

Ireland's Ascendants July 22 - 28

with Erin McHugh and Special Guest Guide, Anthony Murphy

Ireland's Ascendants is pleased to announce our next pilgrimage to the Emerald Isle: A deep dive into the mysteries and legends of the Brú na Bóinne, or Boyne Valley, A UNESCO World Heritage Site and Neolithic monumental playground.

This is a very special tour as we will be joined for three days by Anthony Murphy, an Irish journalist, photographer, author and astronomer who lives in Drogheda, at the gateway to Ireland's historic Boyne Valley. He has spent almost 20 years researching, photographing and writing about the ancient megalithic monuments of the Boyne Valley and their associated mythology, cosmology and alignments.

We will step lightly on the hills and stones of the Old Ones, on and off the beaten path of Ancient Ireland. We will walk through 0 rich stories and wonders of the Neolithic tribes, ancient astronomers and their creations, their monuments to the dead and alignments to the stars.

We will walk the balance of the Sacred and the Mundane. We will speak, sing and meditate with the Goddesses and Gods of the land. We will listen with our hearts what the wind, the smell of the wet soil, the soothing nature all have to say. We will celebrate our own ancient selves, arising today and activate our hearts with our own sacred wisdom.

Let the Old Ones guide you home. They have been calling you.

Places/regions we will visit:

- Dublin
- Surrounding Dublin day trips
 - o Glendalough and Wicklow Forest
 - Kildare
 - Flame and Well of Brigid
- Boyne Valley/ County Meath

Dublin Area Seaside Hotel



 $\label{eq:July 22} I uly 22$ Arrive and rest as we gather and join in circle to initiate our exciting tour!



July 23
Dive into present day Irish Culture and look into the past

Put on your walking shoes and be a super tourist for the day with City bus tours (chock full of historical information), optional Guinness Storehouse Tour, Temple Bar, Trinity College (Book of Kells tour), and more!





July 24 Entering the Mysts

One of the enduring sacred lands for both the ancients and the Celtic Christians, home of the 6^{th} Century Monastery of St. Kevin. The soil and air is rich here, with history and legends. Dive into the lands where the veils are thin and Fairies lurk behind the trees and whisper in your ear.

Kildare



July 25 Honoring Brigid, the healer and craftswoman

St. Brigid and Goddess Brigid are one and the same. The Christian Church always put the Saints and Gods and Goddesses together to steer the pagans to the Church. But Brigid has always been a Spirit

of the old ways. Daughter of a Blacksmith, Goddess of the Hearth, of Fire and the Creative Spirit. She is honored by the perpetual flame kept in her name by the Brigidine Sisters in Kildare and by the Spring and Well not far from where the flame is kept. A potent place for Ireland as St. Brigid is not only one of the most beloved and well-known Goddesses of Ireland, but she is also one of the Patron Saints. Bring her into your heart, with her true medicine. Discover what she has for YOU!

Boyne Valley, County Meath

July 26 – 28



Beyond the Celts, the power of Ireland and Her Stories

An in-depth journey through the intriguing world of Ireland's Neolithic past. That which shaped the land and the people of Ireland. We will visit, Newgrange (Sid na Broga), Dowth, Slieve na Caillaigh (Loughcrew Cairns), Four Knocks, and more! This part of the tour will be led by Anthony Murphy of Mythical Ireland, an historian and local expert on the Valley, Anthony has been featured on many news and media sites concerning, especially, his recent discovery during the Summer of 2018 drought of a new henge just a stone's throw from Newgrange. See more about that discovery here!

Get to know Anthony at his website: www.mythicalireland.com



Anthony's discovery with his drone, The new Henge at Newgrange (in the distance)

ENERGY EXCHANGE

Investment/energy exchange: \$1888

Deposit to hold your spot is \$500.

Payment plans available to be completed by July 1st.

Deposits are non-refundable as of July 1st.

Energy Exchange Includes:

- Airport Transfers to and from Dublin
- Accommodations
- Full Irish Breakfast (daily provided by lodging) and two special dinners!
- · Morning Circles, meditation and rituals with the land
- Sacred site fees
- Local guides

Energy Exchange Does NOT Include:

- Airfare to Ireland (estimated \$700 900)
- Extra city tours (Guinness Storehouse about \$25)
- Lunch and Dinner

What to bring

- Waterproof boots (Wellingtons)
- Flashlights
- Water bottle
- Journal
- Warm and cold weather clothes
- Rain jacket/Windbreaker
- Food and spending money
- a curious heart and a desire to connect

Your Guides:

Erin Sunniva McHugh Founder, Divine Singing; Co-Founder, Temple of the Rose

Sacred Songstress and ordained Priestess of the Goddess Isis, Erin Sunniva McHugh walks the path of the Divine Feminine in the footsteps of Mary Magdalene and her Celtic/Druid Ancestors. Erin Sunniva specializes in Spiritual Alchemy, healing on the soul level, and offers mentorship and intuitive coaching sessions supported by a comprehensive range of tools including Hypnotherapy, Tarot (accessing the Akashic Field), ceremony/ritual, and sound healing. She uses her extensive experience and initiations in personal development and spiritual life guidance to support others in living the best life, especially helping women realize and embody the Divine Feminine Sophia Principle within them. Owner of Divine Singing, co-founder of the Temple of the Rose, Erin Sunniva creates healing music, teaches online courses in Spiritual Alchemy, leads workshops around the world, mentors initiates in the Priestess Path, and co-facilitates sacred pilgrimages to Ireland, the UK, and



France. www.divinesinging.com

Anthony Murphy Founder, Mythical Ireland



Anthony Murphy is a journalist, photographer, author and astronomer who lives in Drogheda, at the gateway to Ireland's historic Boyne Valley. He has spent almost 20 years researching, photographing and writing about the ancient megalithic monuments of the Boyne Valley and their associated mythology, cosmology and alignments. He is the author of five books, including the acclaimed Island of the Setting Sun: In Search of Ireland's Ancient Astronomers (with Richard Moore), Newgrange: Monument to Immortality and Mythical Ireland: New Light on the Ancient Past. His works of fiction are a novella called Land of the Ever-Living Ones and a short novel called The Cry of the Sebac. Anthony has appeared many times on television as an expert on Newgrange and the monuments and indeed astronomy, and he has featured

in newspaper, magazine and news media articles around the world. He regularly gives talks about his research and also leads private tours of the monuments. He is a member of the <u>Independent Tour</u> <u>Guides Association</u>.