



## Space Coast Allstars 2018-19 Team Placement Packet

### Dates & Times

Please come to the date that fits your child's skill level as of today. It is important that you attend **YOUR** evaluation date to be placed on a team (if for some reason you are unable to make all the date and time please let Coach Rene know ahead of time).

Date	Time
<b>Wednesday, May 16</b>	Level 1 and 2- 6-8pm
<b>Thursday, May 17</b>	Level 3 and 4- 6-8pm
<b>Friday, May 18</b>	Team Reveals All Levels 7pm

### Dress Attire

Females- sports bra and/or t-shirt, shorts, socks, athletic sneakers, and hair pulled back in a tight ponytail (bow is optional).

Males- t-shirt, shorts, socks and athletic sneakers.

**There is absolutely no jewelry allowed as it is a safety hazard!**

### What to Bring

- ✓ Registration Form
- ✓ Evaluation Form
- ✓ Tumbling Evaluation Form
- ✓ Copy of Birth Certificate (if new to Space Coast)
- ✓ Dual Release of Liability Waiver
- ✓ Liability Waiver (needs to be signed by a parent @ check in)
- ✓ Headshot (if new to Space Coast)
- ✓ Required Registration/Liability Fee:  
Returning Athletes: 50.00  
New Athletes: \$65.00



# Registration Form

## Athlete Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender: F / M DOB: \_\_\_\_\_

Cell Phone #: (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Age as of 08/31/18: \_\_\_\_\_

School Attending 2018-19: \_\_\_\_\_

Grade Entering Aug. 2018: \_\_\_\_\_

## Parent/Guardian Information

### Parent/Guardian #1

Name: \_\_\_\_\_

Cell Phone #: (\_\_\_\_) \_\_\_\_\_

Work Phone #: (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

### Parent/Guardian #2

Name: \_\_\_\_\_

Cell Phone #: (\_\_\_\_) \_\_\_\_\_

Work Phone #: (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

WILL YOU BE PREP OR ELITE? \_\_\_\_\_

## Medical Information

Please list any physical limitations, health conditions or injuries that may affect the athlete's participation and/or performance: \_\_\_\_\_

Allergies: \_\_\_\_\_

Current Prescriptions: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_

Policy #: \_\_\_\_\_

In case of an emergency, what hospital do you prefer your athlete be taken to? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relation to Athlete: \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_

# Evaluation form

Athlete Name: \_\_\_\_\_ Age as of 08/31/18: \_\_\_\_\_

Gym/Program 2017-18: \_\_\_\_\_ Team/Level 2017-18: \_\_\_\_\_

# of years in Allstar: \_\_\_\_\_

If you have been on a team before, what role(s) did you perform in stunt groups?  
(Circle all that apply).

MAIN      SIDE      BACK      FLYER      FRONT

What is the highest level of stunts you have performed? (Circle one).

1                      2                      3                      4                      5

What extra-curricular activities will be a higher priority for you than your allstar team? \_\_\_\_\_

What dates/weeks will you be missing this Summer (if any) for school cheer, vacation or other commitments that cannot be rescheduled?  
\_\_\_\_\_

**New Athletes Only:**

How did you hear about us? \_\_\_\_\_



## Tumbling evaluation form

Please check **all** of the skills you can **currently complete consistently, with good technique and without a spotter.**

**\*\*Tumbling skills ARE NOT required to make a team!**

	<b>Beginner</b>	<b>Intermediate</b>	<b>Advanced</b>
<b>Level 1</b>	<ul style="list-style-type: none"> <li>- Forward Roll</li> <li>- Backwards Roll</li> <li>- Cartwheel</li> <li>- Round off</li> <li>- Bridge Kick Over</li> </ul>	<ul style="list-style-type: none"> <li>- Jumps to Forward Roll</li> <li>- Jumps to Backwards Roll</li> <li>- Handstand Forward Roll</li> <li>- Back Walkover</li> </ul>	<ul style="list-style-type: none"> <li>- Back Extension Roll</li> <li>- Front Walkover</li> <li>- Back Walkover Series</li> <li>- Specialty Series</li> </ul>
<b>Level 2</b>	<ul style="list-style-type: none"> <li>- Standing BHS</li> <li>- Jump pause BHS</li> <li>- BHS pause BHS</li> <li>- Round off BHS</li> <li>- Front Handspring</li> </ul>	<ul style="list-style-type: none"> <li>- T-jump BHS</li> <li>- BWO BHS</li> <li>- BHS Step out RO BHS</li> <li>- RO BHS Series</li> <li>- Front Bounder</li> </ul>	<ul style="list-style-type: none"> <li>- BWO BHS Step out into Specialty</li> <li>- FWO RO BHS Series</li> <li>- Specialty Series</li> <li>- FHS Front Bounder</li> </ul>
<b>Level 3</b>	<ul style="list-style-type: none"> <li>- Standing 2 BHS</li> <li>- Jumps to BHS</li> <li>- RO Tuck</li> <li>- RO BHS Tuck</li> </ul>	<ul style="list-style-type: none"> <li>- Standing 3 BHS</li> <li>- 3 Jumps to 2 BHS</li> <li>- FWO RO BHS Tuck</li> <li>- RO BHS Step out RO BHS Tuck</li> <li>- Punch Front</li> </ul>	<ul style="list-style-type: none"> <li>- 4 Jumps to 3 BHS</li> <li>- Jump BHS Jump BHS</li> <li>- Jump BHS Step out RO BHS Tuck</li> <li>- FWO RO BHS Step out RO BHS Tuck</li> <li>- Punch Front FWO RO BHS Tuck</li> </ul>
<b>Level 4</b>	<ul style="list-style-type: none"> <li>- Standing Tuck</li> <li>- Standing BHS Tuck</li> <li>- Jump to BHS Tuck</li> <li>- RO BHS Layout</li> </ul>	<ul style="list-style-type: none"> <li>- 3 Jumps to BHS Tuck</li> <li>- 3 Jumps pause Tuck</li> <li>- Standing BHS Layout</li> <li>- FWO RO BHS Layout</li> </ul>	<ul style="list-style-type: none"> <li>- Jumps to BHS Layout</li> <li>- BHS Whip BHS Layout</li> <li>- Punch Front RO BHS Layout</li> <li>- RO Whip BHS Layout</li> <li>- RO Whip punch Layout</li> </ul>
<b>Level 5</b>	<ul style="list-style-type: none"> <li>- Jumps to Tuck</li> <li>- 3 BHS Full</li> <li>- 2 BHS Full</li> <li>- RO BHS Full</li> <li>- FWO RO BHS Full</li> </ul>	<ul style="list-style-type: none"> <li>- Standing BHS Full</li> <li>- Jump to BHS Full</li> <li>- Standing Full</li> <li>- BHS Whip to BHS Full</li> <li>- Specialty to Full</li> <li>- RO BHS Double Full</li> </ul>	<ul style="list-style-type: none"> <li>- Jump to Standing Full</li> <li>- BHS Series to Double Full</li> <li>- 2 BHS to Whip punch Double Full</li> <li>- Standing Specialty to Double Full</li> <li>- Running Specialty to Double Full</li> </ul>



## Dual release of liability waiver

Name of Child Participant (if under 18): \_\_\_\_\_

Name of Adult Participant/Parent: \_\_\_\_\_

I, (we) despite all reasonable precautions implemented for safety, am (are) fully aware of and appreciate the risks, including the risk of catastrophic injury, paralysis and even death, as well as other damages and losses associated with the participation in the programs or activities. I (we) knowingly and willingly assume all such risks.

Consequently, I (we) hereby for myself, heirs, executors and administrators, do waive and release any and all rights and claims for damages against the owner, operators, coaches and other members of Space Coast Cheer Allstars (the releasees) from personal injury or accident of any sort or nature suffered by me (us), the undersigned, by reason of participation or membership in classes, lessons or any program activities of Space Coast Cheer Allstars.

\_\_\_\_\_  
Participant Signature (if over 18)

### Minor Release

Name of Parent/Guardian: \_\_\_\_\_

I, the minor's parent and/or legal guardian, understand the nature of these activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability claims, demands, losses, or damages on the minor's account, including negligent rescue operations. I further agree that if, despite this release, I, the minor, or anyone on the minor's behalf make such a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as a result of any such claim.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date