

# February/March 2020

## At a glance

### Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>9</b> Worship 11:15 In West Sanctuary Open Hearts Jar	<b>10</b> Meditation 7:15 pm AA 8 pm	<b>11</b> Cards 9:30 TOPS 6:30 LSC council 7 pm	<b>12</b> Coffee Shop 2 – 4:30 pm Brewed Aw Worship Feedback Team 12 pm Potluck w Wesley UC & LT 5:30p KAIROS 7p	<b>13</b> Forever in Motion 10 am Craft/Study 1:30 pm	<b>14</b> 	<b>15</b>
<b>16</b> Worship 11:15 Prayer Candles Wascana Worship 1:30 pm	<b>17</b> AA 8 pm 	<b>18</b> Cards 9:30 TOPS 6:30	<b>19</b> Coffee Shop 2 – 4:30 pm Brewed Aw	<b>20</b> Forever in Motion 10 am Craft/Study 1:30 pm Community Dinner	<b>21</b>	<b>22</b> ICF Breakfast 9 am
<b>Russell Away AC-UC Dialogue</b>						
<b>23</b> Worship 11:15 Finance AGM Potluck Cong Care Seminar	<b>24</b> Meditation 7:15 pm AA 8 pm	<b>25</b> Cards 9:30 TOPS 6:30 Shrove Tuesday PC Supper 5 pm Faith Form. 6:30 pm	<b>26</b> Coffee Shop 2 – 4:30 pm Brewed Aw BoL Community Potluck Ash Weds. Service 7 pm	<b>27</b> Forever in Motion 10 am Craft/Study 1:30 pm	<b>28</b> INI Film & Faith <i>Smoke Signals</i> 6 pm	<b>29</b>
<b>1</b> Worship 11:15 Communion	<b>2</b> Meditation 7:15 pm AA 8 pm	<b>3</b> Cards 9:30 TOPS 6:30 Gratitude Team	<b>4</b> Coffee Shop 2 – 4:30 pm	<b>5</b> Forever in Motion 10 am Cong Care 10 am Craft/Study 1:30 pm	<b>6</b>	<b>7</b> Messy Church 4 pm

**TOPS = Take Off Pounds Sensibly**  
**AA = Alcoholics Anonymous**



# ANNOUNCEMENTS

February 9, 2020

306-761-0556 eastsideunited@sasktel.net  
Like us on facebook (Eastside United Church)  
Follow us on Twitter @Eastside\_united  
[www.eastsideunited.ca](http://www.eastsideunited.ca)



*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

### Ministers:

Minister: Russell Mitchell-Walker  
Greeting: Barb Rio and Leanne Sudom  
Congregational Care Greeter: Elaine Hill  
Prayers: Lori Latta  
PowerPoint: Stephannie Banks  
Pianist: Michelle Dickie



**Eastside Finance AGM**  
**Sunday, February 23**  
**During worship**

Last week's attendance: NA      Offering: \$4055      Weekly budget: \$1100  
(not incl. PAR)

### Office Hours:

Suzanne's hours during transition: Fridays 8:30 am to 4:30 pm

### Russell's Office Hours:

Tuesday, Wednesday and Thursday, working from home Friday  
Russell's e-mail address: [russell.eastside@sasktel.net](mailto:russell.eastside@sasktel.net)

Russell will be holding **Coffee Shop Office Hours** Wednesdays through February from 2 to 4:30 at Brewed Awakening on Woodhams Dr.

**Scripture Reading:** Isaiah 58: 1-9a  
Matthew 5: 13-20

### Songs –

Arise Your Light is Come VU #79 vs 1  
Jesus Bids us Shine VU #585  
Just Like Salt All God's Children Sing #33  
Christ be our Light ELW #715  
O God you are both light and love Tune VU #541  
Go make a Difference MV #209  
We Will Go with God MV #223

**LSC Meditation Monday, February 10 at 7:15 pm.** Wanda Barr will be leading us through this week's meditation. All are welcome to explore meditation with us within a friendly and loving circle of people. Dress comfortably, bring a friend. We will not gather Monday, February 17 due to the Family Day holiday. See ya on the 24<sup>th</sup>!

**St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am** in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

**Forever... in motion at the LSC, Thursday mornings at 10 am!**

*Forever... in motion* is a physical activity program for adults 50 and over. And it's FREE! Wear comfortable clothing and running shoes, and bring a water bottle. For more information please call Heather at 306-737-4681.

**Eastside's Craft/Study Group**, Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *Church Forsaken: Practicing Presence in Neglected Neighbourhoods* by Jonathan Brooks.

#### **CONGREGATIONAL CARE FAITH AND WELLNESS SERIES:**

February 23, March 22, April 26, 2020 following Eastside's potluck lunch.

**February 23** - Connie Moker Wernikowski will talk about Holy Yoga and lead us through some focused breathing exercises. For more information about Connie and Holy Yoga, check out her website, [bigfishyoga.ca](http://bigfishyoga.ca).

**March 22** - Elaine Carlson will describe how the practice of meditation can calm us and improve our health. She may lead us through a short meditation.

**April 26** - Munch Café will share about their work including our partnership with Glen Elm School. Munch is providing lunch (freewill offering, \$10) and showcasing some of their lunch menu.

**HEARTS OF LOVE:** The Gratitude Team invites you to participate in a **Valentine Gratitude Fundraiser** for Eastside. We are creating Valentines with scripture messages of love for you to give to a loved one for a donation. Suggested amount of \$5 to \$50 or whatever you wish, and \$1 for children's valentines. These will be available at the Gratitude Table after Church on Sundays February 2 and 9. Donations of \$20 or more are eligible for a donations receipt. Thanks to Clare Banks, we now have crocheted heart suncatchers available as well!



**KAIROS Regina Inaugural Meeting, February 12:** The inaugural meeting of the new ecumenical justice group, KAIROS Regina, will be Wednesday, February 12 at 7 pm at the Living Spirit Centre, 3018 Doan Drive, Regina. Our speaker for this meeting will be Cam Fraser, minister at Knox-Metropolitan Church, who will reflect on the theme "*Why do we do social justice ecumenically?*" In addition, the meeting will include the approval of the "Terms of Reference" of the new group, reports from working groups, and an opportunity to share news and announcements of other social justice initiatives. All are welcome. No registration is required. For further info, contact KAIROS Regina at [kairos.yqr@gmail.com](mailto:kairos.yqr@gmail.com).

**Eastside Community Dinner, Thursday, February 20 at 5:45 pm.** We begin with a short service – prayer, scripture, candle-lighting, singing – followed by a meal. Please RSVP by January 21 if you can join us. Suggested cost \$7/person; \$20/family. Pay in advance at the office or purchase a ticket at [www.Bit.ly/Dinnertickets](http://www.Bit.ly/Dinnertickets). We'll need helpers for set up and clean up – come have fun with us! Talk to Russell if interested.

**Our next ICF Breakfast is Saturday, February 22 from 9 am to 12 noon.** The fourth Saturday of each month, Eastside volunteers help set up, serve and clean up following breakfast for residents of north-central Regina. Please come help with this awesome, feel-good ministry! Let Doug know of your availability for this or a future breakfast at [dscheurwater@sasktel.net](mailto:dscheurwater@sasktel.net).

**KAIROS Regina-Reconciliation Sharing Group** will meet on the 3rd Tuesday of each month at 7 pm at Wesley United Church. The Reconciliation Sharing Group was formed so that people who are working on Truth and Reconciliation projects or on other projects aimed at improving the conditions for Indigenous People have an opportunity to connect, network, encourage and support each other. For further information, contact Sandra Blenkinsop at [sandra.blenkinsop@sasktel.net](mailto:sandra.blenkinsop@sasktel.net).

**Munch Lunch:** Eastside's partnership with Glen Elm School and Munch Café is continuing into 2020! Through the **Munch Lunch Program** Munch Café staff work with older Glen Elm students to make lunches as well as educate these students on healthy lunch preparation. The program takes place each Monday from 1 to 3 pm in the LSC kitchen. We need 1-2 volunteers each Monday to help out in the kitchen with food preparation (not the same people each week) starting February 10. If you are interested and able to help out once a month, sign up on the Eastside bulletin board, or contact the office or Russell ([Russell.eastside@sasktel.net](mailto:Russell.eastside@sasktel.net)) and indicate if you prefer a particular week. Thanks!

# SHROVE TUESDAY Pancake Supper

TUESDAY  
Feb 25

Featuring  
**Pancakes  
Sausages  
& Fruit**

5 to 7  
pm

Living Spirit Centre  
3018 Doan Drive  
Info: 306-761-0556

Brought to you by the Bread of Life  
Lutheran Church youth

**FREEWILL  
OFFERING**

**Special Discussion Event - Christians On Climate Change, Sunday,**  
March 8 at 7 pm at the LSC. Please mark your calendar; more info to follow.

*Affirming Ministries of Regina*



**PIE Day  
Coffee  
House**

(PUBLIC-INTENTIONAL-EXPLICIT)

**Signature Concert:  
Songs & Stories of  
Wanda Gronhovd  
Plus Open Mic**

(pie, refreshments, fellowship)

**March 14, 7- 9 PM**

**Wesley United Church  
3913 Hillsdale Street, REGINA**



*A Celebration of Diversity and Inclusion*

**ALL ARE WELCOME**

**Knox-Metropolitan United Church Annual Book and Music Sale:**

Knox-Met is holding its annual Book and Music Sale on Friday, April 17 and Saturday, April 18. We are now accepting donations of books, games, puzzles, CDs, DVDs and LPs. NO cassettes, VHS, textbooks, magazines or encyclopedias please. Drop off until 8:00 pm every day at 2340 Victoria Avenue. Call 306 525 9128 for info.



**St. James Dinner Theatre:**  
 St. James United Church provided the meal for our Gratitude Dinner with no expectation of us doing anything in return (which was the offer). We would like to support them by going to their Dinner Theatre as a group. We have set aside three tables of 8 people each to fill (and can get more if we need). The show is called Leading Ladies (poster in announcements) and have booked for the dessert theatre Sunday, March 22 at 2 pm, Dinner Theatre Saturday, March 21 at 6:30 pm and Dinner Theatre Friday, April 3 at 6:30 pm. Please sign up on the bulletin board if you wish to go and pay at the Gratitude Table after church or pay Russell in the office during Tuesday, Wednesday (morning, or at coffee shop), or Thursday.

*St. James Players  
Proudly Presents:*

Directed by:  
Allan Borse

# Ken Ludwig's

# LEADING LADIES

*Produced by special arrangement  
with Samuel French, Inc.*

**Appy Nights \$30**  
Thursdays @ 6:30  
March 26  
April 2

**Dinners \$40**  
Fridays & Saturdays @ 6:30  
March 20  
March 21  
March 27  
March 28  
April 3  
April 4

**Dessert/Matinée \$25**  
Sunday @ 2:00  
March 22

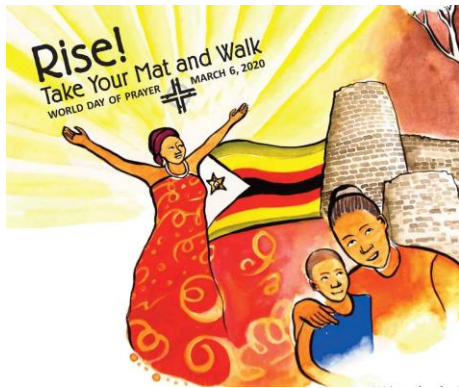
St. James United Church:  
4506 Sherwood Drive

**Tickets:**  
Call the office:  
306-543-2626  
or email:  
[stjames.office@sasktel.net](mailto:stjames.office@sasktel.net)

Starring:

Casey Elgren  
Allan Borse  
Sarah Elgren  
Jaquana Euteneler  
Milan Folhovic  
Laryn Bryan  
Ashley Curtis  
Jakob Elgren

**St. James United Church Stew Supper** will be held on Thursday, February 20. Continuous from 4:30 to 6:30. Homemade stews, buns, salads and desserts. Reserve your tickets by calling the church office at 306-543-2626. Adults - \$20 and children under 10 - \$5.



**World Day of Prayer 2020:** Holy Child Parish (2636 7<sup>th</sup> Ave. E.) is hosting a service in celebration of World Day of Prayer on Friday, March 6 at 2 pm. The year's World Day of Prayer has been organized by the women of Zimbabwe, with the theme "Rise! Take Your Mat and Walk". If you are interested in helping with the planning of this special day, there will be a meeting at Holy Child Church on Thursday,

February 13 at 1 pm. RSVP to Marian at 306-789-8276 or [mariangrady@sasktel.net](mailto:mariangrady@sasktel.net).

<b>Eastside United Church</b>			
Statement of Surplus (Deficit) for January 1 - December 31			
	2019 <u>Actual</u>	2018 <u>Actual</u>	2017 <u>Actual</u>
Revenue to Support Eastside United Church	\$ 172,094	\$ 137,619	\$ 140,017
Revenue to Reduce M&S Liability <sup>1</sup>	22,821	0	0
Revenue to Reduce Presbytery Liability	7,135	0	0
Revenue from Wind-up of Whitmore Park	0	6,460	0
Revenue to Support Mission & Service Fund	1,717	12,449	14,106
<b>Total Revenue</b>	<b>203,767</b>	<b>156,528</b>	<b>154,123</b>
Eastside's Operating Expenses	139,139	140,719	139,080
Contribution to Mission & Service Fund	1,717	12,449	14,106
<b>Total Operating Expenses</b>	<b>140,856</b>	<b>153,168</b>	<b>153,186</b>
<b>Operating Surplus/(Deficit)</b>	<b>\$ 62,911</b>	<b>\$ 3,360</b>	<b>\$ 937</b>
Less: Mortgage Payments (principal & interest)	11,000	9,900	10,000
Add: Drawdown of Mortgage Fund <sup>2</sup>	0	(9,065)	(10,000)
<b>Equals: Surplus/(Deficit)</b>	<b>\$ 51,911</b>	<b>\$ 2,525</b>	<b>\$ 937</b>

<sup>1</sup> amounts raised for the M&S liability have been paid to the M&S fund. They do not appear as M&S contributions because they relate to funding amounts reported as contributions in prior years.  
<sup>2</sup> the mortgage fund was depleted in November 2018

Eastside share of LSC mortgage at Dec. 31/19:	39,989
Unencumbered bank balance at Dec. 31/19:	
Whitmore Park reserve	6,569
Unrestricted	35,802
<b>Total</b>	<b>42,371</b>
LSC bank balance at Dec. 31/19:	36,923
Surplus for 2019 net of liability payments	21,955
December 2019 surplus/(deficit)	14,772
December PAR	7,570
November PAR	7,570
Change	<u>0</u>