

The Troubled Employee**20 hours**

Objectives: Explores the identification, assessment and intervention with employees who have mental health, addiction and other life problems Better prepares the counselor to effectively help the employee who is experiencing job performance problems.

Text: Workplace Intervention: The Bottom Line on Helping Addicted Employees Become Productive Again by James Fearing
ISBN: 156838520X

Family Intervention**12 hours**

Objectives: Explores the impact of substance abuse on the family. Examines strategies and the implications of training for and following through with a family intervention.

Text: Training Families to Do a Successful Intervention by Alexandra Robbin, et. al. ISBN: 1562461168

Motivational Interviewing**12 hours**

Objectives: Identifies strategies that develop a counseling relationship that motivated the client to change. Prepares clients to utilize their skills as they create an environment that fosters client change.

Text: Motivational Interviewing: Helping People Change, 3rd ed. by William K. Miller & Stephen Rollnick ISBN: 9781609182274

Biological & Cultural Aspects of Addiction**12 hours**

Objectives: Explores how physiological and cultural factors are involved in substance use and addiction. Broadens the therapist's view of the factors that contribute to addiction so they can best utilize their skills to address the client's needs.

Text: The Selfish Brain by Robert L. Dupont, M.D. ISBN: 1568383630

From Addiction to Recovery**12 hours**

Objectives: Examines how the addicted client moves from the culture of addiction to one of recovery.

Prepares the therapist to be alert to the transition that client's undergo as they move from an addictive to a drug free lifestyle.

Text: Pathways from the Culture of Addiction to the Culture of Recovery by William L. White, M.A. ISBN: 1568381239

Concepts of Alcoholism**16 hours**

Objectives: Explores the essential concepts of alcohol abuse, alcoholism and recovery. Better prepares the counselor who is relatively new to serving the alcoholic client to best utilize their skills to meet the needs of their clients.

Text: Loosening the Grip 8th ed. by Jean Kinney and Gwen Leaton ISBN: 0073138894

The First Three Years of Recovery**14 hours**

Objectives: Explores the early recovery needs of the addicted client. Better prepares the therapist as they serve the newly recovering addict so as to strengthen their recovery.

Texts: First Year Sobriety by Guy Kettelhack ISBN: 1568382308

Second-Year Sobriety by Guy Kettelhack ISBN: 1568382316

Third-Year Sobriety by Guy Kettelhack ISBN: 1568382324