## **Online Booking Instructions**

- 1. Access the Vibe Bodywork booking page by pressing the BOOK APPOINTMENT buttons on the Vibe Bodywork website, or by visiting Setmore directly https://vibebodywork.setmore.com.
- 2. Click on the service of your choice. For CLINIC sessions (where you will come to my clinic for the treatment) choose either BASIC CONSULT (required for your first session only), the Fixer-Upper 55-minute, the Fixer-Upper 25-minute, the Chi-Mover 55-minute, or the Chi-Mover 25-minute. For OUTCALL sessions (where I bring my treatment table to your home, hotel, or office), choose the Acussage, CircUssage, Yogassage, or FooFoossage.
- 3. Click on Chris Melmoth IN CLINIC or Chris Melmoth OUTCALL.
- 4. Click on the calendar day of your choice. IN-CLINIC sessions are offered on Monday & Tuesday afternoons only. OUTCALL's are offered on Thursday nights only.
- 5. If there still are times available on that day, you will see them to the right of the calendar. Choose your preferred time. If there are no times available that day, it will say "No slots available". You will have to choose a different day.
- 6. Sign in to Setmore, or create a new profile.
- 7. Confirm that your information is correct, then click "Book My Appointment".
- 8. You should then receive a confirmation email message. <u>If you do not receive a confirmation email message</u>, your session was not booked, and you must repeat this whole process.