

# Loch Haven Tymes

July 2018



A publication of  
**Loch Haven**  
**Senior Living Community**  
Macon, Missouri





# Lynette Berti LPN, Sunset Village

## Employee Spotlight

♦What is your nickname? Berti

♦Describe yourself in one word.  
Caring

♦If you were an animal, what would you be? A cat

♦What is your

favorite movie? Tombstone

♦What is the best place you ever went on vacation? Cancun

♦What was your favorite subject in school?  
Typing

♦Who is or was your hero and why? My daughter, Maria. She has went through a lot of suffering the past 2 years due to breast cancer. Had very strong chemo and radiation treatments as well as the many months of breast reconstruction. She has endured a lot of pain with a positive attitude and a smile on her face. She has been an

inspiration to many people. She is definitely a hero to me and to her son Cameron. We love her to the moon and back.

♦Everyone has a talent. What is yours? Making people laugh

♦What is one thing on your bucket list? To go to Italy

♦Who was your favorite celebrity as a child?  
Zorro

♦How long have you worked at Loch Haven? Off and on around 17 years

♦What are your duties? Several different things but my priority is taking care of my residents.

♦Family: My daughter Maris and grandson Cameron

**Knowing that at the end of the day, I've made a difference in someone's life. Whether it be one of the residents, their family members or even one of the staff.**

## Welcome to Team Loch Haven

Michael Eakins	Dietary
Jacquelin Mauger	Dietary, cottages
Mercy Parker	CAN, Cottage Pal
Triston Adkins	Dietary
Hadley Harvey	CNA, Cottage Pal
Jerry Perkins	Housekeeping
Justice Licht	Laundry
Pat Cota	Laundry
Trenton Flowers	NA
Susan Blakeburn	CNA
Cindy Thompson	NA
Lindsey Burkhardt	Dietary

**Perfect Attendance**  
Tammy Rhoades





# Laura Kay Lenzini Burch

## Resident Spotlight



Laura was born on October 7, 1935, in Macon to Louis and Ethel Lenzini. She had two sisters, Mary and Betty. Laura's dad moved to St. Louis. Her mom was an elementary school teacher. Laura graduated from Macon High School in 1953.

Laura first worked at Rays Drug Store while in

high school. She was then asked to work at Macon-Atlanta State Bank. Her mom said she could work there after she graduated. Laura worked as a Bookkeeper.

Laura met her husband, George Burch, in high school. She said that she chased him for a while and finally caught him. They were married on November 21, 1954

Laura and George lived in Macon when they were first married. Then they moved to Kansas City. They have two daughters, Suzanne and Stephanie. They have three



grandchildren and one great grandson.

Laura and George both retired from the Social Security Office and moved back to Macon. Laura wanted to be closer to her

mother.

They both enjoyed traveling. They also enjoyed camping. Laura said they always had a lot of fun wherever they went.

Laura lost George in January of 2013. Laura moved to Florida for a short time and now is back in Macon.

Laura has been at Loch Haven for a year. She attends all the activities she can. She loves to go on all of the outings.

Laura stated: "I love living at Loch Haven. Everyone is so nice and thoughtful."



## A Warm Welcome to

Maxine Johnson  
Mary Magruder  
Ronald McElhaney  
Donetta Givens  
Wilsie Warren  
Roberta Byers

Paul Barnes  
Marilyn Vaught  
Karl Byers  
Herbert Magruder  
Hope Marino  
Ronald Tustison

Thanks to those who joined us for a therapeutic stay:

**Robert Johnson, Elene Ellerbeck, Lawrence Ellerbeck, Shirley Culver, Richard Ewing, Martha Dawson and Edward Parish.**

## We will always remember

Ralph Schmedake  
Shirley Pippen  
William Miller

Arla Harrell  
Betty Rhodes  
Barbara Smith

*Goodbyes are not forever.  
Goodbyes are not the end.  
They simply mean I'll miss you,  
until we meet again.*











# July

## Birthdays

*Don't Go It Alone!*

**Loch Haven's  
Alzheimer's  
Support Group**

**2nd Monday of  
each month**

*5:30 p.m. light sup-  
per*

*6 p.m. meeting*

**For more  
information call  
385-3113**

3	Doris Gladhill	23	Ruth Murphy
14	Donneta Givens	25	Charles Hall
15	Herschell Smith	28	David Switzer
19	Viola Kraettli	31	Lois Nerini
19	Helen Decker		
20	June Mitchell		
20	Ruth Glatz		
22	Paul Harrison		

**Happy  
Birthday!**

### PICNIC



Little Mr. & Miss Loch Haven:

**OWEN NEESON  
and  
AVA TERRY!**

Congratulations and great job  
to all the kids who  
participated.





## News from RCF



Hello everyone! Summer has officially begun. The apartments had another busy month. We went to Isle of Capris Casino in Booneville. We always enjoy going out. Twila Sarazine led us in an art class. The residents painted day lilies. They all did a good job. Next, we enjoyed banana splits. What a great treat for a hot day! Bill Lear played hymns and lead us in a Bible study lesson. Then the next day, Butch Naughton read short stories and poems. On June 15, we hosted a Father's Day Luncheon for the Fathers. We served fried chicken, mashed potatoes, green beans, deviled

eggs, peas & carrots and a hot roll. For dessert, we served angel food cake and strawberries. The men received a boutonniere and a gift basket with a mug, candy, and a handkerchief. We took a trip to the Super Wal-Mart in Moberly. The Oats bus took us there and brought us home. Thank you to Tom and Herman for driving us. Clark Dobbs also lead us in a Bible study and we sang. Thank you to everyone who shares their talents and donated items to us in the apartments. We will see you next Month!! Take Care!!

By Katie Nelson

## SPECIAL BROOK NEWS



This month we started out by stringing some cheerios to hang outside for the birds, then we enjoyed many other things through out the month like morning coffee, puppy love, painting, games, lots of snacks and as much time outside as we could before it got to hot. We finished off the month with some music on the piano from a couple of our residents and some family time at our Fathers Day BBQ. We Hope everyone is having a wonderful summer.

By Amy Howlett





# July 2108 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10a Sunday School 2p United Methodist 6p Callao Bible Study	<b>2</b> 9:30a Iced Tea/Coffee 10a Exercise 2p Bingo 3:30p Resident Council	<b>3</b> 10a Concentration 2p Social 3p Pitch <b>7p Ethel Amish</b>	<b>4</b> Independence Day <b>7p County Kickers</b>	<b>5</b> 10a Bevier Baptist Bible Study 10a Mass 1p Cut & Weave 3p Pitch	<b>6</b> 9:30a Lemonade 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	<b>7</b> Weekends with Sherry Bingo @ 9:30
<b>8</b> 10a Sunday School 2p Faith Baptist 6p Callao Bible Study	<b>9</b> 9:30a Lemonade 10a Exercise 2p Bingo 3:30p LRC & Skip-Bo	<b>10</b> 9a Nails 2p Birthday Party 3p Pitch	<b>11</b> 9:30a Coffee/Tea 10a Exercise 2p Ladies Tea 3p Small Groups <b>7p County Kickers</b>	<b>12</b> 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch	<b>13</b> 9:30a Chit Chat 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	<b>14</b> Weekends with Sherry Bingo @ 9:30
<b>15</b> 10a Sunday School 2p Ethel Christian 6p Callao Bible Study	<b>16</b> 9:30a Coffee/Tea 10a Exercise 2p Bingo 3:30p Noodle Ball	<b>17</b> 10a Concentration 2p Small Groups 3p Pitch <b>6:30p Open Arms</b>	<b>18</b> 9:30a Chit Chat 10a Exercise 2p David Snarr 3p Small Groups	<b>19</b> 10a Bevier Baptist Bible Study 2p Arlene & David Foster 3:15p Pitch	<b>20</b> 9:30a Coffee/Tea 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	<b>21</b> Weekends with Sherry Bingo @ 9:30
<b>22</b> 10a Sunday School 6p Callao Bible Study	<b>23</b> 9:30a Chit Chat 10a Exercise 2p Bingo 3:30p Small Groups	<b>24</b> 9a Nails 2p Men's Social 3p Pitch	<b>25</b> 9:30a Chit Chat 10a Exercise 2p Roy & Barb 3p Small Groups	<b>26</b> 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch	<b>27</b> 9:30a Lemonade 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	<b>28</b> Weekends with Sherry Bingo @ 9:30a
<b>29</b> 10a Sunday School 2p Atlanta Methodist	<b>30</b> 9:30a Coffee/Tea 10a Exercise 2p Bingo 3p Small Groups	<b>31</b> 10a Concentration 1p Cut & Weave 3p Pitch	<b>One on One activities offered daily to those unable to attend regularly scheduled activities</b>	<b>One on One activities offered daily to those unable to attend regularly scheduled activities</b>		All Activities Are Subject To Change



*celebrating*

Every Day!

It is with great pleasure that we announce our Administrator, Kelsey Hinshaw, won the David Duncan Administrator of the Year Award in our district.

Kelsey was nominated because she has shown an impressive dedication to long-term care. She will be recognized on August 27, 2018, at the Missouri Health Care Association annual banquet.

Congratulations Kelsey, we are very proud of you!



We are also very proud to announce that Judy Senholtz won CNA of the year in our district. She will also be recognized at the Missouri Health Care Association annual banquet.

Judy has worked at Loch Haven for 5 years. During her time here she's proved to have a heart of gold and she's truly a wonderful care giver! We're so blessed to have her on our team!

Thank you Judy for all of your hard work and dedication to Loch Haven Senior Living Community and our residents.





# July 2018 Dining Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 BBQ Chicken Corn on the Cob Green Beans Fruit Cobbler	2 Pork Chop w/gravy Sweet Potato Casserole Buttered Cabbage Lemon Cream Pie	3 Salisbury Steak Oven Browned Potatoes Spinach Salad Peanut Butter Brownies	4 Sliced Roast Turkey w/gravy Garlic Mashed Potatoes Sauteed Fresh Zucchini Orange Drop Cookies	5 Pork Lo Mein Broccoli Fruit Crisp	6 Crunchy Baked Fish Macaroni & Cheese Mixed Vegetables Glazed Lemon Cake	7 Hawaiian Meatballs Steamed Rice Carrots Tropical Fruit
8 Orange-/Rosemary Pork Baked Sweet Potato Vegetable Blend Angel Peach Dessert	9 Broccoli Chicken Divan Buttered Pasta Side Salad Frosted Red Gelatin	10 Ham & Beans Fried Potatoes Mixed Greens Fresh Fruit Cup Cornbread	11 Chicken & Dump- lings Carrots Fruit Crumble	12 Meatloaf w/gravy Mashed Potatoes Buttered Peas Cream Cheese Brownie	13 Turkey Ala King over Biscuit Green Beans Marinated Cucumber & Onions Lemon Pie	14 Cheeseburger Steak Fries Iced Raisin Bars
15 Spaghetti w/ meatballs Italian Vegetables Tossed Salad Boston Cream Pie	16 Sliced Turkey Baked Sweet Potato Brussel Sprouts Fruit Crumble	17 Fiesta Hamburger Steak Roasted Potatoes Confetti Corn Frosted Gelatin Cake	18 Sliced Baked Ham Au Gratin Potatoes Steamed Vegetables Carrot Cake	19 Grilled Salmon Long Grain & Wild Rice Steamed Yellow Squash Cinnamon Apple	20 BBQ Pork Chop Baked Beans Potato Salad Peaches	21 Chicken Piccata Spaghetti Noodles Broccoli Mixed Berry Crisp
22 Beef Pot Roast w/ gravy Carrots, Potatoes, Onions Fruit Cobbler	23 Country Style Ribs Baked Potato Casserole Green Beans Peach Pound Cake	24 Roasted Chicken Creamy Risotto Peas & Carrots Mandarin Oranges & Pineapple	25 Beef Stroganoff over noodles Steamed broccoli Tossed Salad Cheesecake	26 Resident's Choice	27 Pork Loin w/ gravy Apple Stuffing Brussel Sprouts Pineapple Upside Down Cake	28 Smoked Sausage Casserole Vegetable Blend Brownie
29 BBQ Chicken Corn on the Cob Green Beans Fruit Cobbler	30 Pork Chop w/gravy Sweet Potato Casserole Buttered Cabbage Lemon Cream Pie	31 Salisbury Steak Oven Browned Potatoes Spinach Salad Peanut Butter Brownies	*All meals served buffet style with bread and beverage. Several choices available.			



# A Mission To Serve



The Loch Haven Senior Living Community Foundation assists in raising funds for the Macon County Nursing Home District (Loch Haven) which serves area citizens. The Foundation received its 501 (C) 3 status in August of 2016. The Foundation will accept and steward charitable gifts for the benefit of the residents of Loch Haven. Gifts support special projects, programs, and capital improvements that cannot be funded by the regular operating budget. Some special projects we are preparing for are the addition of a spa tub in the Legacy Building, new sitting furniture, and walking trails. All gifts are **tax deductible**. The Foundation members include: B J Roberts, Kelsey Hinshaw, and Richard Waller.

Loch Haven is grateful for all past donations, but the need continues to grow. Improving the quality of life for our residents is our goal...everyday. Please consider making a **tax-deductible** gift to the Loch Haven Senior Living Community Foundation. We pledge 100% of your donation will be used to help our residents and to improve their quality of life.

If you would like to make a donation, please fill out the pledge card below , make checks payable to

Loch Haven Senior Living Community Foundation, and mail to:

**Loch Haven Senior Living Community**

**PO Box 187**

**Macon, MO 63552**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

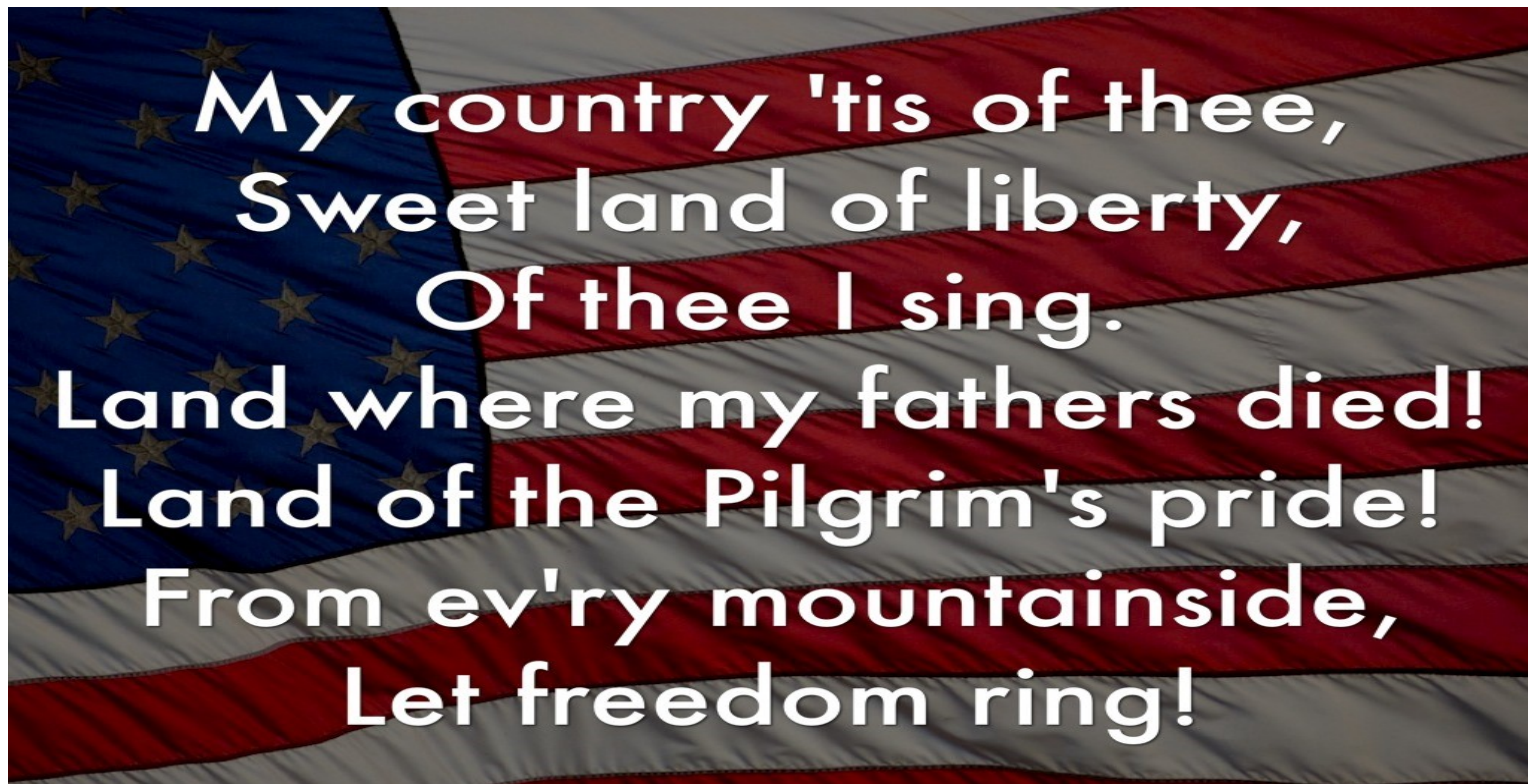
Phone # \_\_\_\_\_

Email \_\_\_\_\_

We/I pledge our/my one time gift of: \_\_\_\_\$25 \_\_\_\_\$50 \_\_\_\_\$100

\_\_\_\_\$150 Amount of \_\_\_\_\_





The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. **If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us.** The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. 660-385-3113 [www.lochhaven.com](http://www.lochhaven.com)



*Loch Haven*  
701 Sunset Hills DR  
Macon, MO 63552