



Come with a Dream, Train like an Athlete, Leave as a Role Model

Welcome to COASTAL SURGE ELITE, LLC. CSE is a privately-owned organization which focuses on competitive cheerleading and tumbling. These guidelines are to help you understand the rules and standards that allow us to operate a championship caliber Allstar program. **If you feel that you cannot accept these guidelines, we understand that this may not be the program for you and/or your child.**

Our teams are competition groups. The primary focus will be to prepare for and compete or perform in national competitions. Teams will also participate in several local and regional competitions as well as local parades and exhibitions. During the course of this season, the teams will focus on all of the components of competitive cheer including (but not limited to) tumbling, jumps, motions, pyramids, partner stunts, dance and showmanship.

Your child will come home, at times, with tears, aches and pains, frustrations and tired. Not all the time. But, it will happen. It happens with ALL competitive sports. Please know we care about your child and their feelings. We are molding athletes and it isn't always easy on them or the staff. Please do not "coach" your child on the car ride home. Be their loving, supportive parent and help ease their frustrations. Our staff will coach them. They need a safe-haven from the occasional rough practice, where nothing seems to go right, to escape to and re-energize and sometimes they just need a hug!

What is All-Star Cheerleading?

The sport of All-Star Cheerleading has grown immensely from its roots over 20 years ago. In the 80s and early 90s, teams were typically formed of athletes who were interested in improving their skills so that they would stand a better chance of making their high school or college cheerleading teams. As the sport developed and grew, more and more athletes and their parents viewed All-Star Cheerleading as a viable activity in and of itself. As stronger and stronger athletes began to recognize that All-Star provided them a way to focus more on teamwork and athleticism and less on pom-poms and decorating lockers, the sport began to separate itself from the traditional stereotypes. This is no longer your mother's Cheerleading. Teams and athletes in All-Star now focus on gymnastic and acrobatic moves. The hybrid sport of today is a combination of gymnastics, acrobatics, athletic dance, and many elements unique to All-Star. More X-Games than the Miami Dolphin Cheerleaders, more extreme athlete than fashion model, today's All-Star athlete can learn exciting skills in a fun, safe environment.

All-Star teams are typically comprised of 8-32 athletes with a variety of skills and abilities (much like a football or basketball team.) There can be solid, well-rounded athletes and those who have particularly strong abilities in certain areas (ex. dance jumps.) The coaches create a competition routine performed by the group that has elements of tumbling, stunting, jumping, dance and other skills set to music. The routines are 2 ½ minutes in length. At competitions, the teams are divided by age and ability level. The routines are judged by their level of difficulty, precision, creativity and entertainment value.

Tryout Details

Register Online at www.cseallstars.com

Date: May 25, 2019

Team Placement Reveal is Friday, May 29th in the Gym at 6:00pm. ALL ATHLETES should be at the gym no later than 6:00pm. Results will be posted on our Website, Facebook Page and Instagram page on Friday at 8pm.

Ages 3-18

There is a new age grid for eligibility for the 2019-2020 season. Age groups are listed below. For all minimum ages, you must be that age by August 31, 2019. For the maximum age, you must be 18 on August 31, 2019. This will determine your "competition age." Please bring a copy of your birth certificate and ID for Coastal Surge Elite to have on file.

Age groups are as follows: Age as of August 31, 2019

DIVISION	LEVEL	AGE RANGE	DIVISION	LEVEL	AGE RANGE
Tiny (Novice only)	1	3-6		LEVEL 5	
Tiny (Prep/Elite)	1	5-6	Youth	5	9-11
Mini (Prep/Elite)	1, 2	5-8	Junior	5	9-14
Youth (Prep/Elite)	1, 2, 3	5-11	Senior	5	11-18
Junior (Prep/Elite)	1, 2, 3	5-14			
Senior (Prep/Elite)	1, 2, 3	11-17			
	LEVEL 4				
Senior	4.2	11-18			
Youth	4	8-11			
Junior	4	8-14			
Senior	4	11-18			
Senior Open	4	14 and up			

WHAT TO BRING

- Copy of Birth Certificate
- \$50 Registration Fee (New and Returning athletes)
- Credit Card for Auto-Pay
- School Cheer Schedule of practices, camps, important dates, competitions, games.

Team Placement Reveal is Friday, May 29th in the Gym.

USASF LEVEL 1-5 TUMBLING SKILLS



2019 - 2020 ALL STAR SCORING SYSTEM - TUMBLING

4.18.19

LEVEL 1

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
FORWARD ROLL • STRADDLE ROLL • HANDSTAND • HANDSTAND FORWARD ROLL • FRONT LIMBER FRONT WALK OVER • CARTWHEEL • BACKWARD ROLL BACK EXTENSION ROLL • PUSH UP TO BACKBEND • STANDING BACKBEND BACKBEND KICK OVER • BACK WALKOVER	CARTWHEEL • FRONT WALKOVER • ROUND OFF • CARTWHEEL BACK WALKOVER FRONT WALKOVER TO CARTWHEEL/ROUND OFF CARTWHEEL 1/2 TURN FRONT WALKOVER • CONNECTED SKILLS -CARTWHEEL/BACK WALKOVER

LEVEL 2

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
STANDING BACK HANDSPRING • BACK HANDSPRING STEP OUT BACK EXTENSION ROLL BACK HANDSPRING • BACK WALKOVER BACK HANDSPRING	CARTWHEEL BHS • ROUND OFF BHS • ROUND OFF BHS STEP OUT ROUND OFF BHS SERIES • FRONT WALKOVER TO ROUND OFF BHS SERIES

LEVEL 3

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
BHS SERIES • JUMP TO BHS • JUMP TO BHS SERIES BHS SERIES JUMP BHS SERIES • BHS STEP OUT BHS COMBO	AERIALS • PUNCH FRONT • ROUND OFF TUCK • ROUND OFF BHS BACK TUCK ROUND OFF BHS SERIES TO BACK TUCK • FRONT WALKOVER TO ROUND OFF BHS BACK TUCK FRONT WALKOVER TO ROUND OFF BHS SERIES BACK TUCK

LEVEL 4

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
STANDING BACK TUCK • BHS BACK TUCK • BHS SERIES TO BACK TUCK JUMP BHS BACK TUCK • JUMP BHS SERIES TO BACK TUCK	CARTWHEEL BACK TUCK • ROUND OFF LAYOUT ROUND OFF BHS LAYOUT/LAYOUT STEPOUT / X-OUT • ROUND OFF BHS SERIES TO LAYOUT FRONT WALKOVER THROUGH TO LAYOUT • PUNCH FRONT STEPOUT TO LAYOUT ROUND OFF BHS SERIES TO LAYOUT • ROUND OFF BHS WHIP BHS TO LAYOUT PUNCH FRONT STEPOUT TO ROUND OFF BHS WHIP BHS TO BACK TUCK FRONT HANDSPRING PUNCH FRONT FRONT HANDSPRING PUNCH FRONT THROUGH TO ROUND OFF BHS BACK TUCK/LAYOUT

LEVEL 5

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK • BHS SERIES TO WHIPS AND LAYOUTS • JUMP BHS SERIES TO WHIPS AND LAYOUTS BHS WHIP BHS SERIES TO LAYOUT/LAYOUT STEPOUT/X-OUT	ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL PUNCH FRONT STEPOUT TO FULL • ROUND OFF WHIP BHS TO FULL

LEVEL 6 & 7

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK ELITE LEVEL APPROPRIATE STANDING FULL • JUMP FULL • BHS FULL • JUMP BHS FULL • BHS SERIES TO FULL JUMP BHS SERIES TO FULL • BHS WHIP TO BHS SERIES TO FULL • BHS SERIES TO DOUBLE FULL JUMP BHS SERIES TO DOUBLE FULL • BHS WHIP TO BHS SERIES TO DOUBLE FULL	CARTWHEEL FULL • ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL SIDE AERIAL/FRONT AERIAL/ONODI THROUGH TO FULL • FRONT FULL ELITE LEVEL APPROPRIATE FRONT HANDSPRING FRONT FULL • PUNCH FRONT STEPOUT TO FULL • ROUND OFF BHS WHIP TO FULL ROUND OFF ARABIAN ROUND OFF BHS FULL • ROUND OFF BHS FULL BHS SERIES TO FULL ROUND OFF DOUBLE FULL ROUND OFF BHS DOUBLE FULL • FRONT WALKOVER THROUGH TO DOUBLE FULL PUNCH FRONT STEPOUT TO DOUBLE FULL • ROUND OFF BHS WHIP TO DOUBLE FULL ROUND OFF ARABIAN ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL ROUND OFF BHS DOUBLE FULL BHS SERIES TO DOUBLE FULL

This document includes examples of level appropriate skills. Coaches are still responsible for ensuring that any skills performed in their routine are compliant with the USASF Safety Rules. Please check back as this document may be updated throughout the season.

Must demonstrate correct technique of Tumbling Skills listed above. A back handspring with bent legs or arms is not mastery of a back handspring, and level 2 requires connected tumbling skills with a back handspring.

PLACEMENT

There may be athletes on any given team that tumble at a different level than the rest of their teammates. We try to match up the athletes by level as best as we can, but please remember that stunting, pyramids, jumps, dance, motions and age are huge factors as well. Some will be stronger tumblers than others. Some will contribute more with stunts than others. We chose our team based on the positions that we need to fill. Every athlete is on the team for a reason – please “TRUST THE PROCESS” - USASF

PROCESS

The try out process is very casual and fun! The athletes demonstrate Jumps and Tumbling Skills. They also meet the staff and new friendships are formed. We evaluate the athletes in groups and encourage each person to do their best!! Everyone is placed on a team no matter what! After tryouts, the staff will pick teams based on their discretion. Many key elements factor into the decision. Keep in mind all Coastal Surge Elite Teams are built to compete at a high level.

IMPORTANT: Please be sure to double-check all of your information. Contact information needs to be legible and written in blue or black ink. All paperwork and monies are due the first day of team practice.

CODE OF CONDUCT and CSE POLICIES

- Coastal Surge Elite, LLC maintains the right to refuse service at any time.
- Coastal Surge Elite, LLC may add, subtract or change any rule at any time, with no advanced notice.
- The competition schedule can and may change at any time. Every effort is made to replace a competition with another equally priced competition. It could change the location of the event.
- Good Sportsmanship and good manners are mandatory at all CSE scheduled events and practices. Please remember, you are representing not only yourself but the entire CSE Program.
- DO NOT GOSSIP about other teams, parents, other gyms or kids. Again, if you have a question, ask, rather than listen to non-sense or engage in irresponsible conduct. Gossip will not be tolerated and is in violation of our program policies and terms for immediate removal from our program.
- Please remember, CSE is responsible for many children. Ensure your child’s safety by dropping off/picking up ON TIME. Coaches are booked throughout the day and require the gym space for other teams, classes and private lessons.
- We are committed to you and we will provide the best customer service to our Coastal Surge Elite clients.
- Do not make assumptions about anything. Always ask. We do not want to find out you have a problem from other parents first. Please come to us first. There is always a reason for our madness.
- Attitude is everything. If an athlete has a foul attitude, we will place him/her to a non-competitive program, such as a class, until then, a replacement will be put in position.
- Do not call or text the staff unless it is an emergency. The staff needs to have their personal time away from work.
- Please feel free to speak to your coach about anything. However, keep in mind there is always a time and a place. For example: approaching your coach during team practice, class time, a private lesson or in front of other parents or athletes in inappropriate. YELLING OR CURSING at a staff member will not be tolerated.
- You cannot create or sell your own CSE clothing. Our name and logo are copyrighted. All ideas for apparel must be emailed and approved by Trina Viramontes.
- Anyone threatening to quit will be asked to leave immediately. No refund will be given.
- Your opinion regarding practice and routine construction does not count. The staff makes all of the decisions. Do NOT attempt to “coach” your athlete during practice. Do NOT give instructions to coaches on routine suggestions. Practice time is very valuable. Trust your coaches and the process.
- It is the parent’s responsibility to stay informed. Check your email, BAND and website regularly. If you aren’t receiving emails, contact the CSE office ASAP!
- Withholding your child from practice cannot be used as a form of discipline. It affects everyone on the team.
- Do not post negative comments, routines or music on message boards, Facebook, Instagram or any social media or website. Terms for immediate termination from the program.
- **SCHOOL CHEER:** Allstar must be your 1st priority. No athlete can miss any practice the 2 weeks before a competition or an extra practice to get ready for a competition. We strive to accommodate as much as possible, but your CSE team must come first. Any athlete missing or more than 30 minutes late for a CSE mandatory practice, *WILL NOT* compete in that weekend’s competition. If tardiness or absences are habit, your athlete will be removed from the team.
- Any lude or inappropriate personal social media posts are not tolerated.
- No athlete or parent will talk negatively about another gym, athlete or competition. Either vocally or in social media.

GOOD SPORTSMANSHIP, POLITE MANNERS AND A KIND DISPOSITION ARE MANADATORY AT ALL COMPETITIONS AND PRACTICES. THIS PROGRAM PRIDES ITSELF ON SETTING A HIGH STANDARD OF BEHAVIOR. PLEASE HELP US TO CONTINUE IN THIS ENDEAVOR.

The BAND app is our most frequent form of communication. Please check it often and keep notifications on.
Important dates, changes, information will come through BAND.

I have reviewed the Code of Conduct with my child, _____, and we understand and hereby agree to the terms.

Athlete Signature _____ Date _____

Parent Signature _____ Date _____

Coastal Surge Elite is Competitive Cheerleading. It is not recreational cheer or school cheer. It is a highly competitive sport requiring athlete and family commitment to practices, team, financial and competitions at the highest level. To be successful, all athletes on a team MUST be at all practices from June 2019-May 2020.

EXCUSED ABSENCES

- Contagious illness (Considered unexcused after 24 hours of antibiotics or fever free)
- School function that affects grade
- Family death
- Doctors Note stating the athlete can not even attend practice (even though they would not participate)
- Vacation during summer (Must be logged in absence book and approved by staff, at least 3 weeks in advance, so we can plan for a productive practice during your absence.)
- You are allowed 4 Family Days. They must be logged in the Absence book to be considered Excused and can not be during the 2 weeks of practices before a competition.

UNEXCUSED ABSENCES

- School dance
- Illness after 24 hours of fever free or 24 hours after starting an antibiotic.
- School Cheer function 2 weeks prior to a competition.
- More than 30 minutes late to practice for any appointment or School Cheer practice or game.
- Traffic
- No doctors note
- Too much homework/ test
- Athlete grounded
- Feeling tired/headache/ear ache/sore body part
- Don't have a ride
- School Cheer activities, including try-outs, practices and games. This is for all Prep and Elite Teams. Your Allstar team MUST come first. Please bring cheer schedule to Tryouts.
- Any absence during the 2 weeks of a competition.
- Consequences for Unexcused absences.
 - 1st absence, noted in file, \$20 absence fee billed to your account and auto-drafted with your monthly tuition. (This fee covers the extra time we have to pay a coach to re-design a practice to accommodate a missing athlete)
 - 2nd absence, \$50 absence fee billed to your account and auto-drafted with your monthly tuition.
 - 3rd Unexcused absence will result in termination from the program and termination fee, auto-drafted 3 days after termination.

VACATIONS

Vacations are not permitted during competition season, unless the gym is closed, and the athlete has already cleared it with their coaches. Please see an owner (not a coach) with any vacation requests, so they can be considered, approved/denied and logged in the absence log. Also, any summer vacations must be approved 2 weeks prior to the missed practice(s). Failure to do give adequate notice will result in a \$20 fee billed and auto drafted with your monthly tuition. The gym is closed for Christmas Break, Spring Break and July 4th Week. Please use these times to schedule vacations.

SUMMER PRACTICES

It is imperative that all athletes are at practices during the summer. This is the time we focus on teaching skills, technique, flexibility, tumbling, stunting, performance and bonding with their teammates. This is the FUN part of practices. Any athlete not at summer practices will be removed from the program. We do allow vacations during the summer, as long as it is logged in the absence book and staff know ahead of time. No longer than 2 weeks. All athletes MUST be at Mandatory Choreography Camp. This is held in August. Dates will be announced at the beginning of summer. It is 3 days, held at the gym from approximately 9am-4pm, with a pool party after the last day (which is a half day).

PRACTICE TIMES

All Teams will practice 2 days a week for 2 hours one day and 3 hours a 2nd day. The 3-hour practice will include one hour of stretching and tumbling class. (Tiny team will practice 2 days a week for 1.5 hours each day with 30 minutes of tumbling on day 2) Your practice days could be anything from Monday-Saturday. During the summer, your athletes team placement may change due to achieving new skills (must be exceptional in execution), or inability to execute skills required. Extra practices will be scheduled and usually on weekends or breaks from school. You will have 2 weeks' notice of any extra practices. Practices are MANDATORY. Please be on time and ready to work.

GYM RULES

All music, choreography, dances, stunts and pyramids presented to the athletes of Coastal Surge Elite are to remain completely confidential. Routines and ideas should not be discussed, taught or shown to anyone that is not on your 2019/2020 team. **NO EXCEPTIONS.** Please help us remain a winning program by maintaining confidentiality.

There is NO posting routines on Social Media until the last competition of the Season.

- ALL practices are mandatory. During the summer, vacations can be approved by seeing Trina or Rose and it must be entered in the Athlete Absence Binder.
- Practice times may be changed at any point during the season, if necessary.
- Do not bring items of value to the gym. CSE is not responsible for lost or stolen items.
- Siblings of athletes cannot come inside the gym and watch practice unattended. An adult in the viewing room must supervise them. No Siblings on the Tumble Trak.
- No one is allowed to yell onto the floor or make contact from the parent waiting area, to any athlete or staff member.
- The only people allowed on the gym floor are staff members and athletes that are on the Team Rosters. Parents, friends, relatives and siblings must remain in the waiting area. Only registered athletes are allowed on the gym floor or Tumble Trak.
- Siblings may NOT run around in the parking lot, throw balls in the gym or parking lot, shoot Nerf guns outside or in the gym. This is for the safety of all athletes, siblings, coaches, parents and visitors.
- Coastal Surge Elite reserves the right to close practices at any time. **ALL TEAM PRACTICES ARE CLOSED THE WEEK OF A COMPETITION.** We prefer you always drop your athlete off for all practices and return to pick them up, to keep distractions to a minimum. However, there is a parent seating area, should you like to stay when practices are not closed prior to a competition.
- Remove all piercings and jewelry. This is non-negotiable. This is a safety issue and a USASF policy.
- Nails cannot be longer than the fingertips. This is a safety issue!
- Feel free to speak to your coach about anything. We want to make sure the line of communication is open.
- Any athlete found smoking (vapor or cigarettes) or any kind of drugs (including marijuana) in or around CSE property will be terminated from the program.
- No parents or siblings on the blue mats during practice, including the coaching space in front of the spring floor.
- Parents are invited to watch teams for their last full-out of the practice. It is the last 10 minutes of the practice.
- Do not use the Tumble Track as a seating area.
- CSE reserves the right to close any and all practices if there are distractions in the gym that negatively affect team practices.
- Please have your child bring a water bottle to practice. We provide Culligan water.
- No Gum.
- Lice: If your child has lice, they may not return to the gym until treated. It is not the responsibility of the CSE staff to check for lice. Please do that regularly and treat promptly. Any child found with lice will be sent home immediately and checked by staff upon returning.

Monthly Fees: Full Year - June 2019-May 2020

Tiny and Novice Teams 3-4 Competitions-Local (Less than 2 hour drive)	\$175.00/Month \$250 Deposit due at signing	Practice 2 days a week for 3 hours total/week
Prep Teams 4-5 Competitions – Local/limited travel (Less than 4 hour drive)	\$205.00/Month \$300 Deposit due at signing	Practice 2 days a week for 4 hours total/week and 1 tumbling class a week
Elite Teams 6-8 Competitions – Local and Travel (up to 9 - 10 hour drive)	\$260.00/Month \$350 Deposit due at signing	Practice 2 days a week for 5 hours total/week and 1 class a week. (Flyers are required to take the Flyer/Flex class and Bases are required to take the Stunt Class)

*****Boys on Elite Teams get 20% off tuition OR Trade for Coaching. Cheer Package for Boys is \$775 for Elite Only. 4 payments of \$193.75.**

ELITE/PREP TEAMS: 2019/2020 Tuition includes:

1. Custom Team Music
2. All Competition Fees (excluding Bid events, if won)
3. USASF Registration
4. Coaches and Team Travel Fees (excluding Bid events, if won)

CHEER PACKAGE - Not included in your tuition - \$1045.00 (No discounts available)

ITEM	PAYMENT PLAN
UNIFORM & HAIR ACCESSORY	\$261.25 DUE THE 15 TH OF JULY/AUG/SEPT/OCT
SHOES	
2 SETS OF PRACTICE WEAR	
COMPETITION MAKE-UP	
TEAM JERSEY	
CSE T-SHIRT	
CHOREOGRAPHY CAMP	SCHEDULE FOR 3 DAYS IN AUGUST AND ONE WEEKEND IN SEPT. DATES TBD

TINY AND NOVICE TEAMS 2019/2020 Tuition includes:

1. Custom Team Music
2. All Competition Fees (excluding any BID events, if won)
3. USASF Registration
4. Coaches and Team Travel Fees (excluding any BID events, if won)

CHEER PACKAGE - Not included in your tuition - \$675.00 (No Discounts available).

ITEM	PAYMENT PLAN
UNIFORM AND HAIR ACCESSORY	\$168.75 DUE THE 15 TH OF JULY/AUG/SEPT/OCT
SHOES	
1 SET OF PRACTICE WEAR	
COMPETITION MAKE-UP	
CSE T-SHIRT	
CHOREOGRAPHY CAMP	

DISCOUNTS

**** Discounts may not be combined. One Discount level per family.**

Multi-Sibling Discount –2nd child - 5% off tuition, 3rd or more 10% off tuition each. Each child must purchase the Cheer package.

Pay \$350 Deposit by May 15th and receive a \$150 credit towards any month of tuition you choose.

TUITION/PAYMENT

NEW THIS YEAR Your monthly tuition fees will be auto-drafted from your Coastal Surge Elite account on the 1st of each month. **Each family must be signed up for Autopay.** A late fee or card decline fee of \$25 will be assessed on the 6th of each month.

Your Cheer package fee will be auto-drafted on the 15th of the months July, Aug, Sept and Oct.

We strive to make your payments as easy as possible. If you need an arrangement made, please contact Trina or Rose. Communication is Key! If you have any questions about your account, feel free to contact the office.

PAST DUE ACCOUNT POLICY

(Please initial each line, stating you understand and accept our past due policies)

_____ *All accounts must be paid in full in order to try out for the upcoming season.*

_____ *Pro-Shop items or merchandise will be limited to those families with accounts that are current.*

_____ *Your athlete will sit-out all practices and competitions until their account is current. (to remain on the team, they must be at all practices, but they will not be able to participate). If athlete sits out 3 x or more, during a season, due to overdue balance, the athlete will be removed from the program.*

_____ *No athlete may attend any tumble classes with a past-due balance.*

_____ *No athlete will be allowed to participate in Privates with a past-due balance.*

_____ *Any athlete with a 30 day past due balance will be removed from his/her team and the CSE Team program.*

Please contact Trina or Rose with financial questions. Your coach will not be able to advise you on this matter.

Cheerleaders will sit out of their practice beginning the 5th of each month if their account is not paid for that month. No Exceptions.

There will be no refunds to anyone who is asked to leave the program or quits a team. Please see Policies for termination.

PRIVATE LESSONS

Private lessons are available with any of our coaches. All privates must be booked and paid for at the desk or online through your parent portal. CSE will include all private lesson payments in their regular paycheck.

Cost: 1 hour: \$50

Package of 5 Privates: 1 hour - \$200

TRAVEL

All Cheerleaders must use accommodations at out of town competitions. Due to “STAY TO PLAY” obligations, athletes may be required to stay at specific hotels. All of this information will be given in advance to allow proper planning and scheduling time.

- There must be a parent in every hotel room. Every athlete must have a chaperone at the event center.
- It is your responsibility to pay the hotel directly for your room.
- Coastal Surge Elite athletes are required to travel several times per season. Please keep in mind that your athlete may be missing a few days of the school year. Please keep up with assignments, homework and attendance throughout your 2019/2020 school year so these travel days do not inconvenience your child’s academics.

BID EVENTS

Throughout our competitive season (November-April), competitions will give out BIDS to big end of year, prestigious events. These are earned by placing 1st place and/or Grand Champions at each event. This is what our teams strive for. To get a BID. BID event fees are NOT included in tuition. Coaches travel fees are NOT included in tuition for BID events. As soon as we earn a BID, and the event informs us of what the fees are, we will release the amount for the competition and date due. All Bid events will include a \$50 per athlete coaches travel fee, to cover cost of coach’s food, hotel and gas. *These events are NOT included in your tuition.*

Types of BIDS

Paid: We want this one! One small team fee split between all athletes on that team.

1st Place (Gold): Fees are the lowest for this BID.

2nd Place (Silver): Fees are more than 1st or Paid.

3rd Place (Bronze): Fees are more than all the above.

At Large: Full price for event.

Wild Card: This is for Summit only. They would compete on Friday. Wild Cards are then chosen to move on to Saturday (Day 1 of regular event). Fees are full price.

SUMMIT D2 (The Olympics of Allstar Cheerleading) – Held in May in Orlando, FL. There will be some events which will allow us to be eligible for a Summit bid. D2 means we are a small gym, so we would compete at the D2 Summit vs the Summit (for large gyms). This is a very prestigious competition which gyms across the world work all season to be earn a BID. BIDS for this event are announced via Varsity TV on every Monday night after competitions around the country are held.

Coaches are not free to attend. So their fees will be built in to the cost per athlete to attend. WE CAN FUNDRAISE! Athlete fees include hotel, 3-day park hopper pass to Disney, entrance into ESPN to compete and registration fee. There are some cheaper option packages for those that need it or have season passes to Disney. However, with everything included, it is a cheaper package deal than you can buy elsewhere.

ALL OUT NATIONALS – Held in Orlando in February.

THE ONE – Held in April/May in New Orleans, Ohio, Virginia Beach and Orlando. We will attend either New Orleans or Orlando, should we earn a BID.

US FINALS – Held in Pensacola in April or May.

EMERALD COAST NATIONALS – Held in Fort Walton Beach, FL in April.

THE OPEN – Held in Orlando in May.

EXTREME SPIRIT ELITE INTERNATIONAL – Held in Orlando in May.

FINANCIAL COMMITMENT/CREDIT

FINANCIAL COMMITMENT

I have read the Tuition/Payment Information and fully understand my commitment to Coastal Surge Elite. **I understand that my commitment is for the entire 2019/2020 competitive season.** I understand that I am giving my credit card/debit card information and my card will be auto-debited for tuition and Apparel packages. **I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program and a \$400 termination fee will be applied. Accounts over 30 days past due will be sent to collections and/or small claims court. If court proceedings are undertaken, I understand I am responsible for all court costs.**

I understand that I am entering this program of my own free will.

Parent Signature: _____ Date: _____

Name as it appears on the card: _____

Billing Address: _____

Type of Card: _____

Credit Card Number: _____

Expiration date: _____ CVC code on back of card: _____

Card Holder's Signature: _____

Cheerleader's Name: _____

Card Holder Cell Phone Number: _____

Card Holder Email Address: _____

EVERYONE is required to submit credit card/debit card information and to be on auto-pay.

It is your responsibility to inform the office of any changes to this card.

. Card will be attempted no more than 3 days in a row. Declined cards, after the 3rd day, will be assessed a \$25 late fee/processing fee

3 options for Auto-Pay. Please choose one.

Initial Payment amount

_____ Pay in Full (5% discount on tuition) Must purchase cheer package.

_____ 1st of Every Month

_____ Alternate day of the month. Day: _____ of every month.

_____ Bi-Monthly payment on the 5th and 25th of each month. (\$5/month fee for this option)

5th 25th

I understand and agree to the payment policy. I authorize Coastal Surge Elite, LLC to auto-draft my credit/debit card on the date I have chosen above, June 1, 2019 – May 2020.

Signature _____ Date _____

BASIC INFORMATION

Member Information Form

Mother's Name
First: _____ Last: _____

Father's Name
First: _____ Last: _____

Phone Number(s)
Mother Cell: _____ Father Cell: _____
Mother Email: _____ Father Email: _____

Emergency Contact Name: _____
Phone #: _____ Relationship: _____

Billing Address
Address: _____
City: _____ State: _____ Zip: _____

Student Information
First Name: _____ Last Name: _____
Birthday: _____ School: _____ Grade: _____
Cheerleader Cell #: _____ Email: _____

Insurance Information
Insurance Carrier: _____ Policy #: _____
Carrier's Phone #: _____ Group #: _____

Medical Conditions/Allergies:

BAND is our most frequent form of communication. Please keep your team mom updated on any changes to your email or cell numbers.

Please include athlete's clothing sizes below:

*Youth sizes begin at YXS (Youth Extra Small) and end at YXL (Youth Extra Large) *

*Adult sizes begin at AS (Adult Small) and end at AXXXL (Adult 3XL) *

Athlete T-Shirt/Tank Size: _____

Athlete Short/Capri Size: _____

Athlete Jacket Size: _____

Athlete Hoodie Size: _____

Athletes Cheer Shoe Size _____

Athletes Ring Size _____

Sizes above Adult XL incur additional cost.

FAVORITES

Color _____

Drink _____

Candy _____

Cartoon Character _____

Movie _____

Special things that make my child happy and feel appreciated:

2019/2020
COMMITMENT STATEMENT

Allstar cheerleading is a competitive sport which necessitates practice, hard work, sacrifice, teamwork and commitment. I am willing to make the Coastal Surge Elite Program a top priority in my child's life and will do my very best to be as cooperative, supportive, flexible and understanding as possible. We understand the commitment that we are making, as a family, to the Coastal Surge Elite Staff, coaches and other team members. We intend to participate for the entire year from June 2019 to May 2020. If for some reason, circumstances occur which require our departure from the program; we do not expect any refund of fees or competition expenses and understand that we may not participate in another Allstar program within 75 miles until the following season (2020/2021).

I understand that fees are auto-drafted on the 1st of the month, unless otherwise arrangements have been made in my contract. I understand that if my payment is declined and/or late, there is a \$25 late/processing fee. *I, understand my child cannot participate with the team until my account is current or signed a promissory note and am in good standing.*

I understand that up to SIX to EIGHT days of school will be missed in order to attend competitions (Elite and Prep teams). I understand that teams practice a minimum of twice per week during our regular season and will have a few weekend practices throughout our season.

I understand that my child must attend summer practices. That any vacation requests will be logged in the absence log and no longer than 2 weeks (total) is allowed.

I understand that if my child is participating in school cheer, CSE is the priority.

I understand that my child is required to attend all Coastal Surge Elite scheduled performances, competitions and events. I understand that if my child misses a practice the week of a scheduled competition, he/she will not be able to compete at that event.

I understand that the teams plan to participate in approximately 6-8 competitions with some exhibitions during the season. (Excluding BID events). I understand that some events require overnight hotel stays and travel costs that are my responsibility.

I understand that a team member can be dismissed from the team for missing an excessive amount of practices, being late, leaving early, any violation of the Program Code of Conduct, Policies or for any other inappropriate behavior CSE management or staff does not approve of. I understand that consistent negative conversation and gossip will not be tolerated and will result in removal from the CSE program. I understand that any negative comments made by parents or athlete about another athlete will be terminated immediately.

I understand that if I am dismissed/terminated from CSE or chose to quit CSE, there is a \$400 termination fee. Understand that if my account is not paid in full by 30 days after we leave the program, our account will be sent to collections and/or small claims court and the cost for collection/court are my responsibility.

I have familiarized myself with the contents of this handbook. I acknowledge, understand, accept and agree to comply with the program guidelines provided. I understand this handbook is not intended to cover every situation that could arise during a season. I agree to come to owners about any problem I have, before speaking to other parents about the situation.

I understand that this signed Commitment statement and Coastal Surge Policies will be maintained and enforced for the entire 2019/2020 season or for the duration of my athlete's participation in the Coastal Surge Elite All Star program.

I, _____ parent/guardian of _____, have read and fully understand the commitment we, as a family, are making to Coastal Surge Elite for the 2019/2020 All Star cheerleading season.

We, hereby, commit and agree to the 2019/2020 Season, Policies, Tuition/Fee's and Code of Conduct.

Athlete Signature _____ Date _____

Parent Signature _____ Date _____

Printed Parent Name _____