



**ANNE FIDDICK**  
**AQUATIC & SPORTS CENTRE**  
**GOLD RIVER, B.C.**  
**250-283-2216**  
**pool@conumacable.com**

**WEIGHTROOM / CARDIO ROOM & COURT HOURS**

Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm  
 Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm  
 Friday 9 am - 12 noon & 6 pm -10 pm  
 Saturday: 2 pm - 5 pm & 6 pm - 9 pm



**SCHEDULE EFFECTIVE March 14 - June 6, 2020**

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure
9 - 10 am	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM				
10 - 11 am	<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am	<b>EVERYONE WELCOME</b>		<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am	<b>EVERYONE WELCOME</b>		<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am				
11 - 12 pm	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am -12pm	↓	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am - 12pm	↓	↓	<b>EVERYONE WELCOME</b>				
12 - 1 pm	<b>AQUATIC CENTRE CLOSED DURING LUNCH HOUR</b> NOTE: LANE SWIMMING MAY BE UNAVAILABLE TUES/THURS 3:30 - 5:00 PM												<b>EVERYONE WELCOME</b> 12 - 4 pm	
1 - 2 pm	<b>FACILITY CLOSED</b> 12 noon - 5 PM		<b>EVERYONE WELCOME</b> 1 - 9 pm		<b>FACILITY CLOSED</b> 12 noon - 5 pm		<b>EVERYONE WELCOME</b> 1 - 9 pm		<b>SPECIAL EVENT SWIM</b> <b>FRIDAY</b> <b>MAY 22</b> <b>6 - 9 PM</b>		<b>EVERYONE WELCOME</b> 2 - 5 pm			
2 - 3 pm			SCHOOLS 1 - 3 pm				SCHOOLS 1 - 3 pm							
3 - 4 pm														
4 - 5 pm			LESSONS 3:30 - 5:45				LESSONS 3:30 - 5:45							
5 - 6 pm	<b>EVERYONE WELCOME</b> 5:00 - 9:00		<b>EVERYONE WELCOME</b>	P/S LESSONS	<b>EVERYONE WELCOME</b>	P/S LESSONS	<b>EVERYONE WELCOME</b>	P/S LESSONS	<b>I Love Swimming</b>		<b>EVERYONE WELCOME</b> 6 - 10 pm			
6 - 7 pm			<b>EVERYONE WELCOME</b>	5:45 - 6:45	<b>EVERYONE WELCOME</b>	5:45 - 6:45	<b>EVERYONE WELCOME</b>	5:45 - 6:45					<b>EVERYONE WELCOME</b> 6 - 9 pm	
7 - 8 pm				<b>EVERYONE WELCOME</b>										
8 - 9 pm														
9 - 10 pm														
<b><i>The pool will be closed April 10, 13 &amp; May 18, 2020</i></b>														

