetime credit. This was changed with IRA. In addition to energy credits, the IRA authorized nearly 9 billion in rebates for upgrades. The rebates will be administered by the states and may go as high as \$14,000 for low-income households. According to AARP they could cover such things as a new electric stove or a heat-pump dryer. One silly question in my mind is how can a low-income taxpayer afford im-

provements leading to those high rebates?

For 2023-2024, the Home Energy Credit is equal to 30% of energy-related expenditures, including (1) qualified energy efficiency improvements, (2) residential energy property expenditures, and (3) home energy audits made during the year. The limit on these items is \$1,200 per year. To explain these categories further:

Energy efficient home improvement credit: This credit relates to “Building Envelope Components” satisfying the energy efficiency requirements. Exterior Doors (30% of costs up to \$250 per door for a total of \$500); Exterior Windows and Skylights (30% of costs up to \$600); and Insulation Materials or Systems and Air Sealing Materials or Systems (30% of costs). Also included in this category are home energy audits (30% of costs up to \$150).

Residential energy property includes central air conditioning, natural gas, propane or oil-fired water heaters, furnaces, boilers and improvements/replacements to panelboards, circuits or feeders that are installed. The credit is 30% of costs, including labor, up to \$600 for each item.

Another set of energy property includes heat pumps, biomass stoves

and boilers, electric or natural gas heat pump water heaters, and electric or natural gas heat pumps. There is a \$2,000 annual limit for these items. Combined with energy efficient improvements and property, the annual credit could be as much as \$3,200.

Residential clean energy property includes solar panels, solar water heaters, fuel cell property, small wind turbines, geothermal heat pumps and battery storage technology expenditures. There is no overall dollar limit for the residential clean energy property. The credit is generally limited to 30% of qualified expenditures and can be carried forward if not fully used during the installation tax year. The credit allowed for fuel cell property expenditures is 30% of the expenditures up to a maximum credit of \$500 for each half kilowatt of capacity of the qualified fuel cell property. The kilowatt calculation gets more complicated when more than one person lives in the residence.

Roofing expenditures necessary for the installation of solar panels are generally NOT eligible for the Residential Clean Energy Property Credit because they primarily serve a roofing or structural function. However, some solar roofing tiles and solar roofing shingles serve as solar electric collectors while also performing the function of traditional roofing, serving both the functions of solar electric generation and structural support. Such items qualify for the credit.

I highly recommend the AARP article because it details some of the energy saving property and helps you determine possible savings in energy costs over the useful lifetime of the



## Let's Talk Taxes

By Carol Kovacs  
CPA, EA

property installed. But you should calculate a possible return on investment (ROI) before making a commitment.

For example, in my case I probably would not consider solar panels unless I was leaving my home to my kids who could extend the savings beyond break-even. If my initial investment was \$20,000 (a low estimate) and my yearly electric bill averaged \$1,500 (not a bad estimate for my concrete house and natural energy-saving tendencies), I would deduct my new estimated yearly electric bill from my current and add the difference to any possible income from the sale of excess electricity, then divide the result into my investment. Even if I saved \$1,000 a year in electric costs, it would take 20 years to break-even. By the way, Alabama ranked 49<sup>th</sup> among the states in solar installations and the utility companies may not be buying excess power but applying surcharges!

I'll provide some information on credits for electric vehicles in a future article.

I hope this information has been helpful. If you have any specific questions or areas of interest you would like addressed in future columns (leave out your personal information), my email is [carolpkovacs@aol.com](mailto:carolpkovacs@aol.com). Use “Let's Talk Taxes” as the Subject.

### The Optimist Club of Perdido Bay Invites Boys & Girls Age 2 to 12

### To Our Twenty First Annual

## Kids Fishing Rodeo

**Saturday, May 20<sup>th</sup> 9 AM - NOON**  
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**LOCATED: 32695 Bartel Street / Elberta, AL 36530**

#### GENERAL INFORMATION

Awards will be given this year for the longest fish and the most fish caught overall and in age groups. Participants are asked to bring their own chairs, buckets, poles, and bait; however, a few poles and worms will be available. Catch and release all catfish but you may keep bass and bream. The required permission forms will be available at the pond.



**ATTENTION PARENTS**  
Children & teens must be accompanied by an adult.

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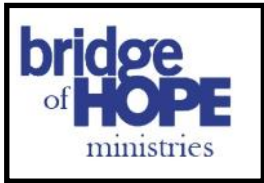
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## County Administrator Remains Mum on Grievances Over Keeping Low Density Housing-Per-Acre Limits in Lillian

Greetings Fellow Citizens!

As of April 19, I have received no response from my April 3 meeting with the County Administrator where I brought several grievances to his attention regarding the way our text amendments process has been mishandled. I will post any updates on Nextdoor and FaceBook. Our main issue is to eliminate RSF-2 (2.9 houses per acre) from our local ordinances to keep low density in our rural area. Until we have a response on that issue, we are in a holding pattern with nothing on the agenda for the time being. Please email your opinion to [Planning@baldwincountyal.gov](mailto:Planning@baldwincountyal.gov). We always need large numbers of support to be seriously considered. Your opinion does matter!

To stay updated please visit [www.baldwincountyal.gov](http://www.baldwincountyal.gov), Government, Baldwin County Commission, Meetings Calendar, Calendar view. You can click on Baldwin County Commission Regular and Baldwin County Planning and Zoning for meeting agendas. The public is allowed to attend the work sessions as well. The meetings can be watched live via Watch Meetings Live on the pull-down menu or video about 24 hours after the meetings, to the right of agenda. You can view the Proposed Text Amendments under Departments, Planning and Zoning, Planning Home, Upcoming Meeting Items and scrolling down to locate it, click to view the public file with staff report and meeting notice. This is currently what the Planning and Zoning Department has proposed, which does not include RSF-2 as not permitted in the Table under item (g). Note that Planning District 4 is a separate case. Planning District 32 will not be included as I have had no response from those residents to my ask for setting up a Townhall in that District.

**NEXT STOP! (Light!)** I have asked the Alabama Department of Transportation for instructions on how to request a traffic control light at the inter-

section of Highway 98 and County Road 91. Stay tuned!

**NATURAL WONDERS:** Aren't we lucky to live where we have Cassebaum Farm Produce to get the freshest, locally grown produce for our pleasure! On occasion they also have locally sourced beef by The Lillian Cattle Farm. I, for one, am grateful. KEEPING IT COUNTRY! All the Best, Tracey  
KEEPING IT COUNTRY!

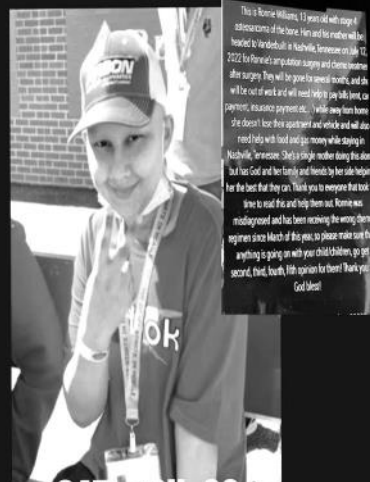


### Keeping it Country

By Tracey Gambill

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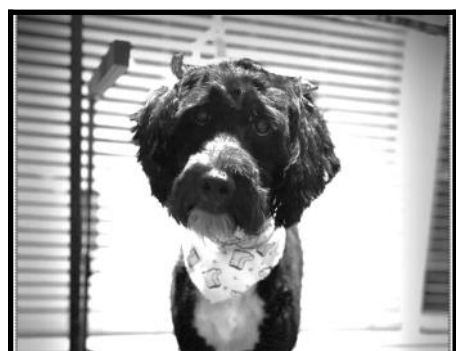
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**MOLLY**



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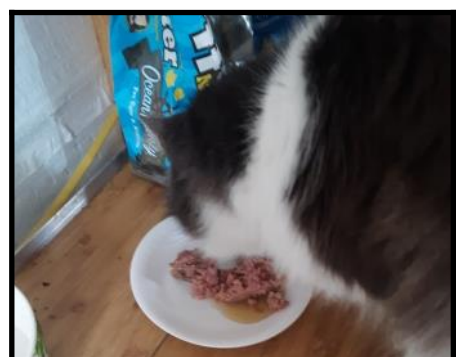
**BLUE BEAR**



**SALEM**



**PRETTY BOY**



**HUNGRY COLT**

## ENVIRONMENTAL CAMP

### Lillian Recreational Park Offers Classes in Reduce, Reuse, Recycle Saturday, May 13

Children ages 6 to 12 are invited to participate in the Lillian Recreational Park Environmental Camp on Saturday, May 13. Campers will learn all about the importance of recycling and have fun creating a work of art that will be displayed at the Park this summer.

The course will be taught by Ashley Campbell, Natural Resources Planner for Baldwin County, who has a lot of experience in environmental planning and education. The interactive camp will focus on taking care of the environment using the three Rs - reduce, reuse, recycle.

The \$10 fee covers the cost of supplies and snacks.

Students are encouraged to bring plastic or metal bottle caps (from water bottles, etc.) for a recycled art project. Campers will use the caps to make a giant turtle out of recycled bottle caps. The turtle will then be put on display in the Park.

To register, provide the Park with the name(s) and ages of your campers on Facebook or by calling the Park, 251-962-2129. You can pay by PayPal or Venmo, or by sending a check to the Lillian Recreational Park, Post Office Box 865; Lillian, AL 36549.



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## ENTERTAINMENT

### J Hawkins Brings Flora-Bama Legacy to Lillian

One of the first three musicians ever to play Flora-Bama, J Hawkins brings the iconic honky tonk's legacy to Lillian every Friday.

He has sung his original hard-partyin' songs since the 70's, when Flora-Bama was a one-room package liquor store with no windows and no stage. He's played there every week since.

Along with being a gifted country crooner, Hawkins is a treasure trove of colorful 'Bama yarns.

One time Hawkins was heading out for a break between sets when he saw some guy picking up his guitar onstage.

"I didn't tell nobody they could play my guitar and I came back in. I was about to jump on somebody," Hawkins relays in a video interview with music reporter Tommy Robinette.

"About the time I got to the stage, here's Jimmy Buffett turned around and I said 'well, since it's you I'll let you play.'"

It was another night for the story books when, after opening for John Prine at the 1988 Margaritaville festival in Gulf Shores, they closed down the bar and sang and drank and talked till dawn.

Hawkins' journey to Flora-Bama began when, at 15, he sold a heifer from the family's Kentucky barn yard to buy a guitar.

Now it was time to teach himself to play it.

"I played Tom Dooley till I made myself crazy and everyone around me," he laughs during a chat between sets of his weekly Friday afternoon gig at the Front Porch.

It was the 1960s. He expanded his repertoire from Tom Dooley to the sounds of the times, finding his own voice through the music of Bob Dylan, Rolling Stones and the Beatles.

What he unearthed was a classic comfortable country twang compatible with songs by Willie Nelson, John Prine and Bob Dylan.

"God blessed me with a country voice and

that's what I sing," he said.

He took his twang to the Oz of country music - Nashville. Rubbing shoulders

with icons of the music industry and defining his sound, he started writing music of his own.

In '68, he found his way to Flora-Bama and never left.

Here, he pre-sold 250 copies of his first abum, *One Eye Open*, all but one cut original compositions, for \$5 apiece just to raise the money for the studio to record it. They are songs of drinking and driving, wooing and whiskey, all with notes of wry downhome humor.

Hawkins followed that up with two more recordings - *Side A and Side X* and *Raunchy Rodeo Club*.

"Side A, you could play in front of anybody. Side X, you had to make sure your kids were out of the house," Hawkins warns.

You won't find J Hawkins playing any of the other music venues here on our side of the bay. He brings the flavor of Flora-Bama to the Front Porch as a token of his long-time friendship with fellow musician and owner, Johnny B, another beginning of 'Bama alumnus.

"At 72, I never thought I'd still be playing," he said.

But he is. He plays every 2 to 5 p.m. each Friday at the Front Porch.

He's back home at the 'Bama 2-6 Thursdays and Saturdays noon to 4 p.m..



**Dog Track Rd. Amvets, LCC to Host**

**Plus One Band in May and June**

Put on your dancing' shoes and catch *Plus One* at the Amvets Post 292 located at 955 Dog Track Rd, Pensacola, from 6-10 Saturdays May 6, May 20, and June 10. Also performing from 3-7 June 4 at the Lillian Community Club, Lillian AL.



# Why Don't Vampires Like Mosquitoes? Too Much Competition

Did you know there are more than 3,600 different species of mosquito worldwide? Yes, even in the Antarctic circle! There are around 170 different kinds just in North America! They are a part of the Culicidae family of small flies. Their name comes from a mixture of Latin "mosca" and the Spanish "ito" meaning "small" so together it became "little fly".

Mosquitoes breed in soft, moist soil or stagnant (not moving) water. Our heavy rains can leave standing water in bird baths, old tires, buckets, paint cans, boats, tarps, or anything that can hold water, right down to puddles on the ground. A female mosquito looks at all these places as a safe place to deposit her babies.

The female mosquito will deposit her eggs just above the water line, or in little rafts on top of the water. This is where you come in. Store stuff and junk upside down so it can't fill with water or haul it off to the landfill or recycling center. You have to make your home less inviting to potential mosquito mam-mas. It doesn't matter if it is salt water or fresh water, in fact nastier the water the better the mosquitoes like it!

Mosquitoes lay their eggs in or on water. The eggs hatch into "wigglers" - worm-like bugs that well, wriggle their bodies back and forth for movement. As larvae, mosquitoes are not parasites - the larvae eat by straining bacteria, protozoa and algae from the water they live in. One species of mosquito, which feeds only on plants in its adult form, eats the larvae of our killer attack mosquitos.

From the larvae stage, mosquitoes graduate into the pupae stage where they do not look anything like the larvae or the adult they will become. They look like a shrimp with a huge globby head. In this stage, they do not eat - they are concentrating on developing into the next stage, The adult mosquito. When ready, the pupae will float on top of the water, and then split in half and an

adult mosquito will emerge. Within a few minutes, the adult is making a short test flight. 30 minutes later, the female is off on its vampiric quest for blood.

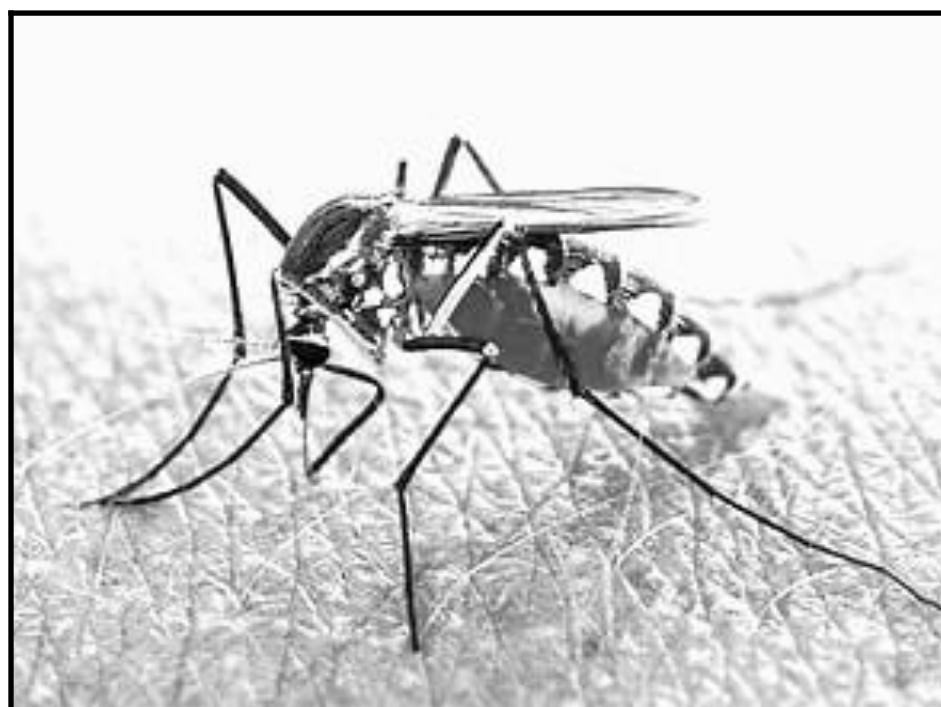
It is only the female mosquito that "bites" or "stings". In fact, mosquitoes have piercing/sucking mouth parts. Just like a butterfly, a mosquito has a proboscis, the tubular mouth part that is just for sucking. A mosquito's proboscis is a highly sophisticated system of SIX thin, needlelike parts called stylets. Once she begins eating, the blood is separated from water and the water is released from her rear end so she can get a much delicious blood as possible in one meal!

A female mosquito can detect the carbon dioxide and heat from our bodies.



## Know Your Critters

By Celeste  
Hadley-Champion



She lands, dribbles some anesthetic before launching her drills into our flesh. Some mosquitoes even have a chemical that prevents the blood from clotting. The lady mosquito then proceeds to eat her fill, and possibly leaving one or more of the scary pathogens behind.

Once she has flown away or been swatted, our internal defenses will have mobilized to begin fighting her toxic chemicals.

That's why some of us have red swollen spots from a mosquito bite, just how big and how red the spots are will depend entirely on your own personal allergic tolerance.

Those scary pathogens are not an exaggeration. Roughly 390 million people will be affected by mosquito transmitted diseases. Chikungunya, Dengue, Eastern Equine Encephalitis, Japanese Encephalitis, La Crosse Encephalitis, Malaria, St. Louis Encephalitis, West Nile, Yellow Fever, and most recently the Zika Virus are all very serious diseases that could kill you in very painful ways. These illnesses will kill more than 1 million people every year!

Fortunately, we live in America and have access to every type of control available.

There are physical controls: remove standing water, clear trash and debris, and wear coverings over the body in the morning or evening when mosquitos are active. There are chemical controls including repellents you can use on your skin, the over-the-counter variety for the yard and options from a Certified Pest Control Professionals.

What did the Mosquito say after drinking blood from a bodybuilder?  
"Whew, that was really strong!"

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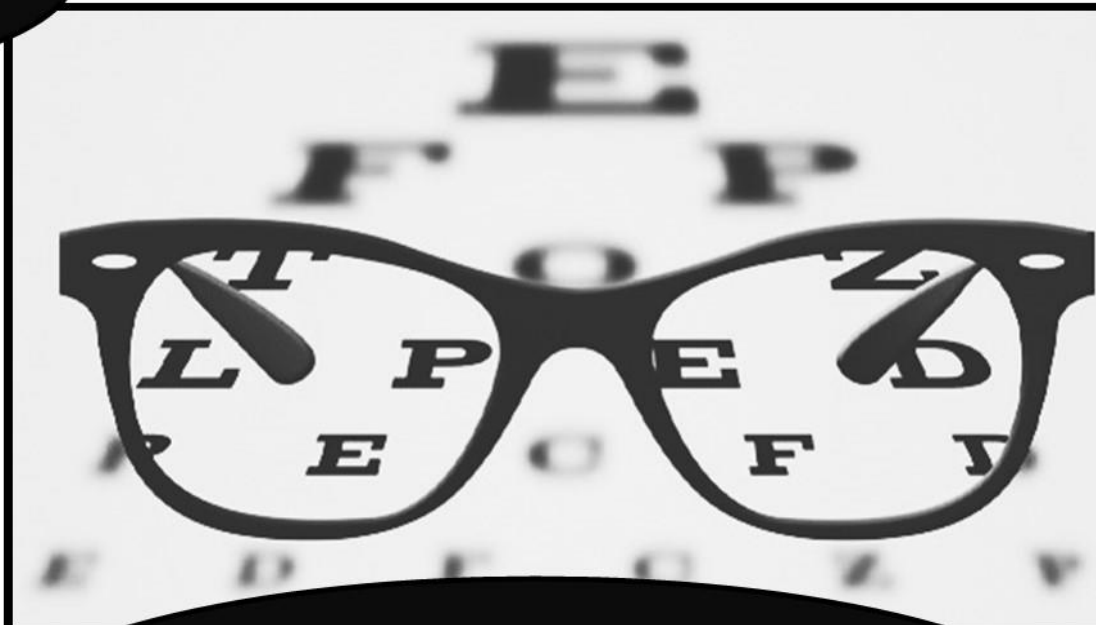


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This stands for Lillian Perdido Bay Library AL.

This address will take you to the "Online - Public - Access - Library."

Then click on "Display."

This will take you to the "Search" area which opens the entire library catalog for you to search.

Then type in the title of the book, DVD, Audio CD, etc. you are looking for or a subject you're interested in (i.e. magic, science fiction, Baldwin County).

If we have the item or anything about the subject you typed in, a brief summary will be displayed.

You can read this summary and decide if this book, DVD, etc. is what you want.

We are a "donations" library, so if the book has not been donated, we will not have it.

Also, periodically, we have to withdraw items outdated or has not been checked out in several years since we have limited space.

Likewise, older copyright date may be withdrawn. If a book, DVD, audio CD, whatever has been withdrawn, you'll find withdrawn notice on the right side, indicating we no longer have the item in



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By Betty Bovat**

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Then click. Your library card barcode is your login and the last four digits in your barcode number will be your password.

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Also, you'll be able to set up a "bookbag" where you can add things you find in the catalog of interest that you'd like to refer to again at a later date.

Being able to access our library at home is a huge advantage. We do hope you'll use this opportunity to come to the library and check out all the materials you have found using this information. Please let us know if we can help in any way with the process.

As always, we appreciate you as patrons and association members and greatly thank you for your support.

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We remember every one of our military, never forgotten, on this Memorial Day!

## Summer Movies and Music Series Returns to Lilian Recreation Park

The Lillian Recreational Park's much-loved summer series, Movies and Music in the Park, returns to the park's big screen on Friday, May 5. This year's events will span a variety of music and film genres that are sure to appeal to all audiences. The free movies are preceded by fun activities, entertainment, and food.

This month's movie **Minions: Rise of Gru** is a fun, animated film good for all ages. The Park's newly renovated concession stand will be open for dinner. In keeping with Cinco de Mayo, it will be taco night, with tacos, nachos, and chips and queso available for purchase.

### 2023 Movie Schedule

May 5 – **THE MINIONS: Rise of Gru**, June 2 – **Top Gun: Maverick**, July 7 – **A League of Their Own**, – August 4 – **Lightyear** – September 1 – **UP** October 6 – **Elvis**.

The movies will be shown on the park's large 20' screen and are free.

Music and fun begin at 5:30; the movie begins at dusk. The park is located at 33914 Widell, Lillian. For more information, check out the park's Facebook page or website, LillianRecreationalPark.org.

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## May is the Month of Memories and a Month of Honoring Our Mothers

A few of my friends were trying to decide on a restaurant for a good meal that didn't also break the bank. We kept coming up with businesses that no longer exist or whose prices have gone over our budgets.

We had to go back quite a few years in our memories to Perdido Seafood Restaurant which was located across the bridge. Great food, the price was right and the big benefit, you didn't have to drive far for the pleasure.

BJ Duckwaters on U.S. 98 in Pensacola had wonderful Cajun food by a chef from New Orleans. They even had entertainment. Of course, we can't forget Triggers which was located on Gulf Beach Highway. Whether you went there for breakfast, lunch or dinner, a good meal would greet you. A bit further drive to Navy Boulevard and you have Jacques, another fine seafood place or Foster's for excellent barbeque and the biggest baked potato you've ever seen with all the fixings. Yum.

**More memories:** Where Crazy Horse is now there were other businesses located at that site. At one time half of the building was a pizza parlor and the east side was a hair salon. Next door to where the tobacco shop is now was Bob's Superette. West of that was a shack where a couple from Perdido Beach sold tamales. More recent we had a Vallarta's Mexican Restaurant on the south side of 98.

Where the Lillian boat ramp is now was Kit's Marina and Miss Kitty's restaurant where you could get a good meal as you looked out at the bay. When the shrimp boat came in, if you signed up for it, you'd get a call announcing that shrimp was here, and you'd grab your cooler and head to the marina.

During the World War I era Paradise Beach Hotel was built on Perdido Bay across the Lillian bridge on the Florida north side. At the time of World War II, many Naval officers stayed at the hotel for R and R. You used to be able to see the hotel sign stuck in bushes, but it is gone now as houses now fill the area.

In Lillian, where Raleigh's is was the Wheel 'N. You'd walk up and order at the window and sit at picnic tables under a pole barn-like structure. After Wheel 'N came Green's, when the structure was enclosed.

Where Lillian Pharmacy is now was first Colonial Bank and then BT and T Bank. Before the post office

built their new building on 98, they were located where Dee's Bakery is on 6<sup>th</sup> Street. In between it being a post



### Bits and Pieces

By Jackie Reid

office and a bakery it was an optical repair shop.

At one time the northwest corner of 91 and 98 was a gas station, then a meat store. On Thursday's fresh meat was sold there by the owners of Elberta Grocery. After that closed, a flower shop called Bouquets and Baskets, which is located in Elberta now. As of now the building houses a junk or treasure shop. Lillian has a lot of interesting history, and the Lillian Perdido Bay Library has some books about our area.

**Although I do like** holding a book in my hand, I also read eBooks. One of the problems with electronic books is: 1. You can't loan it to friends and 2. That they sometimes take a novel length and divide it into a series of three to six books. So instead of paying for one book, if you want to continue with the story, you have to buy more.

The average number of pages for a novel is about 340 to 440 depending on the genre. Many novels that I have read over the years have exceeded that count by more than double. An eBook may have just over 100 to under 300 pages. In my opinion that is stretching the rules a bit. If a book goes under 100 pages, it becomes a novella and technically has to be classified as such. Of course, not all eBooks are divided like that, but it does seem to be a trend.

**DNA isn't always** the factor of motherhood as many children are adopted and cared for by men and women who have plenty of love to share. It's fortunate that there are people around who have an open heart and are willing to give.

May is the month to honor moms. They give hugs and kisses and make our boo-boos better. Take care of our needs and teach us so we can grow up to be good adults who pass that love on to our children. Happy Mother's Day.

"Memory is the treasure-house of the mind." Thomas Fuller

"History is the witness of the times, the torch of truth, the life of memory, the teacher of life, the messenger of antiquity." Cicero.

# Believing Thomas

Thomas is an interesting disciple that has gotten a bad rap being labeled Doubting Thomas. Interestingly in the first three gospels we are told absolutely nothing about Thomas. It is in John's Gospel that he emerges as a distinct personality, but even then, there are only 155 words about him. When Jesus turned his face toward Jerusalem the disciples thought that it would be certain death for all of them. Only Thomas said, "Then let us go so that we may die with him." It was a courageous statement, yet we don't remember him for that. We also fail to point out that in this story of Thomas' doubt we have the one place in the all the Gospels where the Divinity of Christ is boldly stated. The same story that gives Thomas his infamous nickname, is the same story that has Thomas making an earth-shattering confession of faith, "My Lord, and My God." It is uttered with conviction. These are certainly not the words of a doubter. Unfortunately, history has remembered him for this scene where the resurrected Christ made an appearance to the disciples in a home in Jerusalem. Thomas was not present and when he heard about the event, he refused to believe it. Thomas, like many would have said, "Unless I feel the nail prints in his hands I will not believe." The second time Jesus made His appearance Thomas was present with the disciples and

this time he too witnessed the event. This time Thomas believed.

We learn a lot from Thomas' encounter with the Resurrected Christ. First, we learn that Jesus did not blame Thomas for doubting. Jesus never condemned Thomas. I think that Jesus understood that once Thomas worked through his doubts, he would be one of the surest men in all Christendom. Authentic faith always begins with intellectual honesty, and doubt is the bedrock of honesty. Faith is not the absence of doubt; it is the overcoming of doubt. It was Alfred Lloyd Tennyson who said, "There lives more faith in honest doubt than in half the creeds." So, we find ourselves crying out, as did the disciple of old: "Lord, I believe. Help thou, my unbelief".

Second, we learn that the most endearing things in life can never be proven! Jesus said, "Thomas, you have believed because you have seen. Blessed are those who have not seen yet still believe". Jesus is talking about us. We will never see Jesus in this life like the disciples did. We will not have the chance to put our finger in the nail scars. We will not get the chance to touch His pierced side. Jesus understands it's harder for us to believe than for Thomas and he counts us blessed. What we must understand is we had better leave some room for mystery and miracles in our worldview. That does not preclude science. That does not preclude reason. What it does mean is that the most important things in your life will never be conclusively proved. You will, on a daily and even momentary ba-

sis, need to live by faith. God has called us to be the people of faith.

Third, we learn that we must move beyond doubt to faith. Jesus admonished Thomas, "Stop doubting and believe." Unbelief is a normal part of life, but it is not healthy to remain in unbelief. It paralyzes the joy that Christ wants for us! I find it significant that the highest confession of faith in Jesus we find in any Gospel comes from Thomas. Not Thomas the doubter, but Thomas the believer. Doubt can lead to faith. Only those who have had their faith shattered by the hammer blows of pain and adversity, by their own personal Calvary, can get to the other side of Calvary and experience resurrection faith. We can't get to Easter without passing through Good Friday. Faith is always reaching out into the void without any more assurance that someone is there than the promise of His presence. It's easy enough to have faith when things are going well, and problems do not loom on the horizon. Real faith is trusting your life on God when that seems more foolish. Thomas is not a villain. He is a model for us.

Fourth, in Thomas' encounter we learn that Christ comes to meet us amid our shattered and broken world of doubt and despair. He knows our doubts and He comes to us anyway. There are times in our lives when we face grief, disappointment, pain, or depression. There are times when these things happen and our hold on God falters. When these moments of true, deep doubt come let me urge to never doubt in the dark what God has told you in the light.



## The Methodist Message

By Rev. Daniel Randall

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## News and Updates from the LVFD: Burn Ban Begins May 1

The Lillian Volunteer Fire Department responded to 51 calls dispatched by the 911 operators in March: 32 Medical Assistance; 3 Public Assists; 4 Motor Vehicle Accidents/Clean up; 1 Brush Fire; 1 Structure Fire; 3 Cancelled en route; 4 False Alarm/Miscellaneous; and 3 Aircraft Stand By.

We held the semi-annual General Membership Meeting of the Board of Directors on April. The Treasurer announced the department was well within the budget for 2023 even with paying off the full remaining balance of \$189,074 for the 2019 pumper truck.

Chief Dewhurst reported that training has been a high focus this year and gave us examples on the achievements the department has made over the last six months: four new volunteers were recruited and have been working on becoming certified in multiple disciplines. Since October, they had one person take and pass Fire Instructor 1; another volunteer passed Fire Officer 1 and 11; and another group of Lillian and Elberta FF just passed Fire Officer 1. The new members passed their Emergency Vehicle Driver course and everyone at the station recently renewed their CPR certifications.

The department also received several grants which helped in the purchase of equipment. They are also currently waiting on the wildland equipment funded by a FEMA grant late last year, which they should receive by the end of the year.

The department also took possession of a side-by-side and F-250 flat-bed pickup. The truck was given to the department by Summerdale Fire in exchange for our older rehab vehicle. We certainly got the better deal on this one! Our monthly general board meeting usually meets the first Monday of each month. However, please be aware this May's general board meeting will be changed from Monday, May 1 to Monday, May 8. This is due to several board members being unavailable May 1. We would also like to welcome anyone from the community who would be interested in attending.

Last month we had a going away party for one of our loyal volunteers, Walter Moll. Walter has been with the Lillian fire department since 2017. Walter has had plenty of firefighting and medical experience before joining the department. His certificates for firefighting go back to 1976 which also included completion of 160 hours for his EMT certificate. Walter has been instrumental to the department not only in taking calls but working on various other projects behind the scenes for example: he ensured all SCBA were maintained and recorded; as an ardent boater, he was part of the team for boat rescues. As a handyman, he did an exceptional job

### Lillian Volunteer Fire Department

By Goretta Lysek

of detailing our trucks and painting the doors of both stations. In addition, Walter brought his expertise on drone photography to take shots of training drills so the rest of the volunteers could see their actions in real life which helped them to improve their skills. The department will surely miss Walter, but he promised to stay in touch and continue to help with training through his drone photography. The Department thanks you Walter for all your hard work and dedication to LVFD and the community. LVFD would like to remind Lillian residents and surrounding areas that the **BURN BAN** starts May 1 to October 31.

ter, but he promised to stay in touch and continue to help with training through his drone photography. The Department thanks you Walter for all your hard work and dedication to LVFD and the community. LVFD would like to remind Lillian residents and surrounding areas that the **BURN BAN** starts May 1 to October 31.



Chief Dewhurst presents Walter Moll with shadow box containing the LVFD shield at his retirement party.



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#### UPCOMING BAND SCHEDULE

##### APR

28 J HAWKINS 2-5  
28 DOC JOHNSON. 6-10  
29 JON JOINER 2-5  
29 BRANDON GILES. 6-10  
30 DARREL ROBERTS. 1-4  
30 JOHNNYB, CATHY PACE  
& BRITT MEACHAM. 6-10

##### MAY

1 KARAOKE GARY & JACK 5-9  
2 DAMIEN LAMB. 2-5  
2 RHONDA HART  
ELAINE PETTY 5-9  
3 JAY & ERIC.  
LILLIAN BAR ASSOC. 2-5  
T BONE MONTGOMERY. 5-9  
WIRE & CO. 2-5.

4 OPEN MIC GARY STORY 6-10  
J HAWKINS. 2-5  
5. BRAD LAWLEY  
HARRISON MCGINNES. 6-10  
6 JON JOINER 2-5  
6 BAT BENNET. 6-10  
7 DARREL ROBERTS. 1-4  
7 JOHNNYB CATHY BRITT. 4-8  
1.1. KARAOKE GARY & JACK 5-9  
DAMIEN LAMB. 2-5  
9 RHONDA HART  
ELAINE PETTY. 5-9  
10 JAY & ERIC  
LILLIAN BAR ASSOC. 2-5  
10 BAT BENNET. 5-9  
WIRE & CO. 2-5  
11 OPEN MIC GARY STOREY 6-10  
J HAWKINS. 2-5  
12 AL & CATHY. 6-10

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**Friday: FRIED WHITFISH BASKET \$10.95**

**The Front Porch Home of The Gathering  
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13 JON JOINER. 2-5  
13 GEAR HEAD. 6-10  
14 DARREL ROBERTS. 1-4  
14 BO ROBERTS  
MARK SHERRIL  
JAMES DANIELS. 4-8  
15 KARAOKE. GARY & JACK 5-9  
16 DAMIEN LAMB. 1-4  
16 RHONDA HART  
ELAINE PETTY. 5-9  
17 JAY & ERIC  
LILLIAN BAR ASSOC. 2-5  
17 T BONE MONTGOMERY  
BO ROBERTS. 5-9  
18 WIRE & CO. 1-4  
18 OPEN MIC GARY STORY 6-10  
19 J HAWKINS. 2-5  
19 KEVIN DANZIG. 6-10  
20 JON JOINER. 2-5  
20 MIDLIFE CRISES. 6-10  
21 DARREL ROBERTS. 1-4  
21 JOHNNYB CATHY PACE  
BRITT MEACHAM. 4-8  
22 KARAOKE. GARY & JACK 5-9  
23 DAMIEN LAMB. 2-5  
23 RHONDA HART  
ELAINE PETTY. 5-9  
24 JAY & ERIC.  
LILLIAN BAR ASSOC. 2-5  
24 TBA 5-9  
25 WIRE & CO. 1-4  
25 OPEN MIC GARY STOREY 6-10  
26 J HAWKINS. 2-5  
26 JASON ABEL. 6-10  
27 JON JOINER. 2-5  
27 MIDLIFE CRISES. 6-10  
28 DARREL ROBERTS. 1-4  
28 CATHY PACE ELAINE PETTY 4-8

## OCPB Nominates Annual Law, Citizen Awards

The Optimist Club of Perdido Bay hosted their annual Respect for Law breakfast recently at the Lillian Community Club. Law enforcement officers are nominated for Officer of the Year awards and a citizen is nominated for his or her contribution to the community as Citizen of the Year.

Corporal Joshua Dinkins of the Baldwin County Sheriff's Office won the Scott Wade Life Saving Award and Bay Minette Sgt. Robert Gates was named Officer of the Year. Elberta Volunteer Fire Fighter was name Citizen of the Year.

Other nominees for Officer of the Year are Alabama State Troopers (ALEA) Senior Troopers James "Wes" Giles, Alec Peek, Cory "Dan" Athey and Cpl. Kevin Johnson; Cpl. Wyatt McTigue, Baldwin Conty Sheriff's Office; Det. DeJuan Jackson and Det. Jeremy Amys, Daphne Police Department.

Also Officer Gina Lee, Elberta Police Department; Lt. David Hall, Cpl. Joshua Cryar and Inv. Logan Duplechain, Fairhope Police Department; Sgt. Tony Nelson, Foley Police Department; Officer Chris Childress, Gulf Shores Police Department and Lt. Vince Miller, Summerdale Police Department.

College scholarships were awarded to family members of law enforcement officers. Winners are Cecile Hunt, Anna Grace Morgan, Emma Grace Vannoy, Kade West, Danielle Willcox and Audrey and Grace Worsham.



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## CHIT CHAT

Chit Chat is a column for you. Take this opportunity to brag a little, share a little, and have fun with birthdays, anniversaries, vacations, grandchildren, and family visits.

Happy birthday wishes in May go out to Eddie Hoggle, Jeff Jordan, Johnny Barbato, Enid Cooper, Barbara Hinson, Ben and Will McNeill, Connie Synco, Ben Williams, Nick Lichliter, Wilma Spivey, Earl Dick-

son, Lee Hoffman, Carmen Greene, Samantha Lichliter, Dylan Curl, Adele Hartman, Jerry Langford, Charlie Spivey, Tina Kociban, Jim Vargo, Karen Messerli, Dottie Weaver, Terry Armit, Bob Carmichael, Sharoyne Linde, Luellen Sutton, Ruby Del Cox, Jacob Paul, Lind Harrison, James Eldredge Jr., Norman Taylor, Sandy Cowie, Sandra Lyon, Donna Hinds, Jean Champagne, Blanch Crandall,

Charles Bingle, Tracy Brown, David Mitchell and Ben and Will McNeill, Margie Whittle, Julie Mauer.

Celebrating wedding anniversaries in May are Joanie and Ed Saunders 52 years, Ron and Pat Morris 1965, Bruce and Virginia Allen 1971, Traci and Shannon Price 2000, Celeste and Richard Champion 2005, Jennifer and Chuck Canaday 2008.

If you would like to add or delete information from the Chit Chat column, please email [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com), mail it to The Lillian, P.O. Box 1088, Lillian, 36549.

You may also place a note in our folder at Lillian Perdido Bay Library, 34081 Ickler Ave., Lillian, AL 36549.

The deadline for the June 2023 issue of The Lillian is May 17.

## FRIENDS of ZION



## Bible Verses

And This is the  
Record, That God  
Hath Given Us  
Eternal Life, and  
This Life is in His  
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May 2023

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## About Change - Ready to Talk?

Conversation About Change - Are You Ready for the Talk?

Having a conversation about change involves more than just listening to your friends, family, or healthcare provider convince you that you should change. As well intended as this may seem, it usually backfires and you find yourself pushing back on the reasons to not want to change. It is a power-paradox - tell someone to change and chances are they won't. Making the decision to change is challenging.

Unfortunately, we get stuck in our own "mental loops" of ambivalence that change is not possible, maybe it is not a good time or it will cost something. What if I told you it is possible, you can make the time and yes, it will cost you? Think about how it feels in the first couple of weeks of starting a new workout routine. Chances are you will experience some soreness which is a price to pay, but what you are gaining in return is a change in your body's metabolism and not to mention how good it feels to give your body and mind the self-care it deserves. You might be telling yourself you know your muscles are sore in the beginning but you are becoming stronger with each workout. How is that for a con-



### Health Corner

By Donna Chetta, RN

versation about change? Now the self-talk is infused with motivation and confidence leading towards working out more consistently. Congratulations, you just talked yourself into change! The reason for the thought transformation in the conversation exchange is the fact that you put yourself in the driver's seat and you are talking yourself into the change. All change starts with your reasons for wanting to change and your belief that things can and will change.

So the next time someone starts suggesting or telling you that you need to change, simply remember it's your choice and start your own conversation about making changes. The mind believes what you feed it. If you would like to learn more about a conversation about change, simply email me at [wellnessd@wellnessdimension-c.com](mailto:wellnessd@wellnessdimension-c.com) and I will send you a free resource.

## Easter Egg Hunt Winners



Despite the inclement weather on Easter weekend, the Easter Bunny was able to visit with approximately 150 boys and girls at the Lillian Community Club. The event was sponsored by the Optimist Club of Perdido Bay. The children and their families were treated to a hot dog lunch and presented with dozens of colorful eggs filled with surprises. Winner of special prizes are Amelia Stuthut, Autumn Norris, Ciaran Owens, Ella Wills, Emily Haris, Eva Elizabeth Davidson, Hattie Daley, Joey Miller, Rowan Penegar, Isabella Smith, Joan Price, Korbin Brooks, Nolan Martson, Sebastian Sutton, Susie Motas and Trainity Miller.

## OBITUARIES

### Joseph Lee Eisenbarth, 84



Joseph Lee Eisenbarth, 84, of Lillian, Ala., and formerly of Kewanee, Ill., passed away March 20, 2023, in Pensacola, Fla.

Born Dec. 8, 1938, in Kewanee, the son of Henry and Bessie (McCollum) Eisenbarth, he graduated from Kewanee High School in 1956.

He wed Janice Vereecke on Sept. 25, 1956, and later married Georganna Lewis on Dec. 16, 1993.

Joe was a veteran of the U.S. Navy, having served as ship photographer aboard the USS Saratoga. He also worked at Martin Engineering, owned and operated Eisenbarth Manufacturing, and retired from Caterpillar in 2002 after 25 years.

He is survived by his wife, Georgia; daughters, Jane (Steve) Berlinski and Julie (Bob) Swedman, both of Kewanee, Janel Smith and Shauntel Hartley, both of Lillian, and Joni (Ron) Nelson, of Jacksonville, Fla.; 11 grandchildren, Andy (Erin) Berlinski, Anna Berlinski, Brandon Conlin, Brett (Nicole) Conlin, Tessa Swedman, Thad (Brooke) Swedman, Colton Smith, Chad Nelson, JeTaun (Chris) Rhoads, Jade West and Jerred (Alix) Hartley; 19 great-grandchildren; a sister, Jean Burns, of LaPorte, Ind.; and two brothers, Jim (Margie) Eisenbarth, of Nokomis, Ill., and Jan (Jackie) Eisenbarth, of Weeki Wachee, Fla.; and numerous nieces and nephews.

Cremation has been accorded and his remains will be placed at sea during a U.S. Navy ceremony. A celebration of life will be held at a later date.



### Donald Henry Kempter, 93

Donald Henry Kempter, age 93, a resident of Lillian, Alabama, passed away Friday, March 31, 2023, a few hours shy of his birthday.

Donald was preceded in death by his wife, Lenora Kempter; 4 brothers, Robert, Chuck, Herbert, and William; sister, Theresa Ekelund.

Donald was born in Brooklyn, New York. He was a Veteran of the United States Navy.

Donald retired from the telephone industry and moved to Lillian, Alabama in 1985.

He was an avid woodworker. Donald was a member of the Shepherd of the Bay Lutheran Church. Donald is survived by his children, Karen Lee Tobey (Bob) of Lillian, Alabama, Lorraine Russell of Lillian, Alabama, Kevin Donald Kempter of New York; granddaughter, Lindsey Lauer (Adam) of Reno, Nevada; multiple nieces and nephews; along with other loving relatives and friends.

Visitation was held April 5, at Wolfe-Bayview Funeral Home, Foley.

Funeral services were held April 6pm at Shepherd of the Bay Lutheran Church, in Lillian.

The family wishes to extend our sincerest thanks to Community Hospice and Home Care Companions for their compassion in our time of need.





## Think Ahead: Could You Cope With Long-Term Care Costs?

We all want to stay healthy and live independently throughout our retirement years. Unfortunately, that won't be possible for some of us, so it's a good idea to be prepared for health-related challenges — such as the need for long-term care.

As you may know, long-term care covers a variety of services, ranging from occasional visits from a home health aide to full-time residency in a nursing home. But while these types of care may vary in duration and intensity, they all have one thing in common — they're *expensive*. Genworth, an insurance company, reports these median annual costs:

Over \$100,000 for a private room in a nursing home.

Over \$60,000 for the services of a home health aide.

Furthermore, Medicare typically pays very few of these expenses, which means the burden of payment will likely fall on you — or, even worse, on your adult children if you can't afford the care you need.

Of course, you could hope that you will avoid these costs simply by not requiring any type of assistance — but the odds aren't necessarily in your favor. In fact, someone turning 65 today has an almost 70% chance of needing some type of long-term care services in their remaining years, according to the U.S. Department of Health & Human Services.

So, how can you protect yourself from the potentially enormous costs of long-term care? You could decide that you'll pay out of pocket — if so, you'll need to incorporate into your retirement budget a reasonable estimate of potential long-term care costs, and you may need to make some significant changes to your saving and investment plans. And the earlier you begin, the better.

Your other option is to purchase some form of long-term care insurance. Essentially, three types of coverage are available:

**Traditional long-term care insurance** – A traditional long-term care policy covers long-term care expenses in your home or at a nursing facility. But policies will differ in terms of what services are covered and how benefits are paid. And you may also be able to choose whether you want inflation protection. Also, with some policies, you can deduct the premiums from your state and federal taxes. (Your tax advisor can evaluate a policy you're considering for potential tax benefits.)

**Hybrid long-term care insurance** – In addition to providing coverage for home health care or a nursing home stay, a hybrid long-term care policy also offers a death benefit, so if you never need long-term care, your family could benefit from the policy's proceeds.

**Life insurance with a long-term care rider** – You can find a life insurance policy that lets you add long-term care coverage through a "rider," or optional add-on. With this type of policy, you can use some of the death benefit to pay for your long-term care needs.

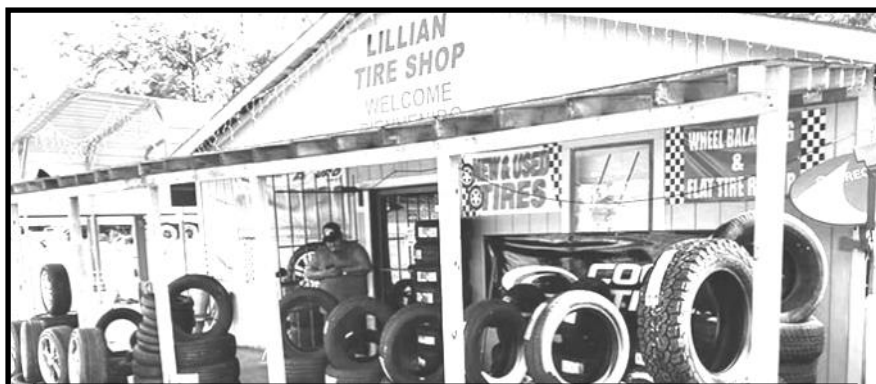
Which policy is best for you? There's no one right answer for everyone. A financial professional can help you evaluate all your options within the context of your overall investment and protection strategies. But keep in mind that all long-term care policies tend to get more expensive as you get older, so if you're considering this type of coverage, you may want to get started sooner rather than later. For questions, please contact Jason Kozon of Edward Jones located in Foley, AL, 251-943-3399.



### Financial Focus

By Jason Kozon  
of Edward Jones

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Sunday School (all ages) 9:15am

Worship Service: 10:30 am

Evangelism Study and Dinner 5:00 pm

### Weekly Bible Study Opportunities:

Wed. 5:30 pm: Dinner

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Children Grades: K-5 Bible Activities

Youth Grades 6-12: Bible Study & Activities

\*Free childcare is provided during all Bible Studies and services at our church.

Pastor: Josh Thompson

Worship Leader: Beverly Thompson

Children's Director: Debbie Sweppenhiser

Youth Director/ Pianist: Erin LeAnne

34421 Barclay Ave ~ PO Box 178 ~ Lillian

251-962-2180

LillianBaptist36549@gmail.com

Submit your news items to  
The Lillian by email to lillianeditor@yahoo.com

## The Happiness Project

### Volunteering – It's good for your soul and for the community

In this fourth installment of the HAPPINESS PROJECT series, we explore some of the reasons people volunteer and how you can decide on what you would like to do to volunteer. Whether you want to volunteer on a short-term or long-term basis, there is a place for you. Email us at [LillianVolunteers@gmail.com](mailto:LillianVolunteers@gmail.com) to find out how YOU can get involved.

For many, volunteering is a source of great joy and satisfaction. In fact, the National Institutes of Health has found improved mental and physical health in folks who volunteer. Not only does volunteering help create a stronger community, but it can help create bonds of friendship, reduces the sense of isolation, and helps people feel better about themselves. In other words, it's good for your soul.

As you will see in the testimonials from volunteers scattered through this article, the reasons people volunteer are as varied as the people themselves. But at the core is their desire to make a difference.

*"I always want things to be better, whether that's reading to children to help increase their literacy skills or helping with the Spanish Cove Garden Committee to beautify our community. Whether it's at home or at the Park, I like things to grow and be better. Building community is my passion. The more I give, the more I get. It all comes back to me 10-fold. And because I volunteer with my husband, our marriage has been blessed. It gives us something to talk about, too."*

Volunteering doesn't have to be a long-term commitment, although those are always welcomed. You can customize your volunteer experiences to

fit your lifestyle and schedule. Nonprofit organizations have multiple needs, including many that require a minimal investment of time and energy.

If you're not sure exactly how you want to volunteer, here's a great way to find out. According to *The Greater Sum*, you should:

- Ask yourself what you love doing. Write down three things you enjoy in your spare time and three talents you love tapping into.
- Now ask yourself what change you'd like to see in the world. Better opportunities for young people? More accessible healthy food in neighborhoods? Clean beaches?
- See if you can draw some dotted lines between what you love to do and what you'd like to accomplish.

There's your path to joyful volunteer opportunities!

Now find a community organization that can use your talents. Whether you have an interest in children, in literacy, the environment, in your church, the Fire Department, the Park, or any other type of activity, there is a place for you and your talents. Even if you can't physically get out of the house or attend events, there is still a role for you!

Email us at [LillianVolunteers@gmail.com](mailto:LillianVolunteers@gmail.com) and tell us what you're interested in and we'll help link you up with an organization that can use your help.

*"I believe in making the community a better place to live. I have always volunteered and often encourage my husband and family to join me. It's something we can do together. It brings us closer together. When our kids were here at Thanksgiving, they helped set up Christmas in the Park. Having a family activity is always so much fun and filled with positive memories. There's nothing like it."*

*"I volunteer because I was taught that I should leave the world a better place. I've had my own struggles (who hasn't?), but helping others makes me feel so much better. It's also given me the opportunity to meet so many great people. I really enjoy the social aspect of volunteering, too."*

*"If you're going to take from the community, then you need to give to the community and that's what I've always continued to do. It's also a great way to make new friends, especially if you're new to the community. Though my involvement with the Optimist Club, I've had a chance to work with kids and I met a young man years ago and have watched him grow up and then saw him receive a scholarship. It's very rewarding and gives me a great deal of satisfaction."*



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**Jason M Kozon, CFP®, AAMS™, CRPC™**  
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# GIGI'S FINALLY OPENS

## After Months of Work and Mounds of Red Tape, Lillian's Latest Eatery Awaits

Here's what we know.

Gigi Frankenstein and Ian Hawker run the place, open Tuesdays through Saturdays from 11 a.m. to 6 p.m. Now that they are officially open you can see a consistent crowd lined up outside ordering lunch fare. Word is the cheesesteaks and potato salad are all the rage.

The two proprietors hail from Rockford Illinois, but now live in nearby Seminole.

The sandwich shop has been the dream of Gigi for quite a while. The hours of operation are limited for now but plans, according to the managers, are for an expanded menu and the addition of breakfast fare and hours to match.

It's pretty convenient for locals whose mouths have been watering for this opening for months, let alone for local boaters and sportsmen. Gigi's is located just south off U.S. 98 on CR 99 – the entrance to the Perdido Bay Boat Launch in Lillian. It's a match made in heaven. The place offers quick service, plenty of parking and picnic tables nestled in a grove on the grounds.

The menu, though limited for now, includes cheese and bacon cheeseburgers, cheesesteaks, chicken cheesesteaks, BLTs, onion rings, French fries, footlong and chili dogs, six wing combos, chicken tenders and an extremely popular garden salad. Don't forget the sides. They include baked beans, pasta salad, potato salad and a side salad. Beverages available, of course. Call ahead or drop by. All sandwiches are \$11 or under. At 251-22-0378. See you there!



Proprietors  
Gigi & Ian  
at your  
Service  
Tues. to  
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### LILLIAN COMMUNITY CLUB

34148 Widell Ave., Lillian, AL 36549

Office Hours: Mon.-Fr. 8A.M.—11A.M. Office (251) 962-3366 & Lounge (251) 962-3966

E-Mail [lcc@lilliancommunityclub.com](mailto:lcc@lilliancommunityclub.com)

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**BINGO  
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Our annual rummage sale will be in October,  
When doing your spring cleaning and you have  
items you would like to donate please let us  
know.



## Red Hats Double as Easter Bonnets



The Perdido Grande Dames Red Hat Ladies celebrated their Easter gathering on April 11 at Fish River Grill in Foley. Kathy Brown and Candy Reed were our fabulous hostesses. Deborah Donin gave each lady a red nose ball which symbolizes the fight against children's poverty. Our birthday girls, Lorri Roit and Judy Wargo, were presented gifts including New Orleans aprons and potholders, necklaces, and unique oil perfume bottles. Door prizes were won by Mary Margaret Ayers, Melissa Scott, and Waynette Brown. Kathy Brown made pretty gourd birdhouses for each lady, and gave many more to patrons at the restaurant. Our next gathering will be May 9. Deborah Donin and Mary Margaret Ayers will be hostesses.

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