

Some great books on Brain Development:

- *What's Going On In There? How The Brain and Mind Develop in the First Five Years of Life*
By Lise Eliot, Ph.D, 1999, Bantam Books
- *Mind in the Making*
By Ellen Galinsky, 2010, Harper Collins
- *The Developing Brain*
By Marilee Sprenger, 2008, Corwin Press

Important Brain Development Facts

From: *The Developing Brain* (Marilee Sprenger)

1. Every brain is unique
2. Emotions guide our learning
3. Stress affects learning
4. There is a brain-body connection
5. The brain has multiple memory systems and multiple modalities
6. The brain seeks meaning and relevance
7. The brain learns through experience
8. The brain is social
9. The brain learns in patterns
10. The brain grows through enrichment



**The McCormick Tribune Foundation's List:
Boost Your Child's Brain Power**

Interaction
Loving Touch
Stable Relationship
Safe, Healthy Relationship
Self-Esteem
Quality Child Care
Communication
Play
Music
Reading