

Miss Bonnie's Newsletter

We love because he first loved us. 1 John 4:12

Happy February! So excited that February is here! It's just a short month full of Love! Of course it will be based on if our little friend (the groundhog) sees his shadow, on just how short and sweet February will be. Pray for an early Spring.

February brings Health Heart Month in our classroom. Imaginative play will consist of creating a doctor's office with doctors, nurses and patients. The office will be full of hands-on math, science and reading activities. The children will learn the shape and location of their heart, that the heart is a muscle and that we need to live. There are things they need to remember to do all of their lives to keep their heart healthy. Such as, eating nutritious food, brushing teeth, washing hands, exercise and be happy as often as possible. Activities for the children to promote a healthy heart with fun and positive messages will be my goal.

#1 Nutritious Foods: Children love to share food they make in the kitchen. Please send in a healthy snack for your child to share with the class. (22 students) A list with your child's date will follow.

#2 Dental Health: A visitor will come this month for Dental Health to demonstrate the importance of brushing teeth.

#3 Washing Hands: Glitter germ activity. It's a fun germ spreading game but I'd like to think they are learning at the same time and a great way to get them to wash their hands.

#4 Exercise: The class will start Cardio Drumming on Friday's for the month of February. We will keep their yoga mats to continue yoga in March. The kiddos thoroughly enjoy yoga! Not only will it be a great exercise for their heart but crossing the midline exercise as well. Practicing letters, counting the syllables with the rhythm of the sticks will also be a fun learning technique. Our class will also participate in the Walkathon. Please help your child collect pledges, it's for a great cause!

#5 Happy: Now for the Happy as much as possible part. I can't think of a better way to explain that the heart has one more function. The heart is the symbol of Love and Love makes us Happy! Therefore, our Valentine party will be on February 13th. We will have a fruit kabob bar to build their own Cupid's arrow, along with Valentine games and special deliveries.

STEAM projects will consist of heart patterns, string hearts, dissolving hearts, heart vessels and making Love potion.

In honor of President's Day I will read short stories about George Washington and Abraham Lincoln. Making president's pie will be our cooking project. To help continue to educate the kiddos about the Presidents they will learn the value of coins and dollar bills. Thank you for sending in loose change with your child. We will continue collecting until May. The monies accumulated will go towards the end of the year class party.

To wrap up February the children will make paper houses with their names on them. We will put them together to create a neighborhood, which will start to our March theme (community helpers and transportation).

Parent and Student Homework: Please help your child make a mailbox with their name and address on it for their Valentine box. This will be the address they will be taught. The kiddos just have to sign their name on the Valentines. 11 girls 9 boys

Parent Homework: Please send a letter explaining why you love your child and what you love most about them. You will be writing to your child. Please omit their name. At the Valentine party I'll read them at carpet and the children have to guess which one is theirs. I always keep a box of tissues handy. Take the time to enjoy your little one! Due by Monday, February 11th.

God Bless, Miss Bonnie, Miss Vicky

Important dates:

February 11th: Letters due

February 13th: Valentine Party

