



# Special Needs Gymnastics Adaptive Superkids(ASK)

Special Needs Gymnastics is for persons of any age that require special attention. We have children come into our gym who can't turn, jump, walk sideways, or even hang from a bar. **We work on basic Gymnastic skills and work to more advanced skills as they grow or feel comfortable and confident.** Basic Gymnastic equipment and other fun activities are used to teach the students these skills.

We also focus on physical activity and participation which can be a positive influence on the daily life of a child with disabilities.

Most important!!!!

Have Fun and Meet New Friends

WINTER SESSION:	January-March
SPRING SESSION:	April-June
FALL SESSION:	September-December
DAY:	Wednesdays
TIME:	3:30 - 4:30
AGES:	3 and up



Please Note: A parent or child's aid must be available to participate in the class if needed.

For more information Please call (403) 487-5867 (jump)