



Questions about the Coyotes? Contact Coach Tom at 204-451-3590 or info@sunrisecoyotes.com

Sunrise Coyotes

Oakbank, MB, Canada
Call: 204-451-4440
info@sunrisecoyotes.com

We play behind the Springfield Middle School on COYOTE FIELD. Turn west onto Willow, right on Maple and you're at the Coyote Den!

The Sunrise Coyotes Football Club is a community based football program that offers competitive, tackle football and cheerleading for boys and girls ages 7-17. In our inaugural year, we put 106 children on the field supported by over 30 adults. As we begin the 2017 season, we look forward to offering the community another great season of football!

Schedule

- Beginning this summer, all practices will run Tuesday, Wednesday, Thursdays
- 6:30 – 8:30 pm on Coyote Field
- Cheer – stand by for more information

In this Issue:

Introduction	1
February Fun Days	1
Midget Winter Camp	1
Polar Bear Dare	2
Spring Break Camp	2
Passing Sessions	2
OKGs	3
UND & Glazier Coaching Clinics	3
Girls Football Registration	3
High Performance Camp	4
Midget Registration	4

SUNRISE COYOTES FOOTBALL

February 2017 – Issue 01

Introduction

Greetings, Coyotes! Now that the only reminders of Christmas are the credit card bills, we thought it was time to get back to the business of football.

The Coyote executive has been busy planning out an awesome off season and we wanted to drop you a line to make sure you are aware of all of the opportunities we have to offer.

February Fun Days – Saturday, Feb 11th

For the second year in a row, the Sunrise Coyotes will be running a SNOW BOWL at the Springfield Public Library beginning at noon for their Family Fun Day event.

Coaches Marcel Pelland and Jason Langlois will run a free touch football game in the front of the library. Bring your toque, mitts and we will pass out jerseys to wear over your jackets.

And stay to enjoy all of the other festivities being put on by the volunteers at the Library.



Come on, we're Canadians, we don't let a little thing like snow and freezing temperatures stop us from playing football.

Midget Winter Camp

2017 Sunrise Coyote Midget season has already gotten off to a fast start with its winter conditioning camp. The team has been working out every Monday from 7:30-9:30 pm at Springfield Middle School (SMS).

With attendance of over 20 players, despite other commitments and exams, Coach Pat is optimistic about the upcoming season, "It's been great. It gives our players the opportunity to stay around each other in the off season. So far it's been a blast. The players are into it and there has been a lot of support from parents.

Special shout-outs to our veteran Chase Yestrau (Oakbank) and our raw rookie Brett Olson (Anola), neither of whom have missed a practice and have shown improvement. Those are the kids I can build a championship mentality around."

The midgets meet every Monday night from 7:30-9:30 at SMS until the end of February.

Check out Brett Olson's efforts vs. Josiah Ingram in the Midget tire pull here:

<https://www.facebook.com/Sunrise-Coyotes-641002265966217/>



Polar Bear Dare 2017

It's that time of the year again, where Miss Maggie convinces her unknowing victims to jump into Lake Winnipeg in support of KidsSport.

This year's team will include Miss Maggie, Paul Yakubicka, Chase Yestrau, Coach Tom and anyone else who wants to join the fun. Each jumper needs to raise money towards the \$1,000 team goal. So whether or not you want to jump, you can still support our Coyote team at the link below.

<http://www.sportmanitoba.ca/polar-bear-dare>

Rumour has it that Miss Maggie is planning on running The Wedge into the lake....



Team Yestrau before the jump.



Apparently Team Yestrau needs to go on a diet.



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SUNRISE COYOTES FOOTBALL

March 27 to April 1, 2017
Springfield Middle School
9:00 am to 4:00 pm

Boys and Girls, ages 9-14
All skill levels welcome –
whether you're already a Coyote
or brand new to football

- Equipment provided
- Blocking and tackling skills
- Film sessions
- Indoor/outdoor gym time
- Friday lunch provided

Registration fee: \$200.00
Only 30 spots available!

PLAY
FOOTBALL.



Contact Coach Tom at info@sunrisecoyotes.com
or 204-451-3590 to register

Passing Sessions

The Sunrise Coyotes will once again hold our indoor passing sessions throughout the month of April. Look for Friday night sessions to take place in the following locations:

Oakbank
Powerview

Beausejour
East Selkirk

Lac du Bonnet



Someone will need to tell Davin Meyer that Coach Tom has a new pair of orange shoes to match!

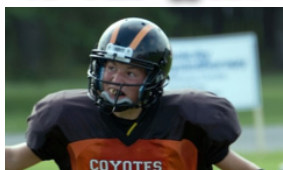


OKGs

For those of you that are fans of The Clipper or our Facebook page, you may have noticed a recent promotion entitled "Sunrise Coyotes OKG of the Week." Each week, we will select a Coyote from one of our teams whom we would like to recognize as Our Kind of Guy. OKG's are players who continually put the team before themselves and don't get bored doing boring things. Look for this weeks OKG in Thursday's edition of The Clipper.

Here are our past two selections:

COYOTE O.K.G. OF THE WEEK



Our first OKG

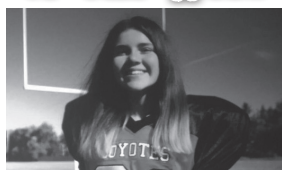
(Our Kind of Guy) is Kevin Orr

Kevin is 16 and attends Lord Selkirk Regional School and plays linebacker. He loves football because he gets to work as part of a team and he loves the contact. His goal for the season is to get scouted and make as many tackles as he can.



Football is Coming.

COYOTE O.K.G. OF THE WEEK



Our second OKG is Rochelle Graham

She is the 14 year old quarterback for the provincial silver medalist girls team and attends Edward Schryer School. She has been working out three times a week in preparation for this year's season. Her goal this year is to become a better passer and she loves football because of the bond you develop with your teammates. "They become like another family."



Football is Coming.

UND Clinic and Glazier Coaching Clinic

The Sunrise Coyotes coaching staff is busy at work this off season by attending two prestigious coaching clinics. Coach Pat and Coach Tom were selected by the Winnipeg Blue Bombers to attend this year's Glazier Clinic in Minneapolis. Their transportation, registration, room and board has been provided by the Winnipeg Blue Bombers. They are two of 10 coaches selected to go from Manitoba.

For the 3rd year in a row, the Coyotes will be heading to Grand Forks for the University of North Dakota coaching clinic March 25th. This clinic involves one day of classroom sessions with some of the best high school coaches in the Mid West and a second day of working on the field with the University of North Dakota's team. Coach Tom and the entire midget staff will be attending. If any other Coyote coaches are interested, contact Tom at info@sunrisecoyotes.com as soon as possible.

Sunrise Coyotes Girls Football – Provincial Silver Medalists

WE BREAK

TACKLES



and Stereotypes



CHANTEL CLEGG
Oakbank



ROCHELLE GRAHAM, FRANCESCA
JOHNSON & ABBY RATTI
Beausejour



CHLOE BEAUCHESNE
Dugald



KYLEE TUTRAULT
Lac du Bonnet

REGISTRATION

March 10th, 4:00 pm to 8:00 pm

March 11th, 10:00 am to 1:00 pm

SunGro Centre in Beausejour and Springfield Library in Dugald

Contact Coach Tom at info@sunrisecoyotes.com for more information



No wall will keep these Coyotes from coming to the US!



High Performance Camp

Several Coyotes have been busy showing that they can play with the best players in Manitoba by participating in Football Manitoba's High Performance Camp.

Meeting every Saturday night, our players are beginning the selection process for the U14, U16 and U18 teams. Coach Tom, who is coaching in the camp as one of the U14 coaches, had this to say, "It's been great to see our kids excelling at football at a provincial level. Who would've thought three years ago, when football was new to this community, that we would have 12 kids as legitimate contenders to make their provincial teams. It made me very proud of our community."

Special shoutouts should be given to Caleb Kratz (East Selkirk), who attended the first U14 session by himself and encouraged seven other Coyotes to join him the next week.

It's not too late to join the action; practices continue into March.

Contact Coach Tom if you are interested in finding out more.



U14/U16 Participants: Tommy Walls, Keegan Payne, Johnny Lepp, Kion Ballantine, Caleb Kratz, Rochelle Graham, Francesca Johnson and Kylee Tutarult.



U18 Participants: Aaron Dyck, Malcolm Harris, Chase Yestrau and Lucas Daviduik (no gang affiliation).

*If not us, who?
If not now, when?*



SUNRISE COYOTES FOOTBALL



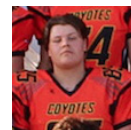
AARON DYCK
Beausejour



AUSTIN JOST
Anola



CHASE YESTRAU
Oakbank



DEREK FONTAINE
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