

Headaches

1. What were 3 of the main types of Headaches Dr Hawley mentioned
 - a. Cluster, migraine, sinus
 - b. Sinus, cranial, induced
 - c. Pressure, nociceptive, occipital
 - d. Temporal, occipital, frontal

2. Which type of HA feels like a “headband” tightening
 - a. Migraine
 - b. Tension
 - c. Cluster
 - d. Sinus

3. All HA clients should immed be referred to a neuro True or False?
 - a. T
 - b. F

4. What type of HA is brought upon by stress and massage works great for?
 - a. Migraine
 - b. Tension
 - c. Sinus
 - d. Occipital

5. T or F the Temporalis is NOT one of the main muscles of mastication

6. What are one of the 2 main nerves that surround the TMJ structures?
 - a. Facial
 - b. Femoral
 - c. Sciatica
 - d. Temporal

7. TMD stands for
 - a. Temporal Mandibular Diarthrosis
 - b. Temporal Mandibular Dysfunction
 - c. Temporal Malocclusal Disease

8. Clients with TMj symptoms may exhibit
 - a. Plantarfaciitis
 - b. Sciatica
 - c. Tinnitus
 - d. Nose dripping

9. Whiplash can cause Headaches mostly from tight----- muscles
 - a. Sub occipital and cervical extensors
 - b. Lumbar erectors
 - c. Gastrocnemius
 - d. Illiotibial band

10. TOS stands for
 - a. Top of skull
 - b. Thoracic outlet syndrome
 - c. Time of symptoms
 - d. Thoracic over sternum
11. T or F chiropractic is of no use for a person with whiplash
12. Which HAs will cause nausea
 - a. Migraine
 - b. Tension
 - c. Frontal
 - d. Occipital
13. What type of HA will produce pain mainly on only one side of the face and has auras assoc with it.
 - a. Tension
 - b. Migraine
 - c. Cluster
 - d. Sinus
14. Sensitivity to light is termed
 - a. Photoshooting
 - b. Photophobia
 - c. Osmophobia

15. TMD stands for
 - a. Temporo mandibular joint
 - b. Temporo mandibular dysfunction
 - c. Temporo mandibular disease
 - d. Temporo mandibular diagnosis

16. Clenching is different than Bruxism in what way
 - a. Person is awake but unaware (chewing on pencil)
 - b. Person is asleep
 - c. They are the same thing
 - d. Person is aware in both cases
17. What are the 3 main muscles of mastication
 - a. Temporalis, masseter, pterygoids
 - b. Frontal, tongue, masseter
 - c. Masseter, scalenes, temporal
 - d. None of the above
18. What can cause issues with the TMJ joint
 - a. Loss of cervical lordosis
 - b. Lower back issues
 - c. Headaches
 - d. Eye problems
19. Trigger points don't have anything to do with HAs, True or False?