



5602 Arsenal St.
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday
314-645-3477 — FAX: 314-645-3813
www.stlactivitycenter.com

POT OF GOLD—OCTOBER TICKET SALES BEGIN WEDNESDAY, OCTOBER 2ND—On Wednesday, October 2nd, we will start Pot of Gold ticket sales for the drawing on Monday, October 28th. See Alice Jennings to purchase tickets. COST: 1 ticket = \$1.00/6 tickets = \$5.00. You do not need to be present to win. September's winners will be posted on the bulletin board in the Center.

EXERCISE PROGRAM—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—On Mondays after exercise, Alice Jennings will be hosting a Coffee Talk! Come join us as we discuss interesting topics along with coffee & dessert for \$1.00!

PINOCHLE PLAYERS—MONDAYS @ 9:00AM—On Mondays at 9:00am, a group gets together at the Center to play Pinochle! If you would like to play Pinochle, you are welcome to join them!

POLISH RUMMY—FRIDAY, OCTOBER 4TH, AT 10:00AM—On Friday, October 4th, at 10:00am, a group will be playing Polish Rummy at the Center! They will be playing the first Friday of the month ongoing. If you would like to join them, come on in!

HORSE HOOKY TUESDAYS @ FAIRMOUNT PARK—TUESDAY, OCTOBER 8TH & 22ND—Join us as we go to Fairmount Park for horse racing! Cost for transportation: \$10 Members; \$15 NonMembers. You are on your own for admission, food, etc. **Please sign up at the front desk and pay by Monday, October 7th & 21st. We will depart the Center at 11:30am.**

RIVER CITY CASINO—WEDNESDAY, OCTOBER 9TH—On Wednesday, October 9th, we will be going to River City Casino! We will depart from the Center at 10:00am. COST: \$8.00 for transportation. Come join us for a good time!

BIRTHDAY CELEBRATION—WEDNESDAY, OCTOBER 9TH, AT 10:45AM—On Wednesday, October 9th, we will celebrate our October birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

BOWLING AT SHREWSBURY LANES—MONDAY, OCTOBER 14TH, AT 11:30AM—On Monday, October 14th, we will be bowling at Shrewsbury Lanes! COST: \$12.00/Members, \$17.00/NonMembers, includes shoes, bowling, & transportation.

BOOK CLUB—MONDAY, OCTOBER 14TH, 10:45AM—Our Book Club is reading "My Grandmother Asked Me to Tell You She's Sorry", by Fredrik Backman. Come join us as we gather to discuss this book on Monday, October 14th at 10:45am!

ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, OCTOBER 16TH, 10:30-11:45AM—The St. Louis Public Library will be at the Center on Wednesday, October 16th, from 10:30-11:45am. Visit their table to see what they have to offer you!

SOLDIERS MEMORIAL, WEDNESDAY, OCTOBER 16TH, AT 11:30AM—On Wednesday, October 16th, we will be going to the Soldiers' Memorial! They have a new traveling exhibit—Ghost Army: The Combat Con Artists of World War II. This exhibit highlights a top-secret US Army unit that waged war using inflatable tanks & vehicles, fake radio traffic, sound effects, & phony generals! COST: \$10.00 for transportation. We will leave the Center at 11:30am.

BINGO—THURSDAY, OCTOBER 17TH, 10:30AM—On Thursday, October 17th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

MOVIE DAY: HOCUS POCUS, FRIDAY, OCTOBER 18TH @ 11:00AM—Join us as we watch the movie, "Hocus Pocus"! Lunch will be served for \$5.00!

DIGITAL LITERACY SESSION W/SARAH REDDICK, ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, OCTOBER 23RD, 10:30-11:45AM—Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!

MONTELLE WINERY & FALL FOLIAGE TOUR—WEDNESDAY, OCTOBER 23RD, 10:30AM—Join us to see Fall foliage & visit Montelle Winery! Enjoy wine tasting (\$10.00) & lunch at the Klondike Café. Depart the Center at 10:30am. COST: For Transportation = \$20/Members; \$25/NonMembers. Wine tasting & lunch are on your own.

SURPRISE HALLOWEEN MOVIE!—FRIDAY, OCTOBER 25TH @ 11:00AM—On Friday, October 25th at 11:00am we will be showing a surprise Halloween movie! Come join us for fun & lunch for \$5.00.

CRAFTING WITH SUE—MONDAY, OCTOBER 28TH, 10:45AM—On Monday, October 28th, at 10:45am, Sue Molz will be hosting a craft class! Come join us as we make something decorative for our homes!

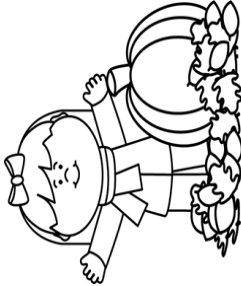
HALLOWEEN PARTY—WEDNESDAY, OCTOBER 30TH, 11:00AM—On Wednesday, October 30th, we will have a Halloween Party! Come in costume & have some fun! Lunch will be chili and/or chili dogs for \$5.00. Please sign up at the desk in the Center.

SHELDON COFFEE CONCERT—ELSIE PARKER & THE POOR PEOPLE OF PARIS, WEDNESDAY, NOVEMBER 6TH—This group brings you a variety of French popular music & jazz. COST: \$30.00 (incl. transportation, coffee, doughnuts, & the show).

Must make reservation & payment by Monday, October 21st! We will depart from the Center at 8:30am so you can enjoy coffee and doughnuts before the show!

St. Louis Activity Center Calendar

October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>7 Horse Hooky Deadline 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p>1</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>2</p> <p>Pot of Gold Ticket Sales 10:00am Exercise 11:30am Lunch</p>	<p>3</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>4</p> <p>10:00am Exercise 10:00am Polish Rummy 11:30am Lunch</p>
<p>14</p> <p>9:00am Pinochle 10:00am Exercise 10:45am Book Club 11:30am Lunch 11:30am Bowling</p>	<p>8</p> <p>11:30am HORSE <u>HOOKY</u> <u>TUESDAY</u> NO OTHER ACTIVITIES NO OTHER TRANSPORTATION AVAILABLE</p>	<p>9</p> <p>10:00am Exercise 10:00am River City Casino 10:45am Birthday Cake 11:30am Lunch</p>	<p>10</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>11</p> <p>10:00am Exercise 11:30am Lunch</p>
<p>21</p> <p>Horse Hooky Deadline Sheldon Deadline 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p>15</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>16</p> <p>10:00am Exercise 10:30-11:45 St Louis Public Library 11:30am Soldier's Memorial 11:30am Lunch</p>	<p>17</p> <p>10:30am BINGO 11:30am Lunch 12:00pm BINGO</p>	<p>18</p> <p>10:00am Exercise 11:00am Hocus Pocus movie 11:30am Lunch</p>
<p>28</p> <p>Pot of Gold Drawing 9:00am Pinochle 10:00am Exercise 10:45am Crafts with Sue 10:45am Coffee Talk 11:30am Lunch</p>	<p>22</p> <p>11:30am HORSE <u>HOOKY</u> <u>TUESDAY</u> NO OTHER ACTIVITIES NO OTHER TRANSPORTATION AVAILABLE</p>	<p>23</p> <p>10:00am Exercise 10:30-11:45am Sarah-SLPL Digital Literacy 10:30am Montelle Winery trip 11:30am Lunch</p>	<p>24</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>25</p> <p>10:00am Exercise 11:00am Surprise Halloween Movie! 11:30am Lunch</p>
	<p>29</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>30</p> <p>10:00am Exercise 11:00am Halloween Party 11:30am Lunch</p>	<p>31</p> <p>NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	