

PREVENTING EAR INFECTIONS

by Diane MacPherson

Frequent recurring ear infections or Otitis Media (OM) may be reduced and nearly eliminated using chiropractic adjustments instead of ear-tube surgery or repeated doses of antibiotics.

An article in Ladies Home Journal stated, “Chiropractic care is thought to prevent recurrent infections by correcting misalignments (subluxations) and allowing normal fluid drainage from the middle ear.”

Sometimes infections are due to bacteria and some are due to a virus. Antibiotics may help with bacterial infections but do nothing against viruses. Furthermore, repeated use of antibiotics is contributing to future infections by creating drug-resistant infections.

A news story that appeared on CBS-11 News Dallas in 2007, told one family’s story. Susan Lekberg’s son, Cooper, suffered from chronic ear infections for years and medical treatments did little to ease his suffering. There were too many long, sleepless nights. Cooper was on antibiotics all winter and it wasn’t helping. “It would go away and come back, go away and come back.”

Although Susan was skeptical, she decided to go to a chiropractor. Dr. Peter Martone explained that,



“Chiropractic care is simply the art and science of aligning the spine to take pressure off the nerve and ultimately allow the body to heal itself.” An adjustment “allows for those ear canals to open up and the ears will drain, preventing any ear infection.”

After only one treatment Cooper started feeling better. The news article concluded with Susan Lekberg stating that chiropractic worked for her children, “This will be their third winter, no antibiotics, no Tylenol, no Motrin. They’re clean. I just feel like they’re healthier.”

If your child is between ear infections and your doctor suggests ear tubes, *try chiropractic first!*

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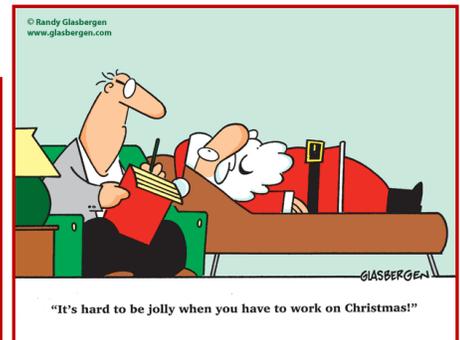
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