## CONTRACT FOR VOLUNTARY PARTICIPATION IN PLAY FOR MISSIONS RECREATIONAL SPORTS ASSUMPTION OF INJURY RISKS

There is a risk of injuries, both serious and minor, associated with participation in any PLAY FOR MISSIONS ("PFM") sporting activity. The risks may increase in activities involving physical contact, running, jumping or otherwise leaving one's feet, diving, sliding, or interaction with moving objects that are thrown or otherwise used in the sport. The risks include, but are not limited to: injury to the head, neck, or spine (including paralysis), arm, hand, leg, foot; injury to the muscular or skeletal systems; injury to internal or external organs; loss of or damage to sight, hearing, or teeth; death; long or short-term disability; loss of income, career opportunities, or the enjoyment of life; pain; and scarring or disfigurement.

IT IS THE RESPONSIBILITY OF EACH INDIVIDUAL PARTICIPANT to know his or her own general state of health and well-being, and therefore to be able to certify knowledgeably that he or she is physically fit to participate in a PFM activity. IT IS ALSO THE RESPONSIBILITY OF EACH INDIVIDUAL PARTICIPANT to have health insurance coverage sufficient to provide for medical or dental services and/or equipment required to treat any injury, minor or catastrophic, sustained or incurred as a result of participating in PFM activities, and to certify that such insurance coverage is held.

Therefore, **AS A PRECONDITION TO BEING GRANTED PERMISSION TO PARTICIPATE IN ANY PFM ACTIVITY, EACH PARTICIPANT** shall read the agreement set forth below in order to make an educated choice to participate or not participate. Your signature will signify your recognition of the possible health risks involved and your informed consent to them.

To that end, and before releasing PFM from all actions, claims, or demands related to any injury you may sustain as a result of participating in its PFM activity, please give serious consideration to the possible ramifications. You should understand that the causes of possible injury are many, but among them are: injury from bodily contact, incidental to or inherent in the nature of the sport; slipping, falling, or tripping on the playing surface, regardless of its physical or environmental conditions; injury from warming up, practicing, or training for game participation; injury due to supervision by PFM employees, paid or unpaid, including referees or officials, or to rules, regulations, and instructions (or lack thereof) regarding the use of game equipment or tools or to the nature of the game itself, particularly in contact PFM activities; or injury due to a disparity between and among other players or teams with respect to experience level, strength, height, weight, age, ability, and the relative competitiveness or maturity of, between, or among other participants.

FAILURE TO COMPLETE THIS FORM IN ITS ENTIRETY WILL RESULT IN THE EXPULSION OF BOTH THE INDIVIDUAL AND HIS/HER TEAM FROM PEM ACTIVITIES

regulations, and instructions (or lack thereof) reg particularly in contact PFM activities; or injury dulevel, strength, height, weight, age, ability, and the FAILURE TO COMPLETE THIS FORM IN ITS E HIS/HER TEAM FROM PFM ACTIVITIES.	e to a disparity between and amor ne relative competitiveness or mate	ng other players or teams with urity of, between, or among ot	respect to experience her participants.
I have reits contents. I acknowledge the risk of injury that voluntarily assume all risks of harm associated w			
I certify that to the best of my knowledge, I am pl am unaware of any medical condition, which mig			good health, and that I
I am aware that participating in PFM activities may expose me to a risk of injury, minor or serious, including those listed above in ASSUMPTION OF INJURY RISKS IN CLUB SPORTS. I accept and assume all risks, known or unknown, listed or unlisted, that may result from my voluntary participation in PFM activities or in activities related to such sports, regardless of the cause of the injury. (initials) X			
I acknowledge my responsibility to acquire health equipment required to treat any injury, minor or compared to the compared to th			
In consideration of PFM permitting me to participate in its Sports Leagues, I knowingly and intentionally give up any legal right that I, my heirs, or legal representatives have or may have against PFM, its trustees, officers, agents, employees, the Municipalities and Boroughs of NJ, or insurers, from any action, claim, or demand that I, my heirs, or my legal representatives have or may have for any and all personal injuries I may suffer or sustain, regardless of cause or fault, on- or off-the field, as a result of my voluntary participation in PFM activities and/or in other activities related thereto. (initials) X			
I knowingly intend my signature on this Agreement to be a complete defense to any legal proceeding that may be brought by anyone on their own or on my behalf for any injury I may suffer or sustain as a result of voluntarily participating in PFM activities or in activities related thereto, and further intend this Agreement to be a complete and total release of liability for all negligent acts, failures to act, or breaches of duty owed to me, which result in my personal injury or death as a result of my voluntary participation in PFM activities. (initials) X			
I certify that I am 18 years of age or older, that I am legally competent and capable of executing this Agreement on my own behalf, that I have read the foregoing and have made a conscious decision to sign it of my own free will.			
Print Name:	Signature:		_Date:
Address:	City:	St:	Zip: