

# INTERNATIONAL MENS DAY

*"Celebrating the positive value men bring to the world,  
their families and communities."*

**-SAN BERNARDINO-  
November 19, 2020**

## **The Six Pillars of International Men's Day**

- 1. To promote positive male role models;** not just movie stars and sports men but every day, working class men who are living decent, honest lives.
- 2. To celebrate men's positive contributions to society,** community, family, marriage, childcare, and to the environment.
- 3. To focus on men's health and wellbeing;** social, emotional, physical and spiritual.
- 4. To highlight discrimination against men;** in areas of social services, social attitudes and expectations, and law.
- 5. To improve gender relations and promote gender equality**
- 6. To create a safer, better world;** where people can be safe and grow to reach their full potential.

**San Bernardino Fatherhood**  
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