



# Asian Food Solutions<sup>®</sup>

NUTRITION . TASTE . VALUE

## K-12 Food Product List



### Tangerine Chicken

Whole Grain Lightly battered boneless chicken chunk tossed with tangy sweet and mild chili sauce



### Teriyaki Chicken

Tender chicken strips with our popular Teriyaki Sauce



### Whole Grain Vegetable and Chicken Egg Rolls

A tasty blend of vegetables with or without protein wrapped tightly in crispy wonton skin



### Whole Grain Chow Mein Noodles

Soft Chow Mein noodles with edamame and carrots in a teriyaki sauce



### Sriracha Honey Chicken

Whole grain lightly battered boneless chicken chunk tossed with a sweet and spicy Sriracha sauce

Healthy Choices that Students Love!



# Product Case Specification

Product Code #	DOT #	Description	Portions Per Case	Pack Size	Gross Case Wt. (lb)	Net Case Wt. (lb)	CASE Cube	Shelf Life FROZEN (months)	Configuration	
									Case L x W x H	Ti x Hi
72001	670359	Tangerine Chicken - Whole Grain	176	6 / 2.15 lb Sauce, 6 / 5.0 lb Battered Chicker	44.55	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
72003	670455	General Tso's Chicken- Whole Grain	176	6 / 2.15 lb Sauce, 6 / 5.0 lb Battered Chicker	44.55	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
72005	670361	Japanese Cherry Blossom Chicken - Whole Grain	176	6 / 2.15 lb Sauce, 6 / 5.0 lb Battered Chicker	44.55	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
72010	670366	Lemongrass Chicken- Whole Grain	176	6 / 2.15 lb Sauce, 6 / 5.0 lb Battered Chicker	44.55	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
72013	670390	Sriracha Honey Chicken- Whole Grain	176	6 / 2.15 lb Sauce, 6 / 5.0 lb Battered Chicker	44.55	42.90	1.63	12	17.06 x 13.06 x 12.63	8 x 6
73001	670374	Teriyaki Chicken	240	6 / 7.15 lb bags of Chicken/Sauce	44.79	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
73002	670376	New Orleans Chicken	240	6 / 7.15 lb bags of Chicken/Sauce	44.79	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
73004	670379	Thai Sweet Chili Chicken	240	6 / 7.15 lb bags of Chicken/Sauce	44.79	42.90	1.74	12	17.25 x 13.25 x 13.125	8 x 6
73005	670380	Gluten Free Teriyaki Chicken	159	4 / 7.15 lb bags Chicken/Sauce	30.35	28.60	1.21	12	17.00 x 13.00 x 9.50	8 x 8
78001	670399	Vegetable Fried Brown Rice	150	8 / 5lb bags	42.50	40.00	1.22	12	16.00 x 11.00 x 12.00	9 x 5
22001WG	670358	Yakisoba Noodle- Whole Grain	160	4 / 5.15 lb bags	21.60	20.60	0.68	12	13.25 x 11.00 x 8.00	10 x 8
22101WG	670357	Vegetable Chow Mein- Whole Grain	112	6 / 5.63 lb bags	36.25	33.75	0.90	12	15.25 x 8.50 x 12.00	10 x 5
22003WG	670355	Nested Yakisoba Noodle - Whole Grain	233	233/ 2.06 oz nests Bulk	32.50	30.00	2.14	12	19.25 x 13.19 x 14.63	7 x 5
79009	670396	Chicken Egg Roll- Whole Grain	100	Bulk Pack 100 Ct.	19.75	18.75	0.71	18	19.00 x 9.50 x 6.75	10 x 8
79011	670398	Vegetable Egg Roll- Whole Grain	100	Bulk Pack 100 Ct.	19.75	18.75	0.71	18	19.00 x 9.50 x 6.75	10 x 8
79201	670388	Whole Grain Crispy Chow Mein Noodles - IW	140	140 / 0.8 oz Packages	8.50	7.00	1.35	3 - 6	15.87 x 13.25 x 11.12	9 x 7
79301	670394	Whole Grain Crispy Chow Mein Noodles - Bulk	300	15 lbs Bulk	15.50	15.00	1.35	3 - 6	15.87 x 13.25 x 11.12	9 x 7
79202	670391	Cinnamon Sugar Wonton Squares - WG	140	140 / 0.8 oz Packages	8.50	7.00	1.35	3 - 6	15.87 x 13.25 x 11.12	9 x 7
79203	670395	Whole Grain Fortune Cookies	66	Bulk Pack 400 Ct.	5.35	4.25	1.35	3 - 6	15.75 x 13.13 x 11.25	9 x 7
79017	670393	Whole Grain Chicken Dumplings	100	4 / 7.13 lb - 500 Ct.	29.00	28.50	1.05	12	15.75 x 12 x 9.63	9 x 6

# Product Nutrition

Product Code #	DOT #	Description	Portion Size (oz)	Calories (Kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Protein (g)	CN Equivalents			Meets Alliance Guidelines for Healthier Option /Smart Snack
											Grain	M/MA	Veg	
72001	670359	Tangerine Chicken - Whole Grain	3.90	190	4	1	45	380	25	14	0.5	2	0	x
72003	670455	General Tso's Chicken- Whole Grain	3.90	210	7	1	50	450	24	12	0.5	2	0	x
72005	670361	Japanese Cherry Blossom Chicken - Whole Grain	3.90	200	4	1	45	350	27	13	0.5	2	0	x
72010	670366	Lemongrass Chicken- Whole Grain	3.90	190	4	1	45	320	24	13	0.5	2	0	x
72013	670390	Sriracha Honey Chicken - Whole Grain	3.90	210	6	1	50	480	24	12	0.5	2	0	x
73001	670374	Teriyaki Chicken	2.85	146	2.5	1	53	414	14	15	0	2	0	x
73002	670376	New Orleans Chicken	2.85	146	2.5	1	53	414	14	15	0	2	0	x
73004	670379	Thai Sweet Chili Chicken	2.85	120	2	0.5	45	330	15	11	0	2	0	x
73005	670380	Gluten Free Teriyaki Chicken	2.85	150	4	1	63	370	14	14	0	2	0	x
78001	670399	Vegetable Fried Brown Rice	4.25	210	6	0.5	0	340	33	7	1	0	1	x
22101WG	670358	Vegetable Chow Mein- Whole Grain	4.80	190	7	1	0	270	27	7	1	0	1	
22001WG	670357	Yakisoba Noodle- Whole Grain	2.06	110	1.5	0	0	25	21	3	1	0	0	x
22003WG	670355	Nested Yakisoba Noodle - Whole Grain	2.06	110	1.5	0	0	160	20	4	1	0	0	x
79009	670396	Chicken Egg Roll- Whole Grain	3.00	150	3	1	25	400	22	10	1	1	1	
79011	670398	Vegetable Egg Roll- Whole Grain	3.00	110	1	0	0	150	24	4	1	0	2	x
79201	670388	Whole Grain Crispy Chow Mein Noodles - IW	0.80	100	4	1	0	180	14	2	1	0	0	
79301	670394	Whole Grain Crispy Chow Mein Noodles - Bulk	0.80	100	4	1	0	180	14	2	1	0	0	
79202	670391	Cinnamon Sugar Wonton Squares - WG	0.80	100	3	1	0	165	15	2	1	0	0	x
79203	670395	Whole Grain Fortune Cookies	1.00	70	0	0	0	0	16	1	1	0	0	
79017	670393	Whole Grain Chicken Dumplings	4.50	190	4.5	1	25	480	27	11	2	2	0.5	x