



Dear Parents and Swimmers,
Welcome to the fall 2018 Semester
From September 18th, 2018 to December 5th, 2018.

We're glad to have you and your child as a part of our program.
 We just want to make sure that you are aware of a few things that are important to us:

1. Please be aware that swimming caps are mandatory in our pool. All parents must wear swim caps and babies starting in the swim Level I must wear a cap whenever they are entering the pool.
2. We will be strictly enforcing our make-up policy. All missed classes notification must be sent via e-mail to seahorsefitnessinc@yahoo.com or by calling (917) 391-7660 no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the swim semester.**
3. Showers are mandatory for everyone entering the pool. Please make sure that you rinse off before getting in the pool.
4. Strollers are not allowed on the deck or in the locker room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
5. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
6. These are scheduled classes on the following dates. Please make sure that they are in your calendars.

Tuesday:

9/18	9/25	10/2	10/9	10/16	10/23	10/30	11/6	11/13	11/27
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Wednesday:

9/19 No class	9/26	10/3	10/10	10/17	10/24	10/31	11/7	11/14	11/28	12/5
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Thursday:

9/20	9/27	10/4	10/11	10/18	10/25	11/1	11/8	11/15	11/29
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➤ **Note:** There will be **NO** classes on **Yom Kippur Holiday (9/19)**
And Thanksgiving week (11/23, 11/24, 11/25).

Again, welcome to the Spring 2018 semester. We hope it's a great one! If you have any questions, please feel free to call **(917)391-7660** or e-mail to seahorsefitnessinc@yahoo.com. Ask for me, Tommy.

**Swimmers must shower
before entering the pool.**

**See you in the pool,
 Tommy Ho
 Aquatics Director
 Seahorse Fitness, Inc
 69 Columbia Street
 New York, NY 10002**

**All classes and dates are subjected to change due to the emergency incidents (such as weather, strike or pool equipments malfunction)*

***All Payments for class, must be handed in by the first 3 weeks.**

Dear Parents and Swimmers,



**Welcome to the Fall 2018 Semester
From September 14th, 2018 to December 2th, 2018**

We're glad to have you and your child as a part of our program.
We just want to make sure that you are aware of a few things that are important to us:

1. We will be strictly enforcing our make-up policy. All missed classes notification must be sent via e-mail to seahorsefitnessinc@yahoo.com or by calling (212) 254-3651 no later than 24 hours prior to your lesson. **You are allowed to have 2 make up classes during the swim semester. All make up classes must be done within the semester.**
2. Showers are mandatory for everyone entering the pool. Please make sure that you rinse off before getting in the pool.
3. Strollers are not allowed on the deck or in the locker room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
4. Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the entrance pool. Water is allowed on deck as long as it is in a plastic container.
5. There are scheduled classes on the following dates. Please make sure that they are in your calendars.

Fridays:

9/14	9/21	9/28	10/12	10/19	10/26	11/2	11/9	11/16	11/30
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Saturdays:

9/15	9/22	9/29	10/13	10/20	10/27	11/3	11/10	11/17	12/1
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Sundays:

9/16	9/23	9/30	10/14	10/21	10/28	11/4	11/11	11/18	12/2
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**Note: There will be no classes on Columbus weekend (10/5,10/6,10/7)
And Thanksgiving weekend (11/23, 11/24, 11/25).**

All swimmers must wear swim cap and goggle. Thank you!

We hope it's a great one! If you have any questions, please feel free to call

917-391-7660 or e-mail to seahorsefitnessinc@yahoo.com. Ask for me, Tommy.

**See you in the pool,
Tommy Ho
Aquatics Director
Seahorse Fitness, Inc
69 Columbia Street
New York, NY 10002**

**All classes and dates are subjected to change due to the emergency incidents (such as snow storm, strike or pool equipments malfunction)*

**All Payments for classes must be handed in by the first week.*

Thank you!

