Nutrition and Lifestyle Workshops Annual Subscription

Annual Subscription

12 online modules

Tools for Healthy Living By Cathy Ferren RHN

Early Bird Price \$20 + HST = \$22.60

After Dec 20 \$25 + HST = \$28.25

Register now for Jan.-Dec. 2018

by email to cathyferrenrhn@gmail.com

For yourself or as a gift.

Sign up for my free newsletter for nutrition, relaxation, other health info and offers at

www.healthy4life.ca