



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



STRENGTHENING MICHIGAN'S COMMUNITIES

2017 Community Benefit Report
STATE ALLIANCE OF MICHIGAN YMCAS

May 2018

COMMUNITY BENEFIT

At the Y, we take our commitment to strengthening communities to heart. To help distinguish the Y as a charity, this report showcases what the Y receives in donations, grants, United Way funding and other support. The report also showcases what Ys give back to their communities through financial assistance and other subsidies.

Critical Issues for Michigan YMCAs

- ✓ Michigan YMCAs support early youth development efforts, including affordable childcare, afterschool programs, literacy, and active play.
- ✓ Michigan YMCAs support efforts and legislation to fight obesity, encourage physical activity for people of all ages, and address prevention as a means to help curb chronic diseases.
- ✓ Michigan YMCAs support tax exemption for non-profit entities that provide a community benefit.

About the Y

There is no other Michigan nonprofit quite like the Y. The Y is a community-based association of people committed to nurturing the potential of youth, promoting healthy lifestyles and fostering social responsibility to ensure that every individual has access to the essential resources needed to learn, grow, and thrive.

Anchored in over **70 communities across our state**, the Y has the long-standing relationships and physical presence not just to promise, but also to deliver lasting personal social change. We know that when we work as one, we can move people and communities forward. That's why we are committed to providing support to our neighbors and opportunities for kids, adults and families to learn, grow and thrive.

The Y's Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

The Y's Cause: At the Y, strengthening community is their cause. Every day, the Y works side by side with its neighbors to ensure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

The Y is one of the nation's leading nonprofits, committed to strengthening communities in the areas of youth development, healthy living and social responsibility.

Involvement at the Y: The Y hopes to engage more people in the communities it serves whether it is as a member, volunteer, supporter or advocate. Each YMCA association is an independent, autonomous organization with its own governing board, professional staff and assets.

BY THE NUMBERS

13,409

volunteers at YMCAs
throughout Michigan

17

YMCA Resident Camps
in Michigan

6,553,517

dollars provided in financial
assistance to individuals
and groups in 2017

24,967,067

dollar value of contributions to
Michigan YMCAs in 2017

33,207

children enrolled in YMCA
Child Care programs

72

physical locations
in Michigan

27

community-based, independent
Ys throughout the state

490,565

members and program participants
in Michigan YMCAs

11,961

staff members at Michigan YMCAs

5,813,223

dollar value of volunteer time in
Michigan YMCAs during 2017

MAKING A DIFFERENCE ONE LUNCH AT A TIME

Abdullha's Story, YMCA OF METROPOLITAN LANSING

A few weeks into our summer feeding program, I noticed an eight-year old boy by the name of Abdullah was continually acting out. He was struggling to get along with the other children and had quite a temper. At first, I was unsure on how to approach his behavior. Since all the kids were asking to help pass

out lunches, I decided to ask Abdullah to be my helper one day to which he hesitantly agreed.

While he was helping me he began to tell me that his family is from Iraq and moved to America in 2014. I asked him if he liked it here and he said "No". I then asked him if he missed where he was from to which he again replied "No". He explained that Iraq wasn't safe for his family, with his community experiencing a large number of casualties in recent years. So I asked "Why don't you like America?". Abdullah then began to tell me about his father, who had passed away from cancer a year after moving. At that moment I instantly understood why Abdullah chose to act out at times. He has been through more in eight years than many adults have in their lifetime, inevitably fostering feelings of frustration and anger.

Over the following weeks I began giving Abdullah more and more responsibility. As a result, there has been a remarkable change in his behavior, always being the first to ask if he can help and consciously trying to build relationships with the other children. Abdullah now

understands he is surrounded by children in similar situations and always has the YMCA to turn to in a time of need. It is not just Abdullah who has benefited from this relationship but I too have learnt a lot, realizing that the work we do isn't all about providing nutritious meals to these children but it is also about giving them the extra love and attention they so greatly desire.



STRONGER EVERY YEAR

Lynda's Story, ANN ARBOR YMCA

If you were being introduced to Lynda for the very first time, you would never guess that this trim, fit 63-year-old had experienced treatment for Hepatitis C, two liver transplants, kidney failure, open heart surgery and lung cancer; she presents as the picture of health! This is not by accident, she says, "I want to be as strong as I can. I'm here because I work at it: it's the structure of being active that keeps me alive." And LIVESTRONG® at the YMCA has been a part of that journey.

Lynda didn't know about LIVESTRONG through most of her health struggles, when she would simply count her blessings after each procedure and recuperate by walking with a friend. Sometimes, this was very difficult. "I felt like I was a human 'Jenga' game: how many organs could they take out of me and still have me stand up and walk out the door?" Through a fellow patient at the Cancer Support Network, Lynda learned that the Y's LIVESTRONG might be able to help her regain additional resilience. "I love the program because it has provided an opportunity for me to regain strength safely, where my trainer has helped me rediscover my potential. She has helped me to re-take ownership of my body, and to see myself as a healthy, strong person, not as an invalid. I am making the choice to make every day count!"

She continues, "I will forever be grateful to the Y and to the LIVESTRONG program because it has helped me get strong again. I actually feel younger and better now than I did when I was in my 40's. I'm back to yoga (on a paddle board!) and Tai Chi! Being strong is what's keeping me alive."



Fast Facts: Michigan Youth In Government

The Michigan Youth In Government (YIG) Program is one of the 5 largest in the nation with 1,950 middle and high school participants during the 2017-18 school years.

Michigan is a national leader in the mock trial program, including participation in the ABA National Mock Trials.

At the 2017 Conference on National Affairs, Michigan students received the following awards:

- Nick Hitsman received the award for the "Outstanding Proposal."
- Parker Bunton was invited to attend the 2017 conference as a Presiding Officer.
- Xavier Cuervas was chosen as an alternate for the Presiding Officer position.

Only 6 students are chosen nationally as Presiding Officer.



BUILDING MORE INCLUSIVE COMMUNITIES

Stephanie's Story, MONROE FAMILY YMCA

"I am grateful to our Monroe Family YMCA where they continuously look for opportunities to serve our community—that each and every single one of us is important and valued."

The Monroe Family YMCA's continuous efforts in creating community events to meet the needs of all individuals, from all walks of life and abilities, is a true testament to what this organization is about. I am a mother of four amazing children. My youngest son Harry is kind and hardworking. He loves meeting new people and wants to be everyone's friend. My son Harry also has Autism. The Y makes great strides in providing opportunities for my son, such as their "Sensory Friendly" Halloween Event, to accommodate his needs in a welcoming environment. With the combination of a "Sensory Friendly" allocated time slot, along with being open to the public, this inclusive event celebrates Halloween as a community—moms, dads, grandparents, caretakers, friends and our children of all walks of life and all abilities celebrating together. As members of the Monroe Family YMCA, my family is blessed to be a part of this community!



OPENING DOORS TO JOB SUCCESS

Alex's Story, YMCA OF SOUTHWEST MICHIGAN

Alex Hunt first came to the YMCA back in November through a partnership with Eurisko Vocational Services, LLC, an organization that provides comprehensive career counseling and job placement services to help individuals with disabilities obtain employment. Through this partnership, Alex completed 40 hours of real world job experience at the Y.



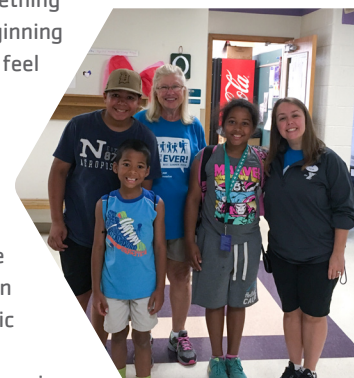
Alex was diagnosed on the Autism spectrum and thought finding work would be nearly impossible. When he first started, he was introverted and had a difficult time interacting with others. By the end of his 40 hours, Alex was not only interacting with the kids in Y-Club afterschool program, but he was going above and beyond by making sure supplies were out and ready for the afternoon. Our lead Y-Club teacher was so impressed by his growth and job ethic that when a position opened up in our afterschool program, we hired him without reservation. Alex said he enjoys working with the kids and being a part of the YMCA.

CLOSING THE SUMMER LEARNING GAP

The Redic Family's Story, YMCA OF METROPOLITAN DETROIT

In summer 2016, a family came to the Farmington Family YMCA searching for a place to send their school aged children in the summer. Micah, Simone, and Braeden embarked on their first summer of camp with Camp Riley. Each child struggled a bit academically in their own ways, and throughout the summer they were able to test their limits and raise their test scores two-fold.

"Math is my favorite part of camp" said Braeden, age 6. "I love measuring things in the classroom like paper with the color cubes". Micah, age 11, was caught at his best this summer helping a fellow camper in his classroom with fractions, something he was not very comfortable with at the beginning of the summer. "Ms. Michelle has helped me feel more confident in helping others because I feel more confident in myself" said Micah. Simone finds herself loving Free Choice Monday every week. She gets to spend time with her friends outside of her 3rd grade classroom, along with getting creative during arts and crafts. Although each child in the Redic family may find they need academic support each summer to ensure a positive experience the next year, having fun while learning and building new relationships is just as important, and they find that at Camp Riley.



Lisa, their mother, often makes remarks about how she no longer fears for her children's academic success solely because of Camp Riley. She even goes as far as to say that she wishes Camp Riley was her children's school year-round. It is evident each and everyday that the Redic kids love Camp Riley just as much as their mom does. Lisa and her kids can be found at the Y during their free time participating in classes, swimming, and just being a happy family. What the Redic family found through the Farmington Y was much more than originally anticipated. Through the Y, they have found a safe haven, a home away from home, and a family to welcome them each and every time they walk through the doors.

INDEPENDENT YMCAS

Ann Arbor YMCA

400 W. Washington Street, Ann Arbor, MI 48103
(734) 996-9622 annarborymca.org

Battle Creek Family YMCA

182 Capital Ave. NE, Battle Creek, MI 49017
(269) 963-9622 ymcabattlecreek.org

Dow Bay Area Family YMCA

225 Washington Ave, Bay City, MI, 48708
(989) 895-8596 ymcabaycity.org

Benton Harbor-St. Joseph YMCA

3665 Hollywood Road, St. Joseph, MI 49085
(269) 428-9622 bhsjymca.org

Cadillac Area YMCA

9845 Campus Dr., Cadillac, MI 49601
(231) 775-3369 cadillacareaymca.org

Greater Marinette-Menominee YMCA

1600 West Dr, Menominee, MI 49858
(906) 863-9983 mmymca.org

Monroe Family YMCA

1111 W Elm Ave, Monroe, MI 48162
(734) 241-2606 ymcaofmonroe.org

Niles-Buchanan YMCA

905 North Front Street, Niles, MI 49120
(269) 683-1552 nb-ymca.org

Sherman Lake YMCA Outdoor Center

6225 North 39th Street, Augusta, MI 49102
(269) 731-3000 shermanlakeymca.org

Shiawassee Family YMCA

515 W. Main Street, Owosso, MI 48867
(989) 725-8136 shiawasseeymca.org

Tri-Cities Family YMCA

1 Y Drive, Grand Haven, MI 49417
(616) 842-7051 tcfymca.org

YMCA of Barry County / Camp Algonquin

2055 Iroquois Trail, Hastings, MI 49058
(269) 945-4574 ymcaofbarrycounty.org

YMCA of Lenawee County

638 W. Maumee St., Adrian, MI 49221
(517) 263-2151 ymcaoflenawee.org

YMCA of Northern Michigan

434 E. Lake Street, Petoskey, MI 49770
(231) 348-8393É ymcanm.org

YMCA of the Blue Water Area

1525 3rd Street, Port Huron, MI 48060
(810) 987-6400 bluewaterymca.com

YMCA Camp Echo

3782 S Triangle Tr, Fremont, MI 49412
(231) 924-7076 mcgawymca.org/campecho

YMCA Camp Eberhart

10481 Camp Eberhart Rd., Three Rivers, MI 490932
(269) 244-5125 ymcacampeberhart.org

YMCA of Southwest Michigan

3665 Hollywood Rd, St Joseph, MI 49085
(269) 428-9622 ymcaswm.org

YMCA Camp Copneconic

10407 Fenton Rd, Fenton, MI 48430
(810) 629-9622 campcopneconic.org

Kimball Camp YMCA

4502 Berlin Dr., Reading MI, 49274
(517) 283-2168 kimballcamp.com

YMCA OF GREATER FLINT

flintymca.com

Pierson Road Branch

5219 W. Pierson Road, Flushing, MI 48433
(810) 732-9622

Downtown Flint YMCA

411 E. 3rd St., Flint, MI 48503
(810) 232-9622

YMCA OF GREATER GRAND RAPIDS

grymca.org

Spartan Stores Branch YMCA

5722 Metro Way SW, Wyoming, MI 49519
(616) 885-5500

Mary Free Bed YMCA

5500 Burton Street SE, Grand Rapids, MI 49546
(616) 285-9077

David D. Hunting Branch YMCA

475 Lake Michigan Drive NW, Grand Rapids, MI 49504
(616) 855-9622

Ionia County Branch YMCA

250 East Tuttle Road, Ionia, MI 48846
(616) 527-5760

Lowell Branch YMCA

1335 W. Main Street, Lowell, MI 49331
(616) 897-8445

Visser Family YMCA

3540 Fairlanes SW, Grandville, MI 49418
(616) 530-9199

Wolverine World Wide Family YMCA

6555 Jupiter Ave NE, Belmont, MI 49306
(616) 363-3000

YMCA Camp Manitou-Lin

1095 N Briggs Rd, Middleville, MI 49333
(888) 909-2267

YMCA OF MARQUETTE COUNTY

ymcamqt.org

Marquette Facility

1420 Pine Street Marquette MI 49855
(906) 227-9622

West End Facility

350 Iron Street, Negaunee MI 49866
(906) 475-9666

YMCA OF GREATER KALAMAZOO

kzooymca.org

Portage Branch

2900 W. Centre Street, Portage, MI 49024
(269) 324-9622

Maple Branch

1001 W. Maple Street, Kalamazoo, MI 49008
(269) 345-9622

Lincoln School Branch YMCA

912 N. Burdick, Kalamazoo, MI 49007
(269) 345-9845

YMCA OF METROPOLITAN DETROIT

ymcadetroit.org

Birmingham Family YMCA

400 E. Lincoln Street, Birmingham, MI 48009
(248) 644-9036

Boll Family YMCA

1401 Broadway, Detroit, MI 48226
(313) 309-9622

Carls Family YMCA

300 Family Drive, Milford, MI 48381
(248) 685-3020

Downriver Family YMCA

16777 Northline Road, Southgate, MI 48195
(734) 282-9622

Farmington Family YMCA

28100 Farmington Rd, Farmington Hills, MI 48334
(248) 553-4020

Lakeshore Family YMCA

23401 East Jefferson, St. Clair Shores, MI 48080
(586) 778-5811

Livingston County Family YMCA

300 Family Drive, Milford, MI 48381
(248) 685-3020

Livonia Family YMCA

14255 Stark Road, Livonia, MI 48154
(734) 261-2161

Macomb Family YMCA

10 North River Road, Mount Clemens, MI 48043
(586) 468-1411

Metro Youth YMCA

1401 Broadway, Suite 2G, Detroit, MI 48202
(313) 223-2841

Plymouth Family YMCA

248 Union Street, Plymouth, MI 48170
(734) 453-2904

North Oakland Family YMCA

3378 E. Walton Boulevard, Auburn Hills, MI 48326
(248) 370-9622

South Oakland Family YMCA

1016 W. 11 Mile Road, Royal Oak, MI 48067
(248) 547-0030

Y Arts

1401 Broadway, Suite 2G, Detroit, MI 48226
(313) 223-2751

YMCA OF METROPOLITAN LANSING

ymcaoflansing.org

DeWitt Branch YMCA

13161 Schavey Rd., DeWitt, MI 48820
(517) 827-9660

Downtown Wellness Center YMCA

119 N. Washington Sq.,Lansing, MI 48933
(517) 827-9640

Oak Park Branch YMCA

900 Long Blvd., Lansing, MI 48911
(517) 827-9700

Parkwood Branch YMCA

2306 Haslett Rd., East Lansing, MI 48823
(517) 827-9680

Westside Community Branch YMCA

3700 Old Lansing Rd., Lansing, MI 48917
(517) 827-9670

Mystic Lake YMCA Camp

9505 W Ludington Dr, Lake, MI 48632
(517) 827-9650

GRAND TRAVERSE BAY YMCA

gtbayymca.org

West Y

3700 Silver Lake Road, Traverse City, MI 49684
(231) 486-6357

South Y

3000 Racquet Club Drive, Traverse City, MI 49684
(231) 933-9622

Central Y

1213 W Civic Center Dr, Traverse City, MI 49686
(231) 922-4814

JACKSON YMCA

jacksonymca.org

Summit Branch

127 West Wesley, Jackson, MI 49201
(517) 784-9622

Downtown Branch

2151 Ferguson Rd., Jackson MI, 49203
(517) 784-9622

YMCA OF SAGINAW

saginawymca.org

YMCA of Saginaw

1915 Fordney St., Saginaw, MI 48601
(989) 753-7721

YMCA Camp Timbers

3269 Horseshoe Lake Rd., West Branch, MI 48661
(989) 345-2630

NORTHERN LIGHTS YMCA

nlymca.com

Delta Program Center

2001 North Lincoln Road, Escanaba, MI 49829
(906) 789-0005

Dickinson Program Center

800 Crystal Lake Blvd. #110, Iron Mountain, MI 49801
(906) 774-4076

YMCA OF GREATER TOLEDO

ymcatoledo.org

Francis Family YMCA

2000 W. Dean Road, Temperence, MI 48182
(734) 850-9622

YMCA Storer Camps

6941 Stoney Lake Rd, Jackson, MI 49201
(517) 536-8607

STATE YMCA OF MICHIGAN

hayowentha.org/state-YMCA-of-michigan

YMCA CAMP HAYO-WENT-HA

919 N. East Torch Lake Drive, Central Lake, MI 49622
(231) 544-5915

YMCA CAMP ARBUTUS HAYO-WENT-HA

1380 E Arbutus Lake Rd, Traverse City, MI 49696
(231) 544-5915

YMCA MICHIGAN YOUTH IN GOVERNMENT

2175 Association Dr #200, Okemos, MI 48864
(517) 639-4480

YMCA OF METRO CHICAGO

ymcachicago.org

YMCA Camp Pinewood

4230 Obenauf Road, Twin Lake, MI 49457
(231) 821-2421

MUSKEGON YMCA

muskegonymca.org

Muskegon YMCA

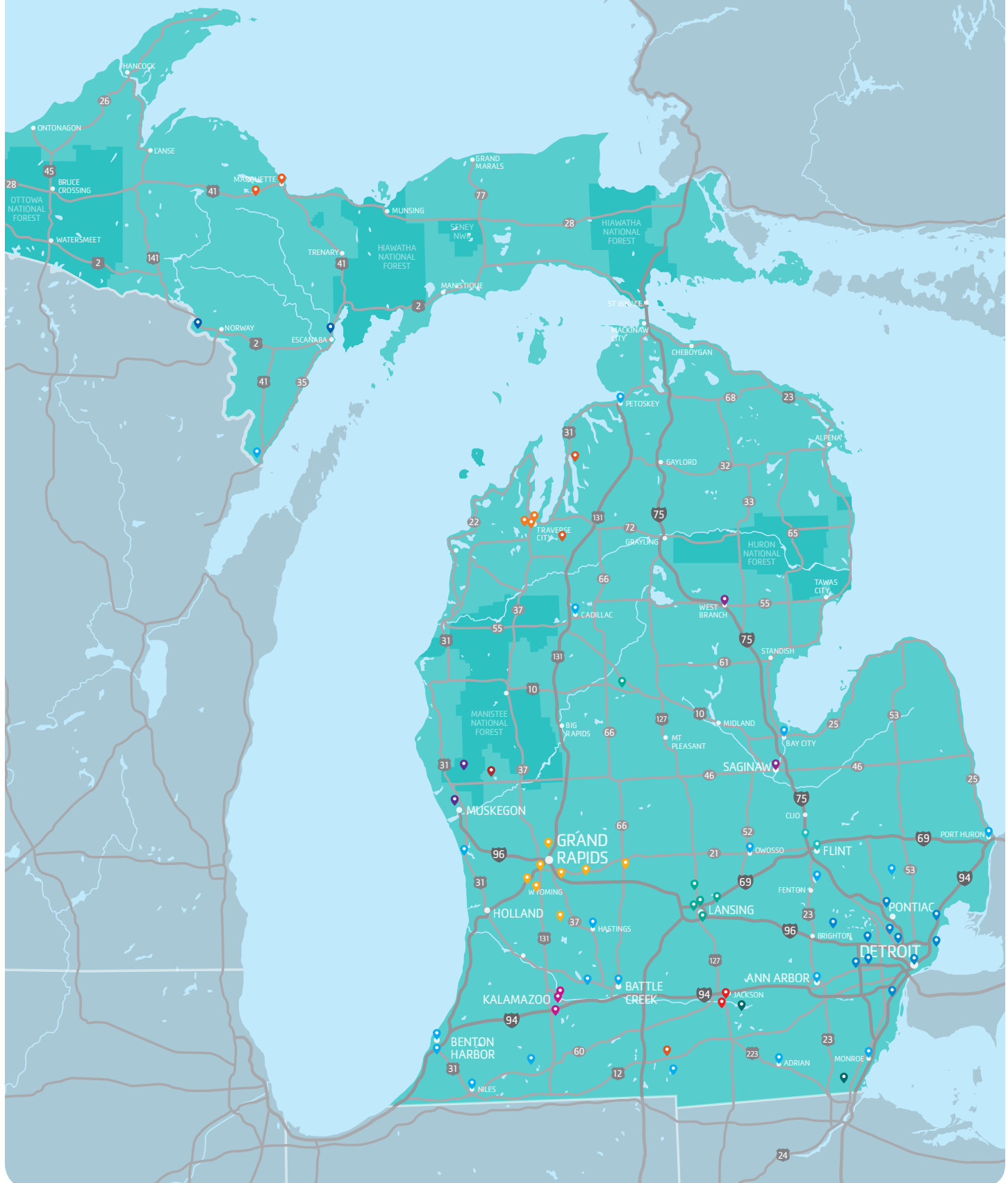
1115 Third Street, Muskegon, MI 49441
(231) 722-9622

YMCA Camp Pentalouan

41243 E. Fruitvale Rd., Montague, MI 49437
(231) 894-4538

LEARN, GROW & THRIVE

at your Nearyby Michigan YMCAs



The Y is now...as it has always been...a place of possibility and promise for all. Unfortunately, in times when the true power of “us” is unknown to many and our bonds are fraying, we must do even more to enhance our human connections. That’s why the Y passionately focuses on strengthening communities.

Every day, the Y supports kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. Everything we do helps empower communities and the “us” who live in them to thrive.

We can’t do it alone.

» ADVOCATE FOR A BETTER US.