

COUNSELING AND MENTAL HEALTH

How did you hear about RAM Counseling Services? _____

Reason for visit today: _____

What are your expectations and goals of our time together in counseling? _____

For Clinician:

- Goal _____
- Goal _____
- Goal _____
- Goal _____
- Goal _____

Treatment Method:

Length of Treatment:

Insurance:

Have you had previous counseling? _____ If yes, please list with whom, reason, when

Have you ever been inpatient for mental health reasons or substance abuse? _____
If yes, when, where and why were you hospitalized?

What diagnoses of mental health issues have you received in the past?

If you have ever been prescribed psychotropic drugs please list the name and the dates that you used them.

Have you ever engaged in any self harm behaviors? If yes, describe and give ages.

Have you ever attempted suicide? Is yes, give methods and ages

Are you currently experiencing any suicidal thoughts? _____

Do you have any family members with mental health or substance abuse issues? If so what is the relationship and what is the problem?

Do you use any type of alcohol or drugs? _____ If yes:

Substance used	Frequency/amt of use	Method of use	Last use	First use
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Do you experience any type of negative consequences from your substance use including physical health, relationship, financial, occupational, mental issues, legal etc.?

Have you ever been in a 12 step program and when? _____

If you gamble, how frequently do you go and do you spend more than you intended to?

Is there any family history of substance abuse?

FAMILY OF ORIGIN

Name	Occupation	Education	Health
Father _____			
Stepfather _____			
Mother _____			
Stepmother _____			

Please list the parents that were present in your life in childhood. _____

What is the current marital status of parents? _____

Siblings in order of birth (please include yourself) and ages

Who lived in your home when you were growing up? If people in addition to those listed above please indicate relationship.

Was your home life

___ Outstanding ___ Normal ___ Chaotic ___ Witnessed abuse ___ Abusive to you

Explain _____

At what age did you leave home? _____ Was your family supportive at this time? _____

Why or why not? _____

Any special circumstances during childhood? _____

Any significant relationship issues when you were growing up either between you and someone else or between two other family members? _____

DEVELOPMENT

Do you know of any difficulties your mother experienced during her pregnancy with you?

What type of delivery did she have? _____

Describe any type of developmental delays as an infant or toddler _____

What type of grades did you make in school? _____

What activities were you involved in? _____

If you had any type of difficulties in school; please describe _____

What childhood illnesses did you have? _____

What difficulties did you experience as a child? _____

What significant accidents were you involved in? _____

If you experienced trauma, abuse, neglect; please describe _____

How would you describe your social interactions as a child? _____

Any behavior problems growing up? _____

Significant losses in your life. _____

CURRENT

Marital status: _____ single _____ married _____ divorced _____ widowed _____ remarried
If married more than once, please list previous spouses and dates

Children and ages:

Living with you

Not living with you

Who else lives with you? _____

What people in your life are supportive of you? _____

Highest level of education that you have received. _____

Occupation _____

How long have you held this position? _____

Difficulties or stresses of employment. _____

Spirituality that is important to you _____

Cultural issues that are important to you _____

Any legal problems past or present? _____ If yes, describe type and dates.

Describe any financial struggles. _____

Describe any personal conflicts or difficulties at this time. _____

MEDICAL

Please list all medications you are currently taking:

Name of RX Reason for RX Length of time on RX Dr that prescribes

Name of primary care physician _____ Date last seen _____

Primary Care phone number _____

Name of psychiatrist _____ Date last seen _____

Psychiatrist phone number _____

Allergies of any kind _____

Hospitalizations/ surgeries; type and date

General health at this time

Good _____ Fair _____ Poor _____

Any health concerns or negative lab reports? _____

History in father, mother, siblings of any health problems _____

TREATMENT PLAN SIGNATURE PAGE

Client response to treatment plan:

No response (Please indicate reason):

Parent response to treatment plan:

Client Signature:

Date: _____

Parent/Guardian Signature (Client under age 14):

Date: _____

Clinician Signature:

Date: _____