

South East Washington Regional FYSPRT

March 3, 2016 at 2-4pm

United Way Building, 401 N. Young St Kennewick, WA 99336

No Call in number available

Members Present:

Andrea Peyton
Chris Hoag
Brigette Phillips
Cindy Adams
Jana Hiebert
Robert Haffner
Susan Lind
Carolyn Cox
Travis Rybarski
RuVine Jimenez
Amanda Crawmer

Members Not Present:

Jill Mulhausen (sent her regrets)
Baltazar Torres (sent his regrets)
Tana Bentley
Randy Rutledge
Margarita Alaman
Liz Lee (sent her regrets)
Heather Babler
Julie Schmidt
Leigh Wick
Robert Garza
Sally Mayo (sent her regrets)

Youth Representatives in Attendance: 1

Family Representatives in Attendance: 7

System Partner Representatives in Attendance: 9

Family/Youth Percentage: 47.5%

Announcements:

- 1) There is no call-in number for this meeting
- 2) Our meeting will end promptly at 4pm
- 3) Maria Vera is our Spanish Interpreter and she will be here every meeting, so please spread the word!

Business:

Introductions – Attendees were asked to introduce themselves and identify as a Family, Youth or System Partners representative.

Ground rules of the meeting

Handout Agenda

Carolyn Cox, Family First Consulting on behalf of the Workforce Collaborative:

The Division of Behavioral Health and Recovery (DBHR) is adding Recovery to their scope to coincide with the TR Lawsuit. The new name of the Workforce Collaborative will be the "Washington State Workforce Collaborative Behavioral Health" (WSWCBH). WSWCBH is looking to troubleshoot problems with trainings, locations where the training should be located, what format should the training be in, etc. The West side of Washington is having trouble getting timely trainings, but our side is doing ok. There is a shortness of therapists and psychologists across the State. The WSWCBH is looking into incentives for college students entering the field. They are also looking into retention ideas to be able to keep therapists and psychologists in the field. They are prioritizing for the TR Lawsuit to accommodate timelines. The next meeting will look at rolling out next trainings on the agenda. Carolyn mentioned she will email a list of acronyms and the meeting notes from the WSWCBH meeting to be forwarded to FYSPRT attendees. *see attached

Report from Chris Hoag, Mental Health Ombuds:

Mental Health Ombuds, Inc. holds a contract with Greater Columbia Behavioral Health (GCBH) Regional Support Network (RSN) to advocate for Medicaid-eligible mental health consumers by protecting client rights and helping consumers navigate the Grievance and Appeal processes. MHOI also consists of the Quality Review Team, which surveys Providers, Consumers and Allied Agencies about the quality of Mental Health services throughout the GCBH service area.

Chris presented an overview of the results of the Quality Review Team Annual Report that was presented to the Regional Advisory Board (RAB) earlier this month. Chris agreed to forward the report to FYSPRT members so they can review it in depth. *see attached

Report from JJ Hiebert, Family Tri-Lead reported on State FYSPRT meeting:

The State FYSPRT talked about various house bills that are going through legislation that support Mental Health services. The State FYSPRT talked about the diversity of the Regional FYSPRTs and Region's. The State FYSPRT is in the process of building back up. They are working on becoming more youth and family friendly.

Jackie Davidson recommended the Tri-Leads attending the State FYSPRT meeting write a summary of the State FYSPRT to bring back to the Regional FYSPRT, so it can be handed out for the FYSPRT attendees to read. The FYSPRT Tri-Leads agreed.

Travis Rybarski, Youth Tri-Lead:

Presented the Doodle Poll results and discussed the best day and time for a Regional FYSPRT meeting. The group voted to accept the Doodle Poll Results.

Robert Haffner, Family Tri-Lead:

Presented on the two surveys the FYSPRT conducted across the Region.

The primary need identified from the surveys was to expand participation across the region. Currently, only Benton, Franklin and Walla Walla Counties participated in the poll. In order to get a true Needs Assessment of the region, we must get participation from ALL counties. Robert stated that he personally wants to get more counties familiar with what and who the FYSPRT is.

Jackie Davidson recommended we develop a Benton/Franklin County Local FYSPRT to provide a more balanced Regional FYSPRT.

Robert Haffner offered to share his WADADs table at Health Fairs across Yakima County with the FYSPRT Convener, Amanda, in order to share the news about FYSPRTs.

The group unanimously voted to accept the results from the Surveys so the Convener (Amanda Crammer) can move forward in writing the Needs Assessment Report for the FYSPRT deliverables.

Forum to discuss area needs:

This is a time to propose topics/concerns for the FYSPRT to address at a future meeting.

- Crisis services
- Detox facilities more accessible for teens
- Housing for teens and adults in emergency situations and Section 8
- Advocacy for those who have mental healthcare needs and who are excluded from housing services
- Transition services for youth transitioning out of youth services into adult services
- Resource booklet that breaks down help for private insurance and Medicaid services
- Sliding fee services
- Tool kit for families to assist in all services
- Educate schools and law enforcement about mental health
- Parenting classes in schools for kids that may have struggles
- Parent to Parent services for Mental Health
- Childcare for mental health consumers

Who isn't here that should be here? Open forum for FYSPRT attendees to suggest outreach opportunities across the region:

- Jordan Chainey
- Suggested brainstorming session for next meeting: hand out post it notes and ask people to fill out and post on a large wall
- Nueva Esperanza: Train Perez
- Communities and Schools: they can give access to more youth
- My friends place
- Safe Harbor
- Comprehensive
- Urban Poets Society
- Church connection @ schools

Our next proposed meeting agenda:

Amanda Crammer recommended we add a presentation on the WISE program by Andrea Peyton to our next meeting Agenda.

It was recommended that we add a report on WISE data for the FYSPRT to review by Jackie Davidson or Cindy Adams.

The FYSPRT voted to accept these additions to the Agenda for next meeting.

The meeting adjourned at 3:55pm.