

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Tablet	% Daily Value	
Folate (as Metafolin®* L-5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin)	1 mg	16,667%

ABF/141111H

Other ingredients: Mannitol, vegetable stearine, silicon dioxide, carboxymethylcellulose sodium, and magnesium stearate.

*Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

