

12TH SUNDAY IN ORDINARY TIME

A violent squall came up and waves were breaking over the boat, so that it was already filling up. They woke him and said to him, "Teacher, do you not care that we are perishing?"

Mt 4:37-38

Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger—
frbdunkelberger@hbgdiocese.org

Website-www.olvshippensburg.org You Tube-Shippensburg Catholic Church...(717) 532-2912 Campus...(717) 477-1244 Emergency...(717) 323-2679

Weekend Masses

Saturday.....5:00 pm
Sunday.....8:00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday8:30 am
Wednesday.....6:30 pm
First Saturday of the Month.....9:00 am

Rosary

Tuesday—Friday.....8:00 am

Reconciliation

Saturdays.....3:30 pm – 4:30 pm
Wednesdays.....5:30 pm - 6:20 pm
1st Fri. of the Month...7:30 am – 8:20 am
1st Sat. of the Month...8:00 am – 8:45 am

Adoration of the Most Blessed Sacrament

1st Fri. of the Month...7:30 am – 8:20 am
Fridays.....9:00 am-- 7:00 pm

Office Hours

Monday-Thursday.....9:00 am—4:00 pm
Closed Holy Days & Holidays



PARISH CONTACT INFORMATION

Associate Director of CCM.....John Klarmann
jtklarmann@ship.edu.....(717) 477-1244

Parish Office Manager.....Tracy Plotner
tplotner@hbgdiocese.org.....(717) 532-2912

Religious Education Coordinator.....Jolene Cramm
jcramm@hbgdiocese.org.....(717) 532-2912

Homebound Minister Coordinator.....John S. Bonitz
jsbonitz@comcast.net.....(717) 262-3614

Finance Chairperson.....Charlie Albright
charltonalbright1@gmail.com

Parish Council Chairperson.....Lyn Solder
lyndasolder@gmail.com(410) 259-8954

Greeter Ministry.....John Thornton
johnnie7746@gmail.com..... (508) 868-5640

Usher Ministry..... Joe Cretella
pjcretella1@gmail.com.....(717) 377-1480

Music Ministry..... Michael Adams
MAdams@hbgdiocese.org

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.

The Catholic Priest's Reception of Communion – *Silent Prayers that Resound with Deep Meaning*

After beholding the newly consecrated host and precious blood in adoration and humility (*last week we reflected on this as the priest holds up both sacred species and says, "Behold the Lamb of God...etc."*), it is time for the reception of holy communion during the Catholic Mass. The Catholic Priest is supposed to be the first to receive, and this reception is surrounded by beautiful silent prayers the priest is supposed to pray at this point. These silent prayers truly communicate the importance of what is happening, and they can help everyone more fully approach this amazing truth of our faith when we receive Jesus at Catholic Mass.

First of all, the priest has two options of longer silent prayers after the Lamb of God is sung and before he elevates the chalice and host during the "Behold the Lamb of God..." part that we reflected on last week. These longer and silent prayers are so beautiful that I just want to put them here for you to pray with if you'd like:

"May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body and a healing remedy."

OR

"Lord Jesus Christ, Son of the living God, who, by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world, free me by this, your most holy Body and Blood, from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you."

Secondly, I would like to say a few words about the silent prayer the priest says immediately before receiving holy communion. He is supposed to say, "*May the Body of Christ keep me safe for eternal life*" and then "*May the Blood of Christ keep me safe for eternal life.*" These short and silent prayers immediately before the priest receives at least acknowledge two things: first, that we are focused on our eternal home and reality, and this prayer truly helps me to bring that to mind that eternal life is what matters most; second, that Jesus' very life in holy communion is our hope, our love, and our salvation, and we need to remember in humility that our relationship with Him truly keeps us safe as far as it more deeply unites us to His Divine life even more fully than before. These silent prayers help me to prepare my heart and soul for communion, and please consider using these or other prayers to help you approach Jesus in Holy Communion with a lively faith and a humble heart. God Bless you, and let us thank God for the beauty, truth, and blessing of our Catholic faith and Jesus coming to us at every Mass in Holy Communion for our sake!



Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be Thursday, August 1st at 7:00 pm in the social hall. For more info on the KOC please contact Travis Detwiler at 717-809-0672 or travisedetwiler@gmail.com

The next Ladies meeting will be Wednesday, September 4th at 2:00 pm in the social hall. For more information regarding the Ladies Auxiliary please contact Donna Bonitz at 717-860-4909 or ddbonitz@gmail.com.

The next potluck will be Sunday July 21st

CHURCH

Potluck

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided.



All students in grades 6-12 are invited to our next Youth Group Meeting on Saturday June 22nd from 6-8pm in the social hall.

Feel free to invite your friends!!



Run with a Priest! (...or walk or bike!)

Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.

The next run will be Sat. July 6th



We are excited to announce that our parish is enrolled in a recycle program. We have 2 recycle bins, one is placed in the social hall and the other bin is placed in the lobby of the church closest to the social hall entrance. On front of the bins are guidelines as well as copies of the guidelines that you may take with you. Our goal is to collect 1,000lbs in a years time! Please contact Heather Kauffman for more information, 223-220-6913.



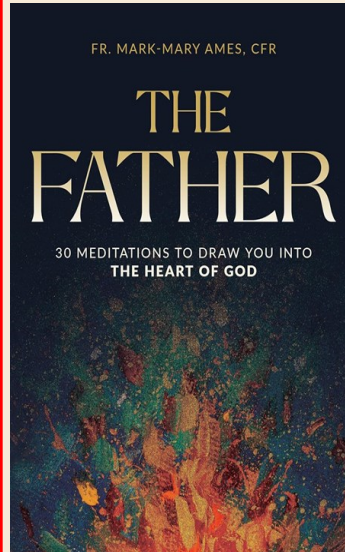
Register Now for Vacation Bible School!!!

There is NO COST, but spaces are limited— so don't wait! VBS is for students in pre-k (4 & 5 years old) through 5th grade.

VBS is August 5-9 this year from 6-8pm in the social hall with some outside activities, as weather permits. Registration forms can be found on the bulletin board outside of the Religious Education office. You may email, mail, or slide completed forms under my door! Let me know if you have any questions! Jolene Cramm jcramm@hbgdiocese.org

Book of the Month – May and June 2024

The Father: 30 Meditations to Draw You Into the Heart of God



by Fr. Mark Mary Ames

Saying the Our Father prayer that Jesus taught us from 2,000 years ago when He walked this earth is a fairly normal thing for most Christians. Many of us as Catholic Christians, say the Our Father prayer many times every single day. However, how often do we take some time to reflect on God relating to us in personal way as a true and real father. Fr. Mark Mary Ames is a young Capuchin Franciscan priest in New York City, and he does a remarkable job in his new book, *The Father*, to

bring our belief and Scripture itself into a new light in this way. Fr. Mark Mary uses real stories and examples to easily bring the reader into a new understanding of Scripture and help us to pray through our relationship with God as a Father. These reflections and stories are split up into 30 different chapters or days, and they are only a few pages long, which make this book easily readable and digestible for the average person. If you want to grow in friendship with God, in love of God, and in a relationship with God, then please consider joining our parish in reading this book over the next two months of May and June. As usual, you will need to purchase this book to read it, but please also let me know if you don't have the money to purchase it and would really like to do that this time around. Once again, please consider reading through this book, and also consider joining us either way on **Wednesday, June 26th from 7:30 – 8:30 pm** in the social hall for our book discussion. Thank you all, and God Bless you!



We have started a flower ministry here at OLV. You may sign up for a weekend to have flowers placed at the tabernacle in honor or in

memory of someone. The flowers will cost 40.00. The flowers will be ordered and delivered from Fishers Florist. The sign up sheet is in the lobby of the church. Envelopes are provided near the sign up sheet for payment that you may put in the collection bin or drop off at the office. Please contact Sue German at 717-816-0552 with any questions.



Each year, a missionary is assigned to our parish by our diocesan Mission Office for an appeal asking our assistance for ministries to assist the poor. On the weekend of June 29-30 we will welcome Fr. Gary Wiesmann, for our annual mission appeal on behalf of the DIOCESE OF MANDEVILLE, Jamaica.

When we think of Jamaica, we think of Ocho Rios, beautiful beaches, vacations and wonderful scenery. But, just beyond all of that, Jamaica is among the poorest countries in our hemisphere and the Dioceses of Mandeville is the poorest of the three dioceses in Jamaica. Many of the people have no running water. Many youth are "functionally illiterate;" there is an alarming number of destitute elderly and abandoned children; and, the average Sunday collection is 10% of the operating cost at half our parishes The Diocese of Mandeville is very poor!

Checks and donations can be made out to our parish with Mission Co-op written in the memo line. Online contributions to this mission may also be made through the Mission Office home page at www.hbgdiocese.org/missions, which has a "Donation" button; Gift Direction-Missionary Cooperative Appeal. When you identify your parish, the contributions will go to the correct mission group.

Our 8 Days of Eucharistic Joy may be over, but you can remember this momentous week and be reinvigorated in your love for Christ with a commemorative art decal drawn by some of the younger members of our diocesan community! The Office for Laity and Family is offering three different decals featuring the Holy Eucharist, each one available to purchase for only \$3. To see each decal and place your order, please go to: www.hbgdiocese.org/euch8decal

All proceeds will go to support new and existing family ministry initiatives in our Diocese. Please share this widely with your families, friends, ministries, and communities. If you have any questions about the decals, please reach out to Melissa Maleski at mmaleski@hbgdiocese.org or Shannon Gump at sgump@hbgdiocese.org



The Parish Council ballots should be returned by **June 30th**. All registered parishioners are asked to vote for 3 candidates to fill the upcoming 3 vacant seats. The ballot box is the lobby of the church. Thank you!



Subscribe to the official digital publication of the Diocese of Harrisburg! Covering news, events and our Catholic community, the Catholic Witness is your source for inspiring stories of faith in action, reflections on the teachings of the Church, and upcoming events. Visit www.catholicwitness.org for the latest news and to subscribe to our emails, delivered to your mailbox FREE once a week.

The Word of God Alive:

Discussing the Readings with your children



As we listen to today's Gospel reading, we hear that Jesus is someone who told the sea what to do and the sea obeyed.

The people of Israel remembered that God had made the waters, controlled them and saved them. In the responsorial psalm we prayed, "In their distress they cried to the Lord, who brought them out of their peril; he hushed the storm to silence, and the waves of the sea were stilled."

There was a moment, perhaps five hundred or even a thousand years after the psalm was written when Jesus' friends were tossed about on the sea. The waves were crashing into the boat and filling up with water. You can imagine how scary this must have been for Jesus' friends.

What would happen if the boat filled with too much water?

Somehow in the midst of all this, Jesus was sleeping. His friends were shocked that he could sleep in the midst of the danger and they didn't understand why it seemed he wasn't doing anything at all.

When they woke Jesus, what did he do? What did the sea do?

In that moment, Jesus' friends asked themselves, "Who is Jesus Christ?" when they said, "Who then is this whom even wind and sea obey?" Remember who made the seas and had the power to command them. Jesus is the One who can command the seas. Jesus is the One who can answer the prayers of those in need of salvation. Jesus is the One who does all of this because his love is everlasting.



Living our Faith: Take time this week to thank Jesus for his power to make things better in our lives.



Shippensburg Community Resource Coalition

Christ Among Neighbors (CAN): CAN has been helping Shippensburg residents with emergency financial needs for over 20 years. Volunteers are needed on Wednesday afternoon or Saturday morning. Visit our website or call us to learn more. Suzanne Hildabrand 717-377-8316; www.christamongneighbors.com.

Hound Packs: We will be collecting soup all summer so that we are ready for the fall. At the end of the school year, we were packing 200 bags of food for children who don't have enough food for the weekend, they try to give 2 cans of soup each week.

They are also looking for someone to deliver the bags to the schools for next year. The bags are delivered on Thursday mornings. In the past there was one person who delivered to all the schools, and it took about an hour. More than one person can deliver to the schools, making the job easier and quicker.

SPO: Shippensburg Produce Outreach is in immediate need of volunteers to help distribute food on Tuesdays from 3:30-6:30. This takes place on South Penn ST., in the building next to the Lutheran Church. It would be nice if you could make it each week, but if you can volunteer a couple times a month, that would be greatly appreciated.

Any questions, contact Bobbi Staver 717-816-5309

Weekly Announcements

Saturday, June 22nd — Youth Group All students in grades 6-12 from 6-8pm in the social hall

Wednesday, June 26th— Morning Prayer 8:30am

Wednesday, June 26th — Book of the Month 7:30pm-8:30pm in the social hall.

Thursday, June 27th —Knitting Group- Join us for coffee, snacks, and good conversation in the social hall after morning Mass.

*The flowers at the tabernacle
are placed in memory of
Robert Solder Sr.*



Mass Intentions

Saturday, 5:00pm	June 22 People of the Parish
Sunday, 8:00am	June 23 Intentions of Lyn Solder
11:00am	Intentions of Roberta Huffner
Tuesday, 8:30am	June 25 In Memory of Peggy Baker
Wednesday, 6:30pm	June 26 Intentions of Caden Solder
Thursday, 8:30am	June 27 In Memory of Peggy Baker
Friday, 8:30am	June 28 In Memory of Doug Kauffman
Saturday, 5:00pm	June 29 People of the Parish
Sunday, 8:00am	June 30 In Memory of James Kinkead
11:00am	In Memory of Charles & Margaret Howe



June 15-16, 2024 (in pew)

Weekend Collection:	\$2,515.00
Building Improvements:	\$80.00
Catholic Communications:	\$239.00
Mission Co-op:	\$85.00
Votives:	\$31.00
TOTAL INCOME:	\$2,950.00

Please visit olvshippensburg.weshareonline.org for more information regarding online giving.

Women's Conference

Save the date and spread the word - the 2024 Women's Conference is October 19th! This year's theme is "Hope and Healing at the Foot of the Cross." We encourage all women to join us as we unite our own experiences of love, loss, suffering, and hope with that of the women who did not abandon Christ at the hour of his Passion. Registration opens soon!



PENNSYLVANIA MARCH FOR LIFE

Save the date! The annual Pennsylvania March for Life is Monday, September 23 in Harrisburg.

11:00 AM - RALLY
501 N 3rd St

12:00 PM - MARCH
FOR LIFE

FOR MORE INFORMATION, VISIT:
PA.MARCHFORLIFE.ORG