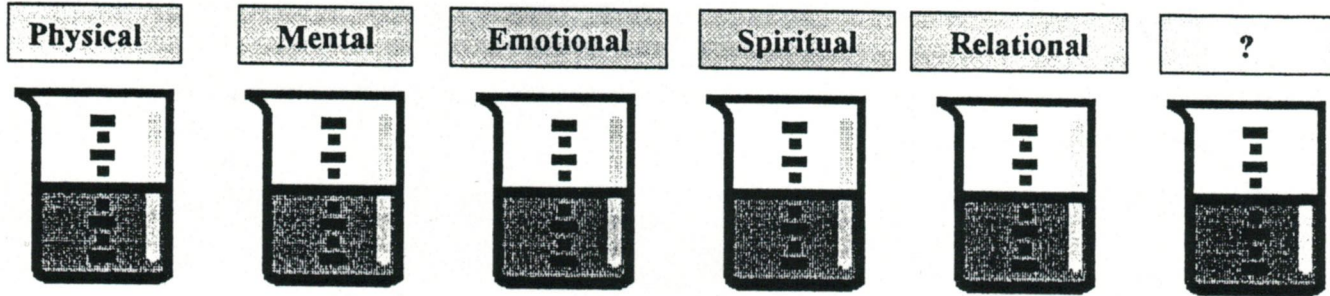


OUR ENERGY-FOR-LIFE RESERVOIRS

Too many Christians are “running on empty” and just around the corner is the threat of “Burn-Out.” We all need to discipline ourselves to balance our time, energies, resources, and priorities so we can do the will of God. If we fail to replenish our supplies we deplete ourselves of “strength.”



Refuel By:	Diet, Sleep, Exercise, Nutrition, Medication	Reading, Communication studying, thought life	Feelings are a result from what is or isn't happening in the other areas.	<p>“Abiding”</p> <p>Bible Reading Prayer Memorizing Worship Meditating Ministry</p> <ul style="list-style-type: none"> ◆ evangelism ◆ edification 	<p>Fulfilling Biblical responsibilities in marriage, family, church, work...</p> <ul style="list-style-type: none"> • Accepting, loving, forgiving, and serving others 	<p>Could be</p> <ul style="list-style-type: none"> ◆ Personal ◆ Financial ◆ Recreational ◆ R&R
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We must do our part to “refill and replenish” whatever we “use up,” so that our reservoirs do not get dangerously low, creating many other complications. But we do not rely upon our own flesh (natural man) or the world system. Our own understanding, abilities, resources, feelings, gifts, talents, experiences... are empty wells to draw from when it comes to spiritual strength and victorious, fruitful living!

When we don't have the wisdom, motivation, ability, power, desire, discipline, resources, perseverance to do the will of God... (Which is all the time) we must trust and depend upon the LORD and His Promises.

<p>Proverbs 3:5-6</p> <p>2 Cor. 3:4-5</p> <p>“ 9:8</p> <p>“ 12:9-10</p> <p>Ephesians 1:19</p> <p>“ 3:7, 16-17</p> <p>Romans 8:1-39</p> <p>Col. 1:10-11, 29</p> <p>“ 2:9-10</p> <p>Zech. 4:6</p>	<p>1 Corinthians 10:13</p> <p>Hebrews 4:14-16</p> <p>Philippians 4:13,19</p> <p>John 15:1-17</p> <p>Neh. 8:10</p> <p>2 Timothy 1:7</p> <p>4:17-18</p> <p>Isaiah 26:4</p> <p>“ 41:10</p> <p>“ 40:28-31</p>	<p>Hab. 3:19</p> <p>Psalms 119:28</p> <p>Psalm 18:1,2,32,39</p> <p>27:1,14</p> <p>105:4</p> <p>29:11</p> <p>59:9,17</p> <p>46:1</p> <p>62:7</p>
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