

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kelsey Noll	Chapel Hill NC	26	107	4	4:54:27.2	** :27/M
2	Cathleen Rueckeis	Chapel Hill NC	22	157	8	5:05:15.4	** :15/M
3	Brooke Flesner	Columbus OH	38	120	11	5:12:25.5	** :25/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Greer	Columbus IN	35	52	1	4:49:46.7	** :46/M
2	Adam Weeks	Huntersville NC	37	229	2	4:52:09.8	** :09/M
3	Keith Crouch	Knoxville TN	28	60	3	4:53:53.3	** :53/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberley Patterson	Roanoke VA	41	136	34	5:44:56.5	** :56/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeremy Yoemans	Thomasville NC	41	153	9	5:07:18.2	** :18/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Qualls	Duffield VA	23	140	80	6:34:29.3	** :29/M
2	Natalie Norton	Grand Rapids MI	23	72	106	7:09:44.7	** :44/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andrew Belonga		23	203	124	7:47:05.4	** :05/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sloane Tilley	Durham NC	25	115	21	5:19:55.0	** :55/M
2	Karen Monuszko	Durham NC	25	116	28	5:28:49.1	** :49/M
3	Natalie Bates	Charlotte NC	25	141	30	5:30:22.1	** :22/M
4	Christine Burke	Boynton Beach FL	28	127	46	6:04:05.5	** :05/M
5	Gabrielle Schoenrock	Virginia Beach VA	27	181	53	6:12:39.2	** :39/M
6	Shannon Vanden Heuvel	Owens Cross Roads AL	29	63	70	6:24:39.4	** :39/M
7	Lauren McAdams	Saint Peters MO	29	191	110	7:13:47.3	** :47/M
8	Caitlin Clevenger	Knoxville TN	29	67	126	7:48:49.7	** :49/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Benge	Calhoun GA	29	198	5	4:57:13.8	** :13/M
2	Christopher Keene	Chesterfield VA	28	109	19	5:19:38.0	** :38/M
3	Brian Svejkosky	Saint Louis MO	29	76	31	5:30:49.8	** :49/M
4	Richard Thomason		28	202	33	5:34:00.7	** :00/M
5	James Coffey	Indianapolis IN	29	75	58	6:18:54.0	** :54/M
6	William Norris	Knoxville TN	29	194	61	6:19:40.1	** :40/M
7	Kenton Hancock	Grand Rapids MI	29	124	72	6:27:37.9	** :37/M
8	Benjamin Jones	Manitowoc WI	26	93	85	6:38:45.5	** :45/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Terri McNeany	Indianapolis IN	33	77	38	5:53:19.0	** :19/M
2	Julie Mason	Huntsville AL	30	68	54	6:14:15.1	** :15/M
3	Amanda Pack	Morrisville NC	33	43	71	6:26:42.5	** :42/M

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Jessica Johns	Nashville TN	34	58	84	6:38:10.3	** :10/M
5	Katelin Huey	Knoxville TN	31	186	87	6:41:44.6	** :44/M
6	Michelle O'Keefe	Cary NC	30	99	112	7:15:53.5	** :53/M
7	Lauren Keene	Chesterfield VA	32	110	114	7:21:32.9	** :32/M
8	Sarah Lindler	Winston Salem NC	30	163	131	8:04:34.0	** :34/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jevin Hoepfer	Pigeon Forge TN	30	176	6	5:00:43.3	** :43/M
2	John Metzler	Philadelphia PA	30	205	7	5:01:27.3	** :27/M
3	Jarod Lawver	New Philadelphia OH	31	171	16	5:16:55.1	** :55/M
4	Chris Gardner	Virginia Beach VA	33	71	29	5:28:50.0	** :50/M
5	Steven Galli	Charlotte NC	30	177	35	5:47:50.5	** :50/M
6	Andrey Prokopenko	Knoxville TN	34	56	37	5:53:13.1	** :13/M
7	John Carruth	Knoxville TN	33	48	60	6:19:16.0	** :16/M
8	Richard Ross	Jacksonville NC	32	175	90	6:44:49.3	** :49/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Kniesly	Nashville TN	35	143	14	5:15:59.1	** :59/M
2	Staci Murphy	Chapel Hill NC	38	131	41	5:59:07.8	** :07/M
3	Drew Blair	Fishers IN	36	81	50	6:08:43.3	** :43/M
4	Deb Mathews	Raleigh NC	37	180	69	6:24:01.5	** :01/M
5	Mary Gartland	Raleigh NC	39	119	100	7:04:39.6	** :39/M
6	Leisa Eastman	Tallahassee FL	39	129	125	7:48:09.9	** :09/M
7	Dara Bullock	Xenia OH	39	90	137	9:03:09.7	** :09/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jason Whittler	Winston Salem NC	39	148	10	5:08:40.1	** :40/M
2	Chris Poarch	Fayetteville TN	35	37	20	5:19:40.0	** :40/M
3	Mark Chubb	Franklin TN	39	82	22	5:21:30.1	** :30/M
4	Edward Elliott	Dickson TN	36	4	24	5:25:12.3	** :12/M
5	Greg Atkinson	Morrisville NC	37	158	39	5:55:41.2	** :41/M
6	Silvio Lombardi	Atlanta GA	37	111	44	5:59:53.6	** :53/M
7	Stephen Debaun	Stone Mountain GA	35	138	49	6:08:08.9	** :08/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Matthew Nuar	Chattanooga TN	35	12	52	6:12:11.3	** :11/M
9	Curtis Stephens	Concord NC	38	192	56	6:16:09.8	** :09/M
10	Cody Chastain	Hendersonville TN	36	45	59	6:19:01.7	** :01/M
11	Chris Murphy	Chapel Hill NC	38	132	63	6:20:10.7	** :10/M
12	Nathan Lowe	Collierville TN	39	179	92	6:48:56.7	** :56/M
13	Brent Sanders	Cordova TN	37	44	105	7:09:36.9	** :36/M
14	Josh Johnson	Cookeville TN	38	79	115	7:24:22.3	** :22/M
15	Luke Keeler	Raleigh NC	36	22	117	7:27:10.8	** :10/M
16	Bryce Mitchell	Ballwin MO	36	183	120	7:33:33.0	** :33/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Natalie Moravek	Wilmington DE	40	106	55	6:14:47.8	** :47/M
2	Sallie Woodward	Nashville TN	43	80	64	6:20:14.1	** :14/M
3	Erin Billmeyer	Verona WI	41	122	66	6:21:39.3	** :39/M
4	Victoria Dougherty	Indianapolis IN	44	86	67	6:23:20.1	** :20/M
5	Trista Mennen	Marvin NC	41	147	81	6:35:06.5	** :06/M
6	Christina Roberts	Macungie PA	41	126	108	7:12:04.2	** :04/M
7	Amy Euliss	Winston Salem NC	40	121	119	7:27:46.2	** :46/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lex Erwin	Charlotte NC	44	174	12	5:13:29.1	** :29/M
2	Michael Hoblet	Maineville OH	41	172	27	5:27:15.1	** :15/M
3	Luis Corona	San Mateo Atenco MEX	40	47	40	5:57:56.4	** :56/M
4	John Robertson	Maryville TN	40	30	75	6:29:04.1	** :04/M
5	Leigh Formanek	Cary NC	42	160	79	6:33:31.8	** :31/M
6	Adam Meade	Raleigh NC	44	149	86	6:38:45.6	** :45/M
7	Brian Wagner	Holly Springs NC	42	91	88	6:43:29.7	** :29/M
8	Bahair Ghazi	Marietta GA	40	168	97	6:57:31.6	** :31/M
9	Randy Burnett	Nashville TN	44	195	101	7:05:11.8	** :11/M
10	Jim Carlisi	Raleigh NC	43	105	102	7:07:35.4	** :35/M
11	Shane Paxton	Mason OH	41	78	103	7:08:17.7	** :17/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brenda Lips	Boca Raton FL	45	123	45	6:03:56.0	** :56/M
2	Lisa Bowman	Williamsburg KY	46	96	65	6:20:27.9	** :27/M
3	Laura Vance	Glen Allen VA	47	190	82	6:36:27.3	** :27/M
4	Kelly Ewing	Fishers IN	48	54	93	6:52:07.2	** :07/M
5	Fiona McClure	Fairfax VA	48	104	104	7:09:04.1	** :04/M
6	Angela Garrison	Davidson NC	46	113	113	7:17:45.9	** :45/M
7	Jennifer Ahmad	Chesterfield MO	47	144	122	7:38:44.9	** :44/M
8	Laura Zimmitti	Mc Lean VA	49	98	127	7:50:31.3	** :31/M
9	Catherine Martin	Powell TN	46	24	129	7:54:18.1	** :18/M
10	Linda Blackwell	Raleigh NC	49	128	130	8:01:39.7	** :39/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Lienert	Richmond VA	45	178	13	5:14:16.2	** :16/M
2	Eric Cross	Alpharetta GA	47	46	15	5:16:25.1	** :25/M
3	Mike Hritz	Saint Louis MO	48	185	17	5:17:48.1	** :48/M
4	Kevin Casey	Charlotte NC	49	162	18	5:18:46.2	** :46/M
5	Eric Kalina	Boca Raton FL	48	125	23	5:23:12.1	** :12/M
6	Patrick Engel	Charlotte NC	49	142	25	5:26:21.8	** :21/M
7	Mark Ewing	Fishers IN	46	57	32	5:31:00.4	** :00/M
8	Stephen Perkins	Knoxville TN	49	34	36	5:51:08.2	** :08/M
9	Andrew Kossen	Cincinnati OH	48	101	57	6:17:11.4	** :11/M
10	Paul Bing	Signal Mountain TN	47	155	62	6:19:58.0	** :58/M
11	Steven Ikeler	Huntsville AL	49	204	74	6:28:46.0	** :46/M
12	Bobby Woodruff	Huntsville AL	47	61	76	6:29:50.2	** :50/M
13	Will Pack	Morrisville NC	46	42	78	6:31:36.3	** :36/M
14	Kevin Frost	Baxter TN	49	187	83	6:36:59.7	** :59/M
15	Timothy House	Mundelein IL	48	36	107	7:11:15.5	** :15/M
16	Marc Swain	Thompsons Station TN	47	100	111	7:14:00.2	** :00/M
17	James Donovan	Denham Springs LA	45	139	116	7:24:32.2	** :32/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sonya Heitshusen	West Des Moines IA	51	65	43	5:59:29.3	** :29/M
2	Lisa Fort	Evington VA	52	161	96	6:57:20.8	** :20/M
3	Caroline Day	Charlotte NC	54	117	121	7:35:11.2	** :11/M
4	Leslie Knight	Fairborn OH	50	83	123	7:43:17.5	** :17/M
5	Korakot Sanford	La Vergne TN	50	59	135	8:27:55.1	** :55/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Hays	Greenville AL	50	108	47	6:06:29.9	** :29/M
2	Clay Bond	Cincinnati OH	50	112	77	6:29:54.7	** :54/M
3	Dan Burns	Memphis TN	52	173	89	6:44:15.8	** :15/M
4	Don Turner	Lenoir City TN	54	196	94	6:54:43.3	** :43/M
5	Chuck Ehlers	Cincinnati OH	50	170	99	7:02:59.9	** :59/M
6	Roy Domazlicky	Westmont IL	53	29	132	8:04:50.1	** :50/M
7	Mark Hudspeth	Maryville TN	51	53	133	8:07:33.9	** :33/M
8	Paul Hamaker	Aurora IL	53	26	134	8:12:15.2	** :15/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kay Sanborn	Huntersville NC	59	118	48	6:07:30.0	** :30/M
2	Mary Anne Williams	Chester VA	58	145	95	6:57:04.6	** :04/M
3	Carol Tuttle	Maryville TN	57	21	128	7:54:15.9	** :15/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erik Stephan	Murfreesboro TN	59	70	26	5:27:02.7	** :02/M
2	Sherman Thurmond	Greensboro NC	55	159	42	5:59:21.8	** :21/M
3	Philip Lee	Nolensville TN	57	88	51	6:08:47.3	** :47/M
4	Steve Duncan	Indianapolis IN	57	97	73	6:27:59.8	** :59/M
5	Hunter Norris	Tullahoma TN	57	5	98	7:00:57.1	** :57/M
6	James Hallman	Raleigh NC	55	134	109	7:13:00.0	** :00/M
7	Peter Destaffan	Wake Forest NC	55	137	118	7:27:40.7	** :40/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sally Goade	Oak Ridge TN	60	95	136	8:52:50.1	** :50/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Gregory	Roanoke VA	69	165	68	6:23:28.2	** :28/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Age Group

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joel Fine	Swannanoa NC	71	156	91	6:46:01.0	**:01/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Clydesdale

Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Flack	Lexington KY	32	2	1	5:41:22.0	** :22/M
2	Tim Perez	Greeneville TN	38	73	2	6:10:14.8	** :14/M
3	Manuel Doud	Sevierville TN	37	85	3	6:51:40.1	** :40/M
4	Sean Vanden Heuvel	Owens Cross Roads AL	29	64	4	6:58:01.2	** :01/M
5	Benji Smith	Maryville TN	44	28	5	8:02:49.2	** :49/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Athena

Female 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Hallman	Raleigh NC	54	133	1	6:44:10.2	**:10/M
2	Emily Baird	Rockvale TN	33	35	2	6:46:44.2	**:44/M
3	Risa Engel	Atlanta GA	49	193	3	7:56:43.4	**:43/M
4	Brandy Cardarelli	Fort Mill SC	39	154	4	7:58:52.4	**:52/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Relay Male

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Triplets	Franklin TN	26	164	1	5:35:03.0	**:03/M

Race Date
October 14, 2018

Toughman TN - an Atomic Experience

Age Group Results

Triathlon Relay Female

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	The S Birds	Lafayette GA	33	38	1	6:12:00.8	**:00/M